

YOUR ANNUAL UPDATE

Thanks to your sponsorship, children and families are making positive changes in Kon Tum. Learn more about the valuable ways your support has benefitted them.

In the last year, communities in Kon Tum have been working to prevent malnutrition in young children, reduce the risk of child abuse and gender-based violence (GBV), and increase the awareness of children's rights at a local and national level.

Access to health centres and hygienic toilets and water sources continues to be a problem for many families. Work is being done to improve the quality and accessibility of health care, as well as building and maintaining clean latrines.

Children are very active in community initiatives to improve their well-being and thousands of children are being represented at a national level by their peers from the Children's Council.



182

Champions of Change clubs set up in 5 provinces



84%

Of schools have COVID-19 safeguarding policies in place



1315

Teachers gained advanced knowledge of GBV



COVID-19'S IMPACT IN VIETNAM

Hear from Thao about how COVID-19 has impacted her community.

"We found it really difficult when most of our family members were infected with COVID-19. Children had to stay at home and couldn't go to school. During this difficult time, Plan International supported us with the most essential foods, rice and other supplies. This support enabled us to protect ourselves and stabilise our lives."

CASE STORY: PREVENTING EARLY MARRIAGE



NAME: HAI

AGE: 16 YEARS OLD

HOBBY: MAKING TIKTOK VIDEOS

"We hope to expand our goat herd to become a small goat farm and by that time, we will create more jobs for girls like us. We will only think of marriage when we are able to manage and take care of our lives and help our parents financially a little bit."

Meet Hai

Like your sponsored child, Hai has been empowered by Plan International to change her life. Hai dropped out of school at the age of 16 and was helping her parents with chores and caring for her younger siblings. There are no centres for vocational education in Hai's community, so she had few options for pursuing further opportunities.

Life Skills to Succeed

There are very few employment and livelihood opportunities for girls in Hai's community, and poverty rates are high. Many girls are also expected to be married by the age of 16.

Through a Girls Club run by Plan, Hai and a group of others were granted six goats. They learned from other community members how to raise the goats and made their own plans to generate income through research and discussion.

Hai also learned about financial management, family planning, and gender equality. She has been able to explain to her parents why she should wait to get married and pursue her own goals first.

Generating Income

After improving her own knowledge about raising goats, Hai began to do market research on how to sell them and make a profit. With her earnings, she plans to expand her herd so that she can offer job opportunities to other girls in her community.

Hai has become a confident and positive girl, and she uses her own knowledge to give advice to other girls in the community. She creates videos on TikTok to show audiences her model for raising goats and to encourage girls to earn their own money rather than getting married at a young age, preparing them for a better future.



Hai and other members of the Girls Club

WE CURRENTLY WORK WITH 6,720 CHILDREN IN KON TUM

OUR PROJECTS IN KON TUM ARE HELPING CHILDREN THRIVE



IMPROVING NUTRITION



Limited knowledge of nutrition among parents means that many children are malnourished, resulting in stunted growth for 28% of children under 5. This is made worse by the effects of poverty and lack of access to health services, particularly during COVID-19 travel restrictions.

With support from Plan, 577 pregnant women were able to improve their knowledge on nutrition for themselves and their children through regular consultations with health workers.

When children are included in decision-making processes, we can ensure that they feel safe and protected. The Children's Council represents 15,944 children from Kon Tum.

Families with malnourished children under the age of two increased their income and the quality of their daily meals. Through Plan's livelihood model, 512 families received seeds to grow and ducks or chickens to raise, giving them the tools needed to provide food for their children. They also used the provisions to generate income by selling products or providing cooking demonstrations.

GIRLS' LEADERSHIP



Children have little chance to express their opinions to local and government leaders, and there is a lack of awareness about children's rights among the community. When children are included in decision-making processes, we can ensure that they feel safe and protected.

Through Plan's Champions of Change (CoC) clubs, 1,320 children in Kon Tum have been able to improve their knowledge on child rights and gender equality, equipping them with the information they need to recognise, prevent and report child abuse.

From these CoC clubs, 45 children joined a Children's Council to represent their peers and advocate for protective laws at a national level to ensure a safer future for children.



"I have learnt about types of violence and now I know how to prevent them. I have been able to facilitate a meeting and I feel more confident than before. I hope this model will be expanded and more children can participate."

- Thuong (14) from Kon Tum

YOUR SUPPORT MEANS BETTER FUTURES



FUTURE CHALLENGES TO ADDRESS



59%

of households do not have access to a hygienic toilet



48%

of pregnant women give birth without assistance from health workers



25%

of the population do not have access to health services



Your support helps girls and boys to stand up for their futures.

- There is very limited access to quality health services and facilities are often insufficient. We are working to increase the availability of health centres with trained staff.
- We will continue to provide support for expectant parents and parents with malnourished children through livelihood programs and information sessions on childhood nutrition and food preparation.
- Many households live without hygienic toilets or clean water, increasing the risk of disease and illness. Building and maintaining sanitation facilities remains a priority.
- 41 schools were closed through 2021 to 2022, disrupting the education of thousands of children. Currently, all schools are open as normal, but work is needed to keep students up to date with their studies.

We know the best is yet to come, and together we will continue to work for a brighter, happier future for the children in Kon Tum.



“I would like to express our special thanks to you, our dearest sponsors. Your contributions have made a difference and provided opportunities for girls to learn, lead, decide and thrive. Thank you very much for your continued support to Plan.”

Nguyen Van Tiep
Programme Area Manager, Kon Tum

YOUR GENEROSITY WILL CONTINUE TO SUPPORT CHILDREN IN STANDING UP FOR THEIR FUTURE AND RIGHTS