

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in Quang Tri. Learn more about the valuable ways your support has benefitted them.

This year, communities focused on improving nutrition outcomes for families, generating employment and livelihood opportunities for young people, and preventing gender-based violence (GBV) in schools. Many communities are still dealing with COVID-19 outbreaks and continue to improve water, sanitation, and hygiene (WASH) practices and facilities. Through early childhood development (ECD) programs, 110,900 participants were reached. These initiatives provide maternal care, including home visits, and nutritional supplements for pregnant and lactating women and women with young children.

We know the best is yet to come and your sponsorship will ensure even more success for children in Quang Tri.



110

Child-friendly school counselling rooms set up



151

Schools were allocated funding to sanitise classrooms



720

Water tanks secured for schools



COVID-19'S IMPACT IN VIETNAM

Hear from Thao about how COVID-19 has impacted her community.

"We found it really difficult when most of our family members were infected with COVID-19. Children had to stay at home and couldn't go to school. During this difficult time, Plan International supported us with the most essential foods, rice and other supplies. This support enabled us to protect ourselves and stabilise our lives."

CASE STORY: PREVENTING EARLY MARRIAGE



NAME: HAI

AGE: 16 YEARS OLD

HOBBY: MAKING TIKTOK VIDEOS

We hope to expand our goat herd to become a small goat farm and by that time, we will create more jobs for girls like us. We will only think of marriage when we are able to manage and take care of our lives and help our parents financially a little bit.

Meet Hai

Like your sponsored child, Hai has been empowered by Plan International to change her life. Hai dropped out of school at the age of 16 and was helping her parents with chores and caring for her younger siblings. There are no centres for vocational education in Hai's community, so she had few options for pursuing further opportunities.

Life Skills to Succeed

There are very few employment and livelihood opportunities for girls in Hai's community, and poverty rates are high. Many girls are also expected to be married by the age of 16.

Through a Girls Club run by Plan, Hai and a group of others were granted six goats. They learned from other community members how to raise the goats and made their own plans to generate income through research and discussion.

Hai also learned about financial management, family planning, and gender equality. She has been able to explain to her parents why she should wait to get married and pursue her own goals first.

Generating Income

After improving her own knowledge about raising goats, Hai began to do market research on how to sell them and make a profit. With her earnings, she plans to expand her herd so that she can offer job opportunities to other girls in her community.

Hai has become a confident and positive girl, and she uses her own knowledge to give advice to other girls in the community. She creates videos on TikTok to show audiences her model for raising goats and to encourage girls to earn their own money rather than getting married at a young age, preparing them for a better future.



Hai and other members of the Girls Club

WE CURRENTLY WORK WITH 6,690 CHILDREN IN QUANG TRI

OUR PROJECTS IN QUANG TRI ARE HELPING CHILDREN THRIVE



GENDER RESPONSIVE SCHOOLING



Even in schools, gender-based violence (GBV) is widely accepted as a part of society. In fact, the Law on Education in Vietnam does not mention gender-based violence at all. Only 42% of incidents at and on the way to school are reported by students, and often nothing is done.

To promote a safe, gender-responsive environment where children are able to learn, Plan supported teachers, students and parents to improve their knowledge of GBV and enhance their capacity to recognise and respond to it. 415 teachers from 24 schools improved their abilities to promote equal gender norms through trainings.

These trainings included presentations and discussions on a range of concepts, and teachers were then responsible for not only demonstrating what they learned but also relaying this information to students.

Discussions on gender-based violence (GBV) help students, teachers and parents to tackle the issue. Through 500 communication sessions, 6,300 parents increased their awareness of GBV.

SUPPORTING PARENTS



In children under 5 years old, up to 45% experience stunting, meaning their development is impaired. Stunting can be caused by poor nutrition and a lack of psychosocial stimulation. By engaging parents and caregivers in learning how to nurture the mental and physical development of their children, Plan is helping them to tackle stunting and malnutrition.

2,796 parents attended monthly meetings facilitated by village health workers, focusing on nutritional care, preventing diseases, and childhood development milestones. Families with malnourished children were able to improve the quality of their daily meals through additional financial support.



“Since I joined the parenting group organised by Plan, I was carefully instructed how to take proper care of my baby. My child has grown up healthily and I feel very confident now.”

- Hon (20) from Quang Tri

YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



70

School sites affected by flooding in 2020



56%

The rate of poverty in some communities



38,000

Pregnant women affected by the floods, including evacuation



Your support helps children to stand up for their futures.

- Ethnic minorities make up 15% of the population, but 65% of those live in extreme poverty. We continue to work with marginalised groups to improve their outcomes.
- Maternal and child mortality rates in the mountainous areas are four times higher than the national average. Through education and financial support, we work with mothers and families to prevent chronic malnutrition.
- We continue to fight child marriage through a range of initiatives. Currently, up to 60% of H'mong girls are married before the age of 18.
- Employment and vocational education opportunities are often limited in rural areas. Through livelihood initiatives, Plan supports young people to generate income and support themselves.

We know the best is yet to come, and we will continue to work for a brighter future for the children in Quang Tri.



"In the past year, despite the outbreak of the COVID-19 pandemic globally and in Vietnam, we still received active support from Sponsors like you. You have actively contributed to the development of the children and community in Quang Tri. Thank you."

Nguyen Tran Nguyen
Programme Area Manager, Quang Tri

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS