

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in Sohag. Learn more about the valuable ways your support has benefitted.

Advancing conversation about sexual and reproductive health (SRH) and improving the economic status is vital for safeguarding Sohag's future.

We have promoted an inclusive and empowered environment so that children can grasp their SRH rights and economic possibilities.

Through a range of economic workshops, 308 people were able to learn more about self-employment, while 3,600 young people received access to Comprehensive Sexual Education.

Your sponsorship will ensure even more success for children in Sohag.



2300

Children became more aware of their rights



750

Parents and caregivers have skills to protect children



1568

Adolescents enhanced their readiness for employment

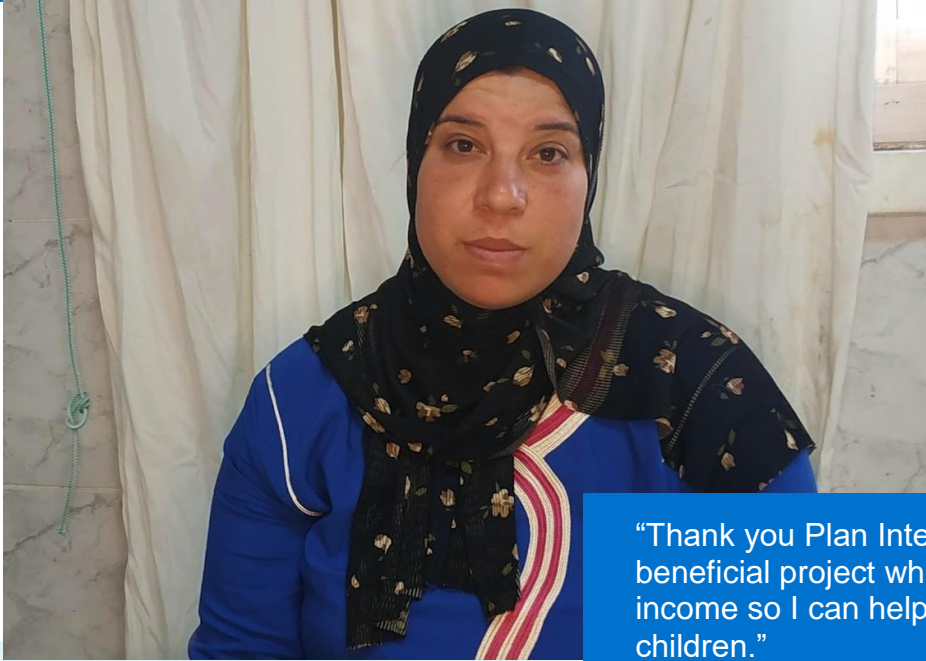


COVID-19'S IMPACT IN EGYPT

Hear from Yasmeen about how COVID-19 has impacted her community.

"During the pandemic, I couldn't go to school and I was afraid to get infected. But Plan helped ease my fears with their awareness messages and supplying us with hand sanitizers and face masks. They also taught us how to deal with the virus so we don't get sick."

BASMA IS A SUPERWOMAN



NAME: BASMA

AGE: 37 YEARS OLD

HOBBY: SPENDING TIME WITH HER FAMILY

"Thank you Plan International for providing such a beneficial project which helped me to enhance my income so I can help my family survive and educate my children."

Meet Basma

Like your sponsored child, Basma has been empowered by Plan International to change her life. Basma was married at 17 in Behera and unfortunately children has negatively impacted her current socio-economic status. Basma understands the importance of a education and wants to ensure her children get one.

Challenge

Basma has found it difficult to balance supporting her husband and playing an active role in the lives of her children. Basma's children are at various stages academically and have different needs. She constantly feels the pressure of providing for their education.

Finding work has been difficult for Basma and starting a business is not an easy task. Living in a rural town, the opportunities available are quite limited. The search for work has also been difficult because Basma never received any training or experience that she felt was necessary to qualify her to work.

Solution

Plan International works alongside local organisations to provide support and activities to both children and their families.

Basma attended the "Enterprise your Life" sessions which provided her with a role model in business that she could learn from. Basma has been able to start her own business of duck breeding. She has learned how to negotiate costs, communicate with suppliers and has been able make enough to pay for living expenses. Through vocational training she has been empowered to even produce and sell her own object made from animals' horns from home.



Basma holding up an animal horn

WE CURRENTLY WORK WITH 3,874 CHILDREN IN SOHAG

OUR PROJECTS IN SOHAG ARE HELPING CHILDREN THRIVE



EMPOWERING YOUTH



Communities play a huge role in promoting SRH rights for women and girls. This project trains children and youth in comprehensive sexuality education through Champions of Change sessions. Through comprehensive sexual education (CSE) and gender and equality training young children have the knowledge and the ability to reject harmful SRH practices.

The activities provide children the power to question and hold duty bearers accountable. Parents and caregivers also have the opportunity to support their children in their roles as changemakers.

1206 children increased their knowledge about combatting child marriage and gender-based violence.

To advance SRH rights, community support is necessary. Local leaders play a huge role in encouraging and defending youth participation in the fight for SRH rights. Increasing conversations through positive parenting and Champions of Change sessions have made it possible to challenge stigma around purity culture through open family dialogue.

ECONOMIC EMPOWERMENT



Economic participation improves the social position and status of women. Having sufficient income can lead to a productive life, self-reliance and it can empower individuals to make informed decisions about their futures. The project aims to help individuals achieve self-reliance by enhancing skills and establishing healthy and gender inclusive environments. With more welcoming spaces, equitable participation and economic empowerment is possible.

Some of the activities include self-employment sessions, language and computer skill sessions and career planning sessions. These sessions help foster a healthy and hopeful environment for motivated youth who want to see a solution to their circumstances.



“During these sessions, I gained more qualifications, made new friends, and learned self-confidence. Before I had no plans for my life but after the program, I now know my goal.”

- Omima, 14, from Sohag

YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



1.8

Million children between the age of 5 and 17 in the workforce



23%

Female labour force participation



15%

Only 15% of parliamentarians are women



Your support helps girls and boys to stand up for their futures.

- Enhanced reading and writing skills are necessary for developing self-confidence and establishing a more active role in the community. Young women can play active roles in society and further their education with the aid of educational initiatives like the Elder Sister groups.

- Plan International seeks to increase the options available to young women living in societies that limit their potential. Through Elder Sister sessions children can develop their skills and exercise their right to an education. Furthermore, the access and opportunity for girls to finish their schooling results in less instances of early marriage.

We know the best is yet to come, and together we will continue to work for a brighter future for the children in Sohag.



"I cherish your support and positive contribution in helping us create a lasting improvement to the lives of the children. Your continuous support is deeply appreciated and has helped our communities move forward and improved the lives of children."

Mohamed Gadallah
Programme Area Manager, Sohag

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS