

YOUR ANNUAL UPDATE FROM INDONESIA

Life for children in Indonesia can be quite challenging as they are vulnerable to natural disasters, physical, psychological and sexual violence, not to mention child marriage. Moreover, parents, teachers and caregivers lack educational skills and basic child protection knowledge to support children to thrive and reach their full potential.

We wanted to share some exciting progress made possible in Indonesia- thanks to support from you!

This past year, with the help of your sponsorship, Plan International have been able to build water tanks and pipe facilities which will provide access to clean water in villages. Development planning of disaster risk reduction and climate change adaptation are also what we focusing on. Further, we promoted gender equality and worked with the local government to support child protection initiatives.

These are a few of the incredible achievements taking shape across Indonesia. We couldn't be more grateful to you for helping make them happen. Read on to see more of the ways your kindness has already touched and transformed the lives of children, like your sponsored child, across this region.

OUR IMPACT

2,800 NAGEKEO STUDENTS AND TEACHERS WERE TRAINED IN DISASTER PREPAREDNESS

NEW SCHOOL LATRINES FOR 138 STUDENTS IN NAGEKEO

886 BIRTHS REGISTERED THROUGH ADVOCACY WORK IN LEMBATA

IN LEMBATA, 43 WORKERS TRAINED ON THE PROCESS OF BIRTH REGISTRATION

IN SOE, 500 GIRLS BENEFITTED FROM TRAINING ON PREVENTION OF RISKY SEXUAL BEHAVIOUR

1,045 PEOPLE NOW HAVE ACCESS TO CLEAN WATER IN SOE



"I benefit from Plan International adolescent group activities. I gain knowledge about self-development, recognize my strengths and weaknesses, and even learn how to apply for a job."

Veni, 14, sponsored child in Nagekeo

STRATEGIES FOR DISASTER PREVENTION

Nagekeo is located in a disaster-prone region and communities are vulnerable to a multitude of natural disasters like landslides, earthquakes, flash flood and drought. Still many people here lack skills on disaster preparedness and climate change adaptation.

In the past year, we supported the children, their families and teachers of 14 villages by training them on disaster preparedness. Now they know how to react in emergency situations and also to take preparatory actions in school buildings.



CHILDREN LEARN CONFIDENCE AND LIFE SKILLS DURING DISASTER PREPAREDNESS TRAININGS

Together with partner organizations and local authorities, we conducted trainings on safe schools and climate change adaptation at seven schools in Nagekeo. This included disaster drills for students and teachers as well as swimming lessons in case of severe flood.

Construction of a rainwater catchment basin along with piping systems help to mitigate negative effects of severe droughts that frequently occur in the region. Communities now know how to utilize early warning systems and have response plans - strengthening families to be prepared for changing climate.

SUPPORTING ACCESS TO ESSENTIAL

Birth registration is a key activity for accessing basic essential services like health care. Many children in Lembata do not have their birth registered, and many parents are missing supporting documents like civil marriage certificates, identity cards and family cards. Long travel times between villages and the district capital to process missing documentation creates a significant barrier to access in the form of travel times and expensive costs.

We worked to strengthen the capacity of village groups to process birth registrations and other forms of important documentation. Workshops on community-based birth registration were carried out, in addition to birth registration training for health workers. We helped revitalise the organisation of Child and Woman Protection groups to help them facilitate this process. 43 workers were trained in the process of birth registration, and 11 villages have strengthened the management of their Child and Woman Protection groups.

“I’m a sponsored child and I’m so proud of it. I didn’t have a birth certificate. Today my mother is registering my birth. Thank you Plan International.”

Christian, 9, primary school student from Lembata



VILLAGES ARE BUILDING CAPACITIES FOR BIRTH REGISTRATION

CLEAN WATER FOR A BETTER FUTURE

The absence of clean water facilities has led to a high number of diarrhoea cases in the last five years. In fact, 7,553 cases were reported in 2017. Clean water sources are far from the communities and children are often required to bring their own clean water to school.



CHILDREN HAVE ACCESS TO CLEAN WATER, AN IMPORTANT PART OF HEALTHY GROWTH AND DEVELOPMENT

Plan International and our partners made clean water accessible to community members by constructing water pipe facilities in three villages and water tanks in two villages. Clean water groups have also been created to train villagers on how to manage and sustain the water facilities.

The access to water has greatly improved sanitation in Kisumu, thereby ensuring that hygiene is practiced among children through regular hand and body washing. This has also gone a long way in enhancing the health and well-being of children by preventing water borne diseases such as diarrhoea.

Water borne illnesses are common and keep children sick at home and away from school. Previously children had to wake up early in the morning to fetch clean water which would take a few hours. However, with the new water facilities they are able to attend school in time. Children now have fewer barriers between them and learning and achieving a better future.

PROMOTING GIRLS' RIGHTS THROUGH

There is a high level of violence against children in Soe, including gender-based violence. One of five girls between 13-17 years old reports experiencing violence. Students are prone to experiencing violence in school, including sexual abuse by fellow students and teachers. Open discourse on sexuality is taboo which means that children don't know what to do when they're violated and adolescents lack information on sexual health. Because of this, there is a high rate of adolescent engagement in sexual activity.

To combat violence against children, we are training them for youth ambassadorship. Youth ambassadors learn and share knowledge on preventing risky sexual behaviour. They are also engaging in activities that build their self-esteem and leadership skills. We are promoting the creation of football teams as a powerful tool to promote gender equality and prevent girls from engaging in risky behaviour.

"Being on the football team is a good lesson for me. I am getting more confident and can express my ideas. I understand now how to prevent risky behaviour and I even share with my schoolmates through performing drama."

Marlen, 15, football team member and chairman of a youth led action group



GIRLS ARE EMPOWERED THROUGH FOOTBALL TO STAND UP FOR THEIR RIGHTS

YOUR SUPPORT IS CHANGING LIVES

With your ongoing support, Plan International will continue to ensure that children's rights are respected, and they are able to thrive.

In the coming year, we will continue to work with the children, families and partners across Indonesia:

Soe

- Supporting children and youth participation in developing measures to empower communities to be resilient when it comes to dealing with climate change disasters.
- Developing new partnerships with local organisations, to implement quality parenting projects and improve the quality of health, nutrition, early stimulation and learning for children.

Lembata

- Creating better access to clean water in schools, so that more children stay healthy and able to benefit from their studies.
- Increase the role of community actors for child protection to prevent violence against children.

Nagekeo

- Making good progress to improve early childhood care for young children.
- Advance the development of child friendly villages, to encourage girls and boys to have their opinions heard and to take a stand for their thoughts and concerns.

These are just some of the many ways your kindness will continue to touch the life of your sponsored child and other children. We wouldn't be able to do this without supporters like you!



Message from **MUHAMAD THAMRIN**
Program Unit Manager, Soe

"Your sponsorship of a child in Soe has helped so many children and their communities. We could not have achieved all we have without your support. Thank you."



MESSAGE FROM ERLINA DANGU
Programme Area Manager,
Lembata

"Thank you to our sponsors for the great support in the last year for Plan International's projects in Lembata. We hope that you will keep supporting our sponsored children, their families and the communities to help them achieve a better life and a better future".



Message from **EKA HADIYANTO**
Program Unit Manager, Nagekeo

"With your support we improved early childhood care and got fathers more involved in parenting. We made progress on the development of piped water networks. And young people, especially women, have succeeded in becoming farmers through training in environmentally friendly and sustainable agriculture."

