

# TERESINA

## **YOUR ANNUAL UPDATE**

Thanks to your sponsorship, children and families are making positive changes in Teresina. Learn more about the valuable ways your support has benefitted.

Though the pandemic and a months-long teachers' strike threatened to keep kids home from school, hundreds of students found safe, welcoming spaces to learn and play in Plan's Cambalhotas lessons. Workshop facilitators gave room to young learners to share openly about their feelings and experiences of violence.

Meanwhile, a group of women ages 18 to 29 participated in a year-long program in entrepreneurship. By the year's end, all of them received seed funding to begin their journey to greater financial independence.

We know the best is yet to come and your sponsorship will ensure even more success for children in Teresina.





34

Young women received capital funding for enterprises



56

Teenage girls learned about health and leadership



436

Children ages 3 to 11 learned about selfprotection



### **COVID-19'S IMPACT IN BRAZIL**

Hear from Eline about how COVID-19 has impacted her community.

"The pandemic came in a way that no one expected. I lost my grandfather in 2020. I never thought that I would lose a person as dear as him to this virus. And then came the Champions of Change project: I learned more about personal hygiene, about gender equality, also about protection and rights of girls and boys and many other things."

## **CASE STORY: SAFETY IN THE CITY**



**NAME: VIVIAN** 

**AGE: 10 YEARS OLD** 

**HOBBY: PLAYING WITH** 

**HER SISTER** 

"It was the happiest day of my life, I received so much attention, everyone that was there talked with me and I learned that there was a place where people gather to talk about our education."

#### **Meet Vivian**

Like your sponsored child, Vivian has been empowered by Plan International to change her life.

Vivian lives in Teresina, a city in northeast Brazil. Vivian's mother, Rosinete, often worried about her childrens' safety – a common concern in Teresina.

#### **Steps Toward Safer Lives**

Vivian and Rosinete first discovered Plan through Infância Feliz "Happy Childhood", a participating project at Vivian's school. From there, Plan went on to develop the Espaço Brincar "Play Space" at Vivian's school.

Rosinete is very happy with how Plan has supported her community, from checking in with local families during the pandemic to collaborating with educators at the local school.

#### **International Day of the Girl**

This year, Vivian participated in Plan's #Girlstakeover program on International Day of the Girl on 11 October.

With Plan's support, Vivian represented her community to Teresina's Secretariat of Education. In her role, Vivian delivered a letter about the state of public education in Teresina, which also advocated to provide greater digital literacy to local students.

Vivian's work on the #Girlstakeover day made her feel happy and celebrated. She learned that there are people in her community who care deeply about her education.



Vivian colours with her classmates during a Plan workshop.

## **OUR PROJECTS IN TERESINA ARE HELPING CHILDREN THRIVE**



#### **SKILLS TO SUCCEED**



**34** young women learned how to build their own businesses. During the pandemic, many young women in Brazil lost work opportunities, which exacerbated domestic inequalities about housework and childcare. The Empodera Elas project created a space for young women to learn, connect, and stand on their own with confidence.

The participating women, between ages 18 and 29, were from rural communities in Teresina. They took part in educational workshops on topics like Entrepreneurship and Business Management and Female Empowerment and Leadership. The women connected with one another, forming a valuable network of solidarity and support.

All of the participating women received investments to jumpstart their businesses. At the end of the year, they participated in a fair, where they proudly showed their community what they built together.

Community members of all ages engaged in dialogues about safety, violence prevention, and gender equity. Young women received financial, social and emotional tools to build economic independence.

### **IMPROVING MENTAL HEALTH**



Using play to foster powerful conversations about mental health, safety, and non-violence. The Cambalhotas project addresses issues of violence, and particularly gender-based violence, from the ground up.

After pandemic- and strike-related school shutdowns, the Cambalhotas workshop spaces allowed a safe, fun environment for students to connect with one another through education. Workshop leaders encouraged children to feel comfortable sharing their feelings and experiences of violence.

When we noticed additional struggles for LGBTQI+ parents, we developed additional support systems for them out of an effort to recognise their rights.





"I have learned a lot about my safety and security. The educator told us about people I can trust and people I can't trust, and always after doing the activities in the notebook, we play a lot."

- Vivian 10 from Teresina

## YOUR SUPPORT MEANS BETTER FUTURES

#### **FUTURE CHALLENGES TO ADDRESS**



34%

Of Teresina's population has regular contact with sewage systems



38%

Of students in Brazil attend schools with unhygienic bathroom



244,000

Children in Brazil between 6 and 14 years old not enrolled in school



#### Your support helps children to stand up for their futures.

- As the number of children who are not enrolled in school continues to rise, we will work with local families to foster positive conversations about the value of education.
- 4 million students in Brazil attend schools with unusable bathrooms. Through the project Bathrooms Change Lives, we will improve school hygiene and increase access to clean water.
- · Children ages 10 to 19 comprise more than 7% of Brazil's total population. We will continue to use play and workshops to encourage children to have fun safely.
- Girls in Brazil are often affected by early pregnancy, sexual abuse and child marriage. We will continue our work to fight gender inequality.

We know the best is yet to come, and together we will continue to work for a brighter future for the children in Teresina.



"With your donation, we carry out projects that change lives and guarantee rights, opportunities, and safety for children their families, and their communities. Together, we can fight for a more equal society".

## **Aline Xavier**Programme Area Manager, Teresina

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS