

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in White Nile. Learn more about the valuable ways your support has benefitted them.

Thanks to our activities, more adults are now aware of children's rights, especially the rights of girls. Communities learned about the dangers of Female Genital Mutilation (FGM), and the consequences of this violation of girls' rights.

In addition, 360 girls gained the skills, knowledge and resources to empower them to challenge harmful social norms. Young women also improved their economic independence through income-generating activities and small businesses.

We know the best is yet to come and your sponsorship will ensure even more success for children in White Nile.



2600

Pupils have better access to quality education



2926

People learnt the dangers of Female Genital Mutilation (FGM)



600

Households have improved access to safe water



COVID-19'S IMPACT IN SUDAN

Hear from Amna about how COVID-19 has impacted her community.

"We adhered to the health instructions such as washing hands and social distancing, and we received the COVID-19 vaccine in the health centre in our village. The situation is now stable and there are no cases of illness. Life has returned to normal, and we have returned to our schools and markets."

CASE STORY: ACCESS TO SCHOOL, ACADEMIC EXCELLENCE



NAME: YOUSIF

AGE: 14 YEARS OLD

HOBBY: READING

"I would like to say thanks so much to Plan, you really reduced the burden from my shoulder. I used to suffer a lot before we got this wheelchair. Now the neighbour's children and his cousins push Yousif to school, and I am sure he will be something when he grows up," said Asmaa, Yousif's mother.

Meet Yousif

Like your sponsored child, Yousif has been empowered by Plan International to change his life. Fourteen-year-old Yousif is a sponsored child who lives with his parents and loves reading and playing with his friends. Most people in the area where Yousif lives depend on animal breeding and agriculture, cultivating corn, cotton, beans and wheat.

Yousif's father is a farmer, and his mother takes care of the home. They live in a house with uncovered mud walls and a roof made of palm leaves. Yousif's family uses a cart to collect water from the main tank. It takes about 15 minutes to bring the water home.

A difficult path

Yousif felt different from the rest of the children his age—because of his disability, he could not go to school, despite the close distance from his home.

Yousif's family believes that all children should be educated and attend school as a basic right. Yet they struggled to offer their son this opportunity: due to their difficult circumstances, they could not provide a wheelchair to get him to school.

Education for all

Now with access to a wheelchair, Yousif attends school, claiming his right to an education and excelling at his lessons. In fact, the headmaster of Yousif's school says he always gets high scores on his exams and is among the top five students in his class.

In Yousif's community, many more projects and activities are underway to support children's right to an education. Two new school buildings are being constructed, for example. Now, every child in Yousif's community has better access to an education—and like Yousif, they have the opportunity to excel.



Yousif and his friends

WE CURRENTLY WORK WITH 13,297 CHILDREN IN WHITE NILE

OUR PROJECTS IN WHITE NILE ARE HELPING CHILDREN THRIVE



PROTECTING GIRLS IN WHITE NILE

In White Nile, gender inequality means that girls and women are at risk of discrimination and the violation of their rights. The prevalence of early marriage is 37%, while 94% of women aged 15-49 years old have undergone Female Genital Mutilation (FGM).

Empowering communities to bring about positive change in attitudes and behaviours on gender equality was vital. Workshop programmes provided information, resources and discussions about girls' rights and advocacy. Now the communities have action plans to reduce barriers for girls' equality through education, protection and economic independence. Youth participated, acquiring the organisational and technical skills to advocate for gender equality and the end to early marriage and FGM.

In addition, village savings and loan organisations offered girls and young women opportunities for economic empowerment, promoting positive social norms for gender equality.

With protection, resources and opportunities to establish economic independence, girls and young women in White Nile can live lives free from dangerous and violent practices.

IMPROVING FAMILIES' LIVELIHOOD



To support refugees in White Nile with improved access to financial and food security, we focused on an integrated approach of economic empowerment and health care.

More than 700 farmers improved their skills through farmer-field school training. People learned about animal health and breeding, and 225 households acquired goats, helping to improve the community's food security. In addition, 500 girls and young women learned about Village Saving & Loans. They formed 20 groups and invested their accumulated savings in productive enterprises.

Improving access to basic primary healthcare was key. People received health screenings and medical consultations, as well as nutritional information.

"I would like to thank Plan for the successful and useful projects provided for the first time in our community to support and help women in their livelihood."

- Um Kathoum (38) from White Nile



YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



63%

Of the population are illiterate



57%

Of children aged 24-35 months received full immunisation



34%

Have access to sanitary toilets



Your support helps girls and boys to stand up for their futures.

- In Sudan, 41% of impoverished children are underweight. We will continue supporting health services and awareness campaigns on malnutrition and feeding.
- In White Nile, 37% of girls are married before the age of 18, severely impacting their education. We will continue advocating to end child marriage and Female Genital Mutilation (FGM).
- We will work to improve school environments, teachers' capacity and the engagement of parents' associations to ensure quality water and sanitation in schools.
- We will support income generation activities and help young people gain the skills and resources needed to succeed.

We know the best is yet to come, and together we will continue to work for a brighter, happier future for the children in White Nile.



"Thanks for your contributions that made positive impacts in the lives of vulnerable children, specifically girls. Children are enjoying better education and access to clean water, health and nutrition services."

Fathalrahman Hassan Hamdy
Programme Area Manager, White Nile

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS