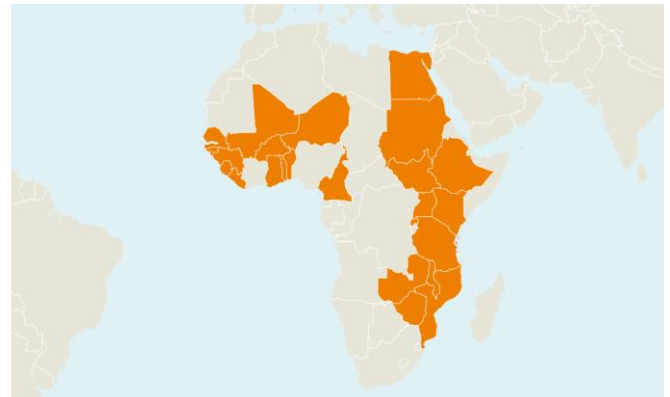


ANNUAL UPDATE

SENEGAL

KAOLACK



Together with your sponsorship, children and families are making positive changes in Kaolack. Learn more about the valuable ways we work with children and communities.

Kaolack is a hot, predominantly rural region of Senegal, home to around 1.2 million people. Here, nearly 22% of young people are unemployed, and this year, 4,356 local children were diagnosed with acute malnutrition. With your support, we were able to provide materials and climate-resilient vocational training to 253 women. Every undernourished child received food and vitamin supplements, and 125 households received aid to generate additional income, reducing the incidence of hunger.



1,840

Community members screened for tuberculosis



95

Teachers discussed gender equality and safety



15,634

Infants screened for malnutrition

“AS PART OF PLAN’S NEW YOUTH RECREATION SPACE, WE REPAIRED OUR COMMUNITY’S HEALTH HUT.”

– Sokhna, 13 years old, Sponsored Child





NAME: NATHALIA

AGE: 16

**DREAMS TO BE: A
TEACHER**

“AS A YOUNG GIRL IN THIS COMMUNITY, I NOW HAVE BETTER HEALTH, BETTER EDUCATION, BETTER PROTECTION AND MORE SELF-ESTEEM. I FEEL RESPECTED.”

Meet Nathalia

Like the child you sponsor, Nathalia is taking steps toward achieving her goals.

Children in Nathalia's community did not have safe places to play, so she took matters into her own hands.

Fear Stops Here

For too long, Nathalia and her friends felt they didn't have anywhere to go during their free time. In their seaside community in Dakar, too many children had drowned while playing, and young people were beginning to fear the water.

Nathalia took it upon herself to collaborate with a network of current and former Sponsored Children, as well as Plan International, to support safer recreation for young people in her community. As a result, children, parents, teachers and local leaders held meetings to talk openly about child safety and protection. Community members then formed inter-generational Child Protection Committees, which established plans to report and resolve violations of children's rights.

We Are Leaders

In addition to these meetings, Nathalia and her friends participated in workshops about adolescent and sexual health, which included empowering activities to foster communication and creativity.

While swimming safety was a key concern for Nathalia and her friends, they achieved so much more: today, Dakar's new Child Protection Committees have been able to intervene in a number of cases of children's rights violations.



Nathalia is also passionate about dance and she is known for her talent and creativity.

OUR PROJECTS IN KAOLACK ARE HELPING CHILDREN THRIVE



This year, our projects in Kaolack focused on community health, youth leadership and the empowerment of girls and women.

GROWING TOGETHER



In collaboration with the State of Senegal, we are working to support the nutrition and health of young children in Kaolack.

This year, 15,634 infants under the age of two received critical health care to support their growth and development. Four campaigns about acute malnutrition reached 63,326 infants and young children between six months and five years old. When 4,356 children were diagnosed with acute malnutrition, we supported them with food and vitamin supplements.

25 mothers from vulnerable households received financial aid to kick-start small agricultural businesses, and another 100 at-risk households participated in livestock breeding initiatives to increase their income.

SUSTAINABLE SKILLS



567 women have new work opportunities related to renewable energy.

As climate change continues to threaten the lives and livelihoods of families around Senegal, we are working with the United Nations to support the financial independence of women in Kaolack through climate-resilient vocational training.

This year, 889 community members were reached in our awareness campaigns about the importance of women in the renewable energy sector. Nine schools and three health centres now have solar-powered street lamps, and 253 women improved their agricultural skills.

“Our solar panels relieve our mothers of their work. They no longer have to fetch water with their hands. They can buy us clothes and school supplies.”

- Absata (12) from Kaolack



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Kaolack.

- More than 14% of young people in this region are unemployed. With your support, we will offer climate-resilient, technology-forward vocational training to 800 young people in 2024.
- Here, at least 50% of young women do not have stable sources of income. Next year, we plan to relaunch our Village Savings and Loans groups for financial literacy and mutual aid.
- More than 70% of young people involved with Plan International Senegal do not have formal employment. We aim to help 75 young people perfect their CVs and practise writing cover letters.

Thank you for your continued support.



“Plan supported local people in carrying out projects that promote respect for children’s rights and improve the living conditions of women and girls.”

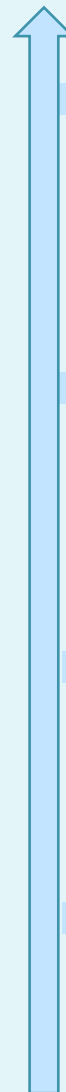
Abdoulaye Diop
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12



MARCH

33

Women built new vocational skills



SEPTEMBER

49,187

Young children screened for malnutrition



SEPTEMBER

4

Mini solar power plants built



DECEMBER

1,222

Sponsored Children received nutritional supplements

