

NORTH KORDOFAN

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in North Kordofan. Learn more about the valuable ways your support has benefitted them.

This year, more children, youth and adults enjoyed better health and economic stability. Healthcare workers trained on infection prevention, and families gained access to medical screening, vaccination and family planning. Families increased awareness on gender equality and the dangers of Female Genital Mutilation.

In addition, families strengthened their livelihoods: thousands of women learned improved community farming techniques, empowering them with the ability to provide security for themselves and their families.

We know the best is yet to come and your sponsorship will ensure even more success for children in North Kordofan.





2189

Children received birth certificates



29

Village Saving & Loan Groups empowered women



Youth advocated to end gender-based violence



COVID-19'S IMPACT IN SUDAN

Hear from Amna about how COVID-19 has impacted her community.

"We adhered to the health instructions such as washing hands and social distancing, and we received the COVID-19 vaccine in the health centre in our village. The situation is now stable and there are no cases of illness. Life has returned to normal, and we have returned to our schools and markets."

CASE STORY: ACCESS TO SCHOOL, ACADEMIC EXCELLENCE





NAME: YOUSIF

AGE: 14 YEARS OLD

HOBBY: READING

"I would like to say thanks so much to Plan, you really reduced the burden from my shoulder. I used to suffer a lot before we got this wheelchair. Now the neighbour's children and his cousins push Yousif to school, and I am sure he will be something when he grows up," said Asmaa, Yousif's mother.

Meet Yousif

Like your sponsored child, Yousif has been empowered by Plan International to change his life. Fourteen-year-old Yousif is a sponsored child who lives with his parents and loves reading and playing with his friends. Most people in the area where Yousif lives depend on animal breeding and agriculture, cultivating corn, cotton, beans and wheat.

Yousif's father is a farmer, and his mother takes care of the home. They live in a house with uncovered mud walls and a roof made of palm leaves. Yousif's family uses a cart to collect water from the main tank. It takes about 15 minutes to bring the water home.

A difficult path

Yousif felt different from the rest of the children his age—because of his disability, he could not go to school, despite the close distance from his home.

Yousif's family believes that all children should be educated and attend school as a basic right. Yet they struggled to offer their son this opportunity: due to their difficult circumstances, they could not provide a wheelchair to get him to school.

Education for all

Now with access to a wheelchair, Yousif attends school, claiming his right to an education and excelling at his lessons. In fact, the headmaster of Yousif's school says he always gets high scores on his exams and is among the top five students in his class.

In Yousif's community, many more projects and activities are underway to support children's right to an education. Two new school buildings are being constructed, for example. Now, every child in Yousif's community has better access to an education—and like Yousif, they have the opportunity to excel.



Yousif and his friends

OUR PROJECTS IN NORTH KORDOFAN ARE HELPING CHILDREN THRIVE



Smallholder farmers enhanced their food security, health and nutritional wellbeing.





In North Kordofan, small farms regularly lose 30-40% of their produce, usually due to harvesting methods, poor storage and unfavourable transportation and distribution systems.

With new methods and improved storage facilities, thousands of smallholder farming households increased their crop production and productivity without additional labour. With grain "banking", farmers are able to better predict household income and establish economic security for the next season.

As a result, 6,400 smallholder farmers—both male and female—accessed materials and workshops to reduce post-harvest losses. Farmers were able to store their yield after harvest without losses, and at least 6,000 farmers increased their income by 5% by selling their crops at higher prices. Through their success, women farmers also increased their leadership and decision-making in the community.

IMPROVING FAMILIES' LIVELIHOOD



Many families in North Kordofan face devastating food insecurity. Gender-equitable livelihood strategies supported the community and helped 143,625 people to improve access to food and economic security.

Women learned improved community farming techniques, empowering them with skills and resources to provide better nutrition for themselves and their families. In addition, 600 community members utilised tools and training to build upon their skills in traditional farming, and the provision of 300 sheep helped 100 households access economic security.

Moreover, 29 Village Savings & Loan associations empowered families to save money, enabling them to invest in their livelihood and their futures.



"We have been trained on improved community farming, which is focusing on drip irrigation techniques to reduce wastage of water. Right now, our crop is ready for marketing, and we benefited very much from the project."

- Batool (57) from North Kordofan

YOUR SUPPORT MEANS BETTER FUTURES

FUTURE CHALLENGES TO ADDRESS



45%

Have access to sanitary toilets



97%

Of females aged 15-49 have undergone Female Genital Mutilation



25%

Of 5 to 17 year-olds in Sudan are engaged in child labour



Your support helps girls and boys to stand up for their futures.

- Girls living in pastoralist communities are almost four times less likely to go to school than rural girls, and five times less likely than girls in urban areas. We will work to raise community awareness of the importance of education for all girls.
- · We will focus on improving educational environments in order to increase enrolment and quality, and address gender inequality.
- · We will work to support community services in Early Child Care and Development and childhood illnesses.
- Improving livelihoods and family incomes is a priority. We will increase the outreach of village saving and loan groups, and help young people access training to improve their job opportunities.

We know the best is yet to come, and together we will continue to work for a brighter, happier future for the children in North Kordofan.



"I would like to extend our gratitude for the support that made positive impacts in the lives of the children and their families, added value to the quality of education, access to clean water, and health and nutrition."

Mohamed Widaa OsmanProgramme Area Manager, North Kordofan

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS