

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in Rajdhani. Learn more about the valuable ways your support has benefitted them.

This past year, thousands of parents were able to provide their children with healthy food, and 736 pregnant women learnt more about early childhood nutrition. Communities are more prepared to protect themselves against communicable diseases such as COVID-19 and tuberculosis.

Girls and boys gained knowledge about their bodies and are reducing the stigma of menstruation in their communities. Young people are also empowered to stand up for their rights and say no to early marriages.

We know the best is yet to come and your sponsorship will ensure even more success for children in Rajdhani.



5,901

Families received cash support for nutritious foods



3,300

Children were supported to access digital education



6,000

Children have access to safe water at schools



COVID-19'S IMPACT IN INDIA

Hear from Meenaskhi about how COVID-19 has impacted her community.

"I was afraid to take the COVID-19 vaccine because I thought I would get sick and die. Then Plan visited our community and shared information about the vaccine and the benefits. I decided to take the first dose and I was fine. I motivated my friends, and now I am fully vaccinated. Thank you Plan International."

CASE STORY: REACHING FOR A BRIGHTER FUTURE



NAME: TARANNUM

AGE: 12 YEARS OLD

HOBBY: READING



"I always wanted to go to a big school and do well for myself and my family, but my parents could not afford the fees and I didn't have the necessary identity papers. Plan International helped us get documents for admission, and now I am confident I can fulfil my dreams."

Meet Tarannum

Like your sponsored child, Tarannum has been empowered by Plan International to change her life. Tarannum has top marks in her grade, and she's excited about what the future holds for her. She and her three siblings are all enrolled at good schools and can access government programmes, thanks to their new identity cards.

I Am Here

Tarannum's parents moved to Delhi in search of work. Her father was the only earner, and it was hard for him to make ends meet.

Government supports for income and food existed, but the family didn't have the proper identity cards. The documents were also needed for admission into secondary school.

After joining Plan International's child sponsorship program, Tarannum learned about the importance of having identity documents to claim her rights and access the supports she's entitled to.

Tarannum and her family now have their identity cards, and they can play an active role as full citizens in their community.

Family Support

COVID-19 has been hard on Tarannum. Her father lost his job, and it became a struggle to provide food for the family, even with government programmes.

While distributing face masks and hygiene kits to help keep children and families safe from the virus, Plan International also provided financial support. Through this support, Tarannum's parents were able to purchase nutritious food for her and her siblings.

Tarannum is dreaming big for her future, and her parents are giving her all the support she needs to reach her goals.



Tarannum on her way to school

WE CURRENTLY WORK WITH 6,807 CHILDREN IN RAJDHANI

OUR PROJECTS IN RAJDHANI ARE HELPING CHILDREN THRIVE



KEEPING GIRLS SAFE

Around 13% of girls surveyed had experienced sexual abuse during the pandemic. Sexual abuse and forced marriage are all forms of gender-based violence which prevent girls from reaching their full potential.

On International Day of the Girl Child, more than 1,300 people took part in community events where they improved their knowledge on girls' rights and gender equality. And 11 girls took over chairperson and ambassador roles for a day to raise their voices on the issues that matter to them.

980 girls learnt about their rights and how to stay cyber-safe while using the internet

A campaign to raise awareness on the harms of child marriage has now reached 4,293 people. Communities are more aware of laws preventing this practice and the importance of keeping children in school and not married.

A further 1,331 children attended cyber-safety workshops so they can keep themselves safe while using the internet to study and connect with their friends.

STAYING HEALTHY



Sexual and reproductive health education is limited. This leaves girls and women without the knowledge they need to manage their menstruation, or to keep themselves and their babies healthy once they become mothers.

Communities celebrated Menstrual Hygiene Day where more than 600 people, including boys and men, learnt more about menstruation and are committed to ending period shaming. A new training centre is also teaching girls and women how to make sanitary napkins. This will ensure more girls have access to menstrual hygiene products.

And 47 people completed training to become community health volunteers. These individuals have provided basic medical care to 1,468 people, helping to ensure children, girls, and new mothers can stay healthy.



"I am pregnant and I have a blood pressure problem, and had to go to hospital twice a week. Thanks to Plan, there is now a community health volunteer near my house where I can get a daily checkup. It is time and money-saving. I am very thankful to Plan International."
- Rekha (28) from Rajdhani

YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



22%

Of households do not have access to safe water



12%

Of people do not know how to read or write



5%

Of students drop out of school



Your support helps girls and boys to stand up for their futures.

- Over 100,000 children are under-weight for their age. We will ensure more families have access to nutritious food so children can have the best possible start in life.
- Child marriage cases increased in Rajdhani during the pandemic. We will continue to raise awareness of girls' rights and the harms of early marriage.
- We will support children to return to school and catch up on the lessons they missed so they can open the door to a brighter future.
- More than 60% of girls in India do not have access to sanitary menstrual products. We will continue to improve access to menstrual hygiene and reduce period stigma.

We know the best is yet to come, and together we will continue to work for a brighter, happier future for the children in Rajdhani.



"The pandemic has affected the education and health stats of the children to a great extent and we are committed to support them so they can reach their full potential. Thank you to our sponsors for keeping us going during this difficult time."

Anamika Sharma

Programme Area Manager, Rajdhani

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS