

YOUR ANNUAL UPDATE FROM TANZANIA

We wanted to share some exciting progress made possible in Tanzania - thanks to support from you!

Gender-based violence, limited access to quality education and lack of clean water are the challenges which children facing in Tanzania. Early marriages and early pregnancies are common issues. School drop-out rates are high. Also, learning materials are of poor quality, and schools lack clean toilets and safe drinking water.

Throughout fiscal year 2020, with the help of your sponsorship, we were able to promote girls' education and gender equality. We also improved access to quality education for all children by improving learning conditions in schools and providing training to teachers. Under the COVID-19 pandemic, we helped children and families get through it safely.

We are grateful to you for making these changes possible. We know you will enjoy reading on to see how your generosity is changing the lives of children, like your sponsored child, across this region.



OUR IMPACT

IN KISARAWA, **1500** POSTERS
RAISED AWARENESS OF
COVID-19

213 TEACHERS IN MWANZA
IMPROVED THEIR KNOWLEDGE
OF LEARNING METHODS

300 MENSTRUAL HYGIENE
PRODUCTS DISTRIBUTED
IN GEITA

420 HEALTH WORKERS IN
NKASI TAUGHT YOUTH SEXUAL
AND REPRODUCTIVE HEALTH

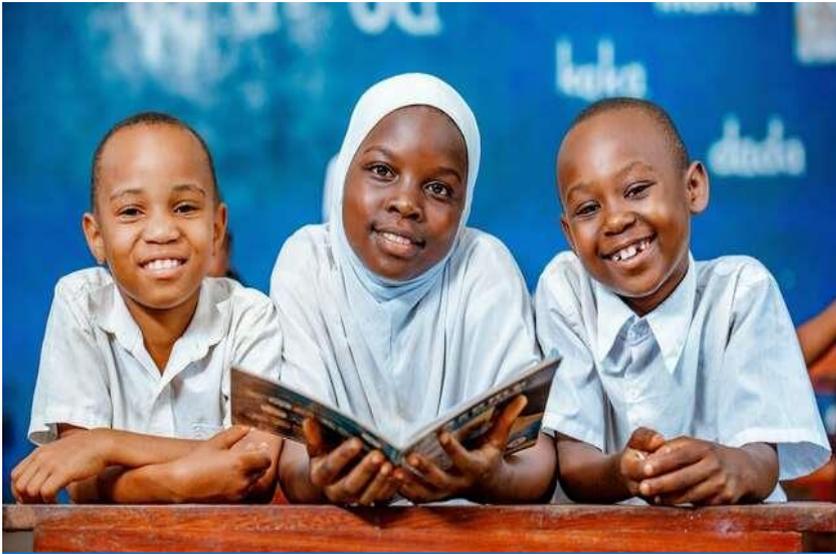
PLAN INTERNATIONAL COVID-19 RESPONSE



COVID-19 is having devastating impacts all over the world. It is not only a health emergency, it is an education and protection emergency. Since girls are often worse affected during a crisis, Plan International is putting them at the heart of our response and long-term outlook. We have scaled up healthcare systems, food security, access to clean water, handwashing and awareness campaigns, and keep education in children's lives via radio broadcasts.

EDUCATING CHILDREN ABOUT RIGHTS

Children and young people in Kisarawe struggle to access quality education. Teachers are not well trained on how to cover subjects such as reading, writing, and mathematics.



YOUNG PEOPLE START THEIR BUSINESS USING THE KNOWLEDGE GAINED IN THE WORKSHOPS

Classrooms are poorly equipped, and many schools lack gender-inclusive toilets and hand-washing facilities. Girls' education in particular is not highly valued, and the high rate of early pregnancies mean many girls drop out of school.

To help ensure all children are able to go to school, we have held meetings in 8 villages. More than 1,400 parents learned about the importance of education for their children.

200 teenaged students were trained on sexual and reproductive health and menstrual hygiene management. They also learned about gender equality and how to prevent gender-based violence.

We also built two new classrooms and a latrine at a local school. Now, girls are able to safely and hygienically manage their periods while attending their lessons.

PROTECTION AGAINST COVID-19

Families in Geita have been severely impacted by the COVID-19 pandemic. The Tanzanian government closed schools and public life was brought to a standstill.

To help communities respond to the crisis, we raised awareness on the importance of hand-washing with soap, wearing masks, and social distancing to reduce the spread of the deadly infection.



THROUGH THE TRAINING, TEACHERS LEARNED HOW TO ENSURE THAT CHILDREN HAVE PROPER KNOWLEDGE ABOUT HANDWASHING AND PROTECTING THEIR HEALTH

We trained 141 community health workers on the symptoms of COVID-19 and proper hygiene practices that will help keep people safe. Community health workers provide health care through home visits and community gatherings, and they are a vital resource to share information to families and children.

We also trained 144 community volunteers on how to prevent the spread of the virus. These volunteers are now able to raise awareness and share knowledge in their communities, helping to protect people from getting sick.

PREVENTING CHILD MARRIAGE

Poverty, cultural traditions, and social pressures lead to high rates of child marriage in Nkasi. Early marriage often results in early pregnancies, and girls leaving school.



VILLAGE SAVINGS AND LOANS HELP YOUNG WOMEN ACHIEVE ECONOMIC INDEPENDENCE. LOCAL MEMBERSHIP INCLUDES 450 GIRLS AND 588 ADULTS

To reduce the prevalence of child marriage, we provided young women with resources and opportunities to break with tradition and advocate for their rights. Over 200 girls in 13 villages participated in our life skills and children's rights training.

In addition, we provided training to local child protection committees, helping them reach out to children identified as the most vulnerable. They conducted monitoring visits to villages and held discussions on children's rights.

Village Savings and Loan programmes help young women achieve economic independence, so we provided groups with savings and loan support. To date, the region has 51 savings groups: 23 youth savings groups, and 28 adult groups.

These measures have a significant impact on reducing child marriage in Nkasi.

ECONOMIC OPPORTUNITIES FOR YOUTH

Young people in Mwanza lack opportunities to gain the vocational skills and knowledge they need to get a good job or start their own business.

To help youth open the door to a brighter future, we have formed 50 youth savings and loans groups. More than 1,000 young people, mostly young women, are now active in these groups. These young adults have learned to save their

money, budget for their expenses, and access loans to invest in their futures.

We also linked youth groups with the private sector to expand their job opportunities and to learn about the local labour market. Young women and men are now empowered to find different employment pathways and to establish their very own businesses.

"I am so grateful that Plan brought this project. Where would I be now? There was no light in my future but now I see more from horticulture with the skills I received from Plan."

Rehema, 20, project beneficiary



YOUR SUPPORT IS CHANGING LIVES

With your support, we will continue to protect children's rights so they are able to thrive.

In the coming year, we will continue to work with the children, families and partners across Tanzania:

-  Continuing to promote girls' rights through the global Girls Gets Equal campaign and working with communities to reduce cases of forced marriage and gender-based violence. We will also empower women and girls to share their voices and participate in decision-making for their futures.
-  Providing training to teachers to improve their teaching methodologies in order to help students develop different skills. We will also increase access to quality education for all children, particularly girls, by working with the government, community leaders and schools.
-  Providing vocational training, apprenticeship opportunities, and entrepreneurship skills to young people. We will also build the capacity of young people by increasing access to savings and loans groups so they can invest in income generating activities and open the door to a brighter future.
-  Increasing awareness of school children and their teachers on how to reduce the spread of COVID-19 through good hygiene practices. Supporting health services to provide access to sexual and reproductive health to young people so they can make informed decisions about their bodies.
-  Continuing working with communities to strengthen local child protection systems to keep children safe from violence.

These are just some of the many ways your kindness will continue to touch the life of your sponsored child and other children. We would not be able to do this without supporters like you!

MESSAGE FROM MARCELY MADUBI

Programme Area Manager, Kisarawe



"Thank you so much for your continued and determined support. This has been vitally important and the cornerstone to the fulfilment of our long-standing mission of advancing rights and life dreams of the most vulnerable and marginalised children."

MESSAGE FROM WILLIAM MTUKANAJE

Programme Area Manager, Nkasi



"My sincerest thanks for your support of children and families in our area. Your contributions made meaningful changes in the lives of many children, especially girls. We value your contributions and we will continue working hard to support children and families in need."

MESSAGE FROM MAJANI RWAMBALI

Programme Area Manager, Mwanza



"Through your generous support, we implemented education, child protection and youth economic empowerment interventions reaching over 5,000 children and 1,050 youths. In the coming year, we wish to continue collaborating with children, youth, and communities to implement projects to improve people's well-being."

MESSAGE FROM ADOLF KAINDOA

Programme Area Manager, Geita



"I would like to sincerely thank you for your support to us at Plan International for your efforts to the mission of advocating the rights of children in Geita. Your continued contribution will take us closer to the goal of protecting the rights of children."

