

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in Nagekeo. Learn more about the valuable ways your support has benefitted.

This past year, thousands of children, parents, and community leaders improved their knowledge on children's rights and the right to live a life free from violence. Girls and boys are able to say no to child marriage and protect themselves from abuse.

Communities are also prepared to respond to natural disasters, identifying risks and building safety plans at homes and schools. 336 young people took part in climate change adaptation workshops and are leading the way on conserving forests and coastal areas.

Your **sponsorship will ensure even more success for children in Nagekeo.**



2400

Families trained on disaster preparedness



4830

Children learned how to protect themselves against abuse



1250

Young people can now stand up against child marriage



COVID-19'S IMPACT IN INDONESIA

Hear from Yohana about how COVID-19 has impacted her community.

"I was so scared during the pandemic. I couldn't meet my friends and my school was closed. Plan International was always there to help us avoid COVID-19. They distributed hygiene kits and learning at home kits. We are back in school and still practicing the hygiene tips they taught us."

CASE STORY: RETURNING TO SCHOOL



NAME: MIRA

AGE: 15 YEARS OLD

HOBBY: DANCING

"I can now continue my education and pursue my dreams. My parents are not worried about having to afford school equipment, and my younger siblings can follow in my footsteps. I've rejoined the school dancing group and can perform traditional dances with my school friends."

Meet Mira

Like your sponsored child, Mira has been empowered by Plan International to change her life. Mira comes from a large family – she is the seventh of nine children! Her five older siblings all dropped out of school to get married. Mira dropped out too, because her family couldn't afford the school fees. But she always wanted to continue her education.

Overcoming Barriers

Mira used to take part in school competitions, and she would do really well. As she got older, her school had mandatory computer lessons and an exam that had to be passed before she could move to the next grade.

For Mira's parents, a laptop was a luxury item they could not afford. And during the pandemic, Mira was needed at home to help her family with household chores.

To help Mira return to school, Plan International worked with her school and the local government to provide laptops and computers for all students to use.

Dreaming Big

Now that Mira can use the school computer, she is quickly catching up on her lessons and is thriving at school. She has rejoined her school dance group and is excited to forge a path forward for her younger siblings.

More than 80 other children in Mira's community also dropped out of school. Back to school campaigns are raising awareness among families on the importance of education for their children.

Financial support and extra lessons are helping girls and boys return to the classroom and open the door to a brighter future.



Mira is happy to be back in school

WE CURRENTLY WORK WITH 11,739 CHILDREN IN NAGEKEO

OUR PROJECTS IN NAGEKEO ARE HELPING CHILDREN THRIVE



HEALTHY BEGINNINGS



Children at 70 early education centres have new learning and play materials

For many families in Nagekeo, accessing clean water is a challenge. Some children travel long distances to fetch water, which takes time away from studying. Others have to use unsafe water, which leaves them at risk of deadly diseases.

We supported communities to build new water pipelines and wells at schools and near houses. More than 3,000 families now have clean water close by. Children and parents also improved their knowledge of good hygiene and sanitation practices.

And 83 community members in 23 villages have completed training on positive parenting techniques. These members have now shared their knowledge through workshops with 1,557 parents. Mothers and fathers now understand the importance of nutritious food for their growing children, helping to reduce cases of malnutrition.

TAKING CHARGE OF OUR BODIES



There were 65 cases of early marriage in Nagekeo last year. Teenage pregnancies are also common, and many schools do not teach sexual and reproductive health. Early marriages and pregnancies prevent young people from reaching their full potential.

Through workshops on planning for the future, 1,751 young people learned about their rights and their sexual health. Youth identified their dreams and gained the knowledge they need to make informed decisions about their lives.

And more than 4,600 students, teachers and parents took part in workshops on menstrual hygiene. Girls are now able to follow good hygiene while on their periods and are supported without stigma or shame by those around them.

“I had dropped out of school but joined a workshop on choosing your future. I learnt a lot about sexual and reproductive health and menstrual hygiene. I also decided to continue my education. Thanks to Plan for the better life opportunities in my village.”

- Katarina, 18, from Nagekeo



YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



10%

Of children under five are stunted



11%

Of people do not have access to safe water



12%

Of students drop out of high school



Your support helps girls and boys to stand up for their futures.

- There were 89 reported cases of teenage pregnancy last year. We will continue to empower youth to make informed decisions about their lives, bodies and futures through sexual and reproductive health education.
- Violence against children remains common in Nagekeo. We will work to raise awareness of children's rights and strengthen child protection mechanisms.
- More than 200 children have dropped out of school. We will collaborate with education departments to establish non-formal schooling to help children start learning again.
- For one in six families, it takes more than 30 minutes to access safe water. We will support communities in building clean water infrastructure closer to home.

We know the best is yet to come, and together we will



"We appreciate your valuable contributions for children in Nagekeo to have clean and safe water and education. Thanks to your support, we will work to give more children better access to education, health, and equality in the coming year."

Zuniatmi

Programme Area Manager, Nagekeo

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS