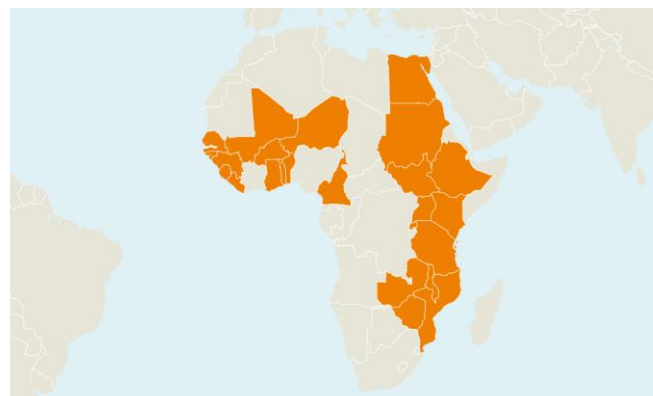


ANNUAL UPDATE

SENEGAL

DAKAR



Together with your sponsorship, children and families are making positive changes in Dakar. Learn more about the valuable ways we work with children and communities.

Senegal's capital city, Dakar, is home to around 1.7 million people, 65% of whom are under the age of 18. Though up to 96% of local children enrol in primary school, just 40% of all students complete their educations.

This year, we collaborated with young people, parents and children to distribute menstrual hygiene kits to 1,128 girls, improve conditions at five local schools and provide 18,240 workplace and home visits to slow the spread of tuberculosis.



1,050

Women improved their financial literacy



2,700

Community members discussed sexual health



1,013

Symptomatic people referred for tuberculosis screenings

“AS PART OF PLAN’S NEW YOUTH RECREATION SPACE, WE REPAIRED OUR COMMUNITY’S HEALTH HUT.”

– Sokhna, 13 years old, Sponsored Child





NAME: NATHALIA

AGE: 16

**DREAMS TO BE: A
TEACHER**

“AS A YOUNG GIRL IN THIS COMMUNITY, I NOW HAVE BETTER HEALTH, BETTER EDUCATION, BETTER PROTECTION AND MORE SELF-ESTEEM. I FEEL RESPECTED.”

Meet Nathalia

Like the child you sponsor, Nathalia is taking steps toward achieving her goals.

Children in Nathalia's community did not have safe places to play, so she took matters into her own hands.

Fear Stops Here

For too long, Nathalia and her friends felt they didn't have anywhere to go during their free time. In their seaside community in Dakar, too many children had drowned while playing, and young people were beginning to fear the water.

Nathalia took it upon herself to collaborate with a network of current and former Sponsored Children, as well as Plan International, to support safer recreation for young people in her community. As a result, children, parents, teachers and local leaders held meetings to talk openly about child safety and protection. Community members then formed inter-generational Child Protection Committees, which established plans to report and resolve violations of children's rights.

We Are Leaders

In addition to these meetings, Nathalia and her friends participated in workshops about adolescent and sexual health, which included empowering activities to foster communication and creativity.

While swimming safety was a key concern for Nathalia and her friends, they achieved so much more: today, Dakar's new Child Protection Committees have been able to intervene in a number of cases of children's rights violations.



Nathalia is also passionate about dance and she is known for her talent and creativity.

OUR PROJECTS IN DAKAR ARE HELPING CHILDREN THRIVE



358 students now have clean drinking water at school.

STOPPING THE SPREAD



As tuberculosis infections remain high in Dakar, we worked with thousands of community members to provide critical care.

This year, 6,213 people in Dakar – including 2,115 men and 4,098 women – were reached in our awareness campaigns about the management and prevention of tuberculosis (TB). 1,013 community members, including 610 children, who demonstrated TB symptoms were referred to health facilities.

We paid 18,240 home or workplace visits to residents, offering TB screenings and sharing important information. 103 residents were diagnosed with tuberculosis, and 45 of their close contacts were referred to local health services.

HEAR MY VOICE



1,152 residents had important conversations about sexual health and menstruation. In Dakar, many girls and women feel too shy to participate in decision-making in their communities. This, as well as having limited access to information about sexual health and reproductive rights, contributes to girls and women struggling to make their voices heard in the public sphere.

Thanks to your support, 1,128 girls received Menstrual Hygiene Management kits. 210 children, teens and parents, including 16 people with disabilities, participated in eight intergenerational discussions about children's rights and adolescent health. Today, 18 local authorities have committed to support the rights of young people.

“Before, I thought that women didn't have the right to express their opinions in public. Now, I speak in front of my peers without stress or fear.”

- Mariétou (16) from Dakar



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Dakar.

- More than 14% of young people in this region are unemployed. With your support, we will offer climate-resilient, technology-forward vocational training to 800 young people in 2024.
- Here, at least 50% of young women do not have stable sources of income. Next year, we plan to relaunch our Village Savings and Loans groups for financial literacy and mutual aid.
- More than 70% of young people involved with Plan International Senegal do not have formal employment. We aim to help 75 young people perfect their CVs and practise writing cover letters.

Thank you for your continued support.



“Thank you for your support. I see that a new era is dawning as girls are enthusiastic, committed and motivated to combat gender-based violence in their community.”

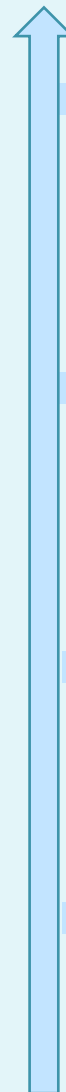
Cheikhou Ndiaye
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



MARCH

100

Children benefited from safer recreational activities



MAY

145

People with disabilities discussed safety and health



JUNE

52

Leaders committed to support menstrual hygiene in schools



SEPTEMBER

16

Women developed entrepreneurial skills

