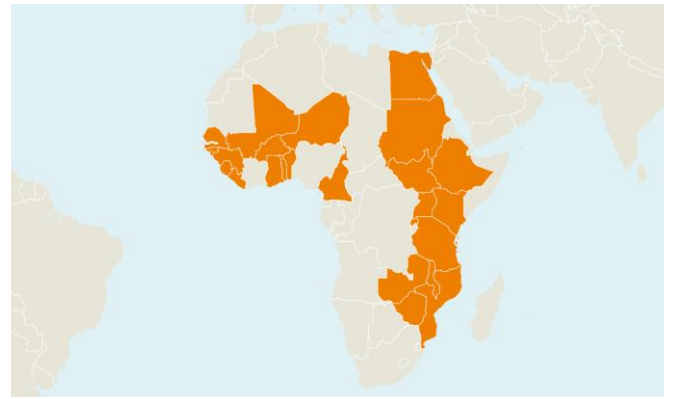


# ANNUAL UPDATE

# TOGO SOKODÉ



**Together with your sponsorship, children and families are making positive changes in Sokodé. Learn more about the valuable ways we work with children and communities.**

Sokodé is a rural region in central Togo. Here, the almost 800,000 residents are primarily farmers. The literacy rate here is under 58% and the youth unemployment rate is almost 30%. This year, our projects in Sokodé focused on improving schools and resources for children, especially girls and children with difficulties. 1,709 students with learning disabilities took part in remedial French and maths courses, and 772 desks and benches were donated to local primary and secondary schools.



**8,578**

young people learned about sexual health



**1,872**

parents trained in early childhood health and nutrition



**396**

fathers trained peers in positive parenting

**“CHILD PREGNANCY IS A HUGE ISSUE HERE. PLAN TAUGHT ME A LOT ABOUT TOPICS THAT ARE OFTEN TABOO FOR US.”**

Alexandra, 13 years old, Sponsored Child







**NAME: THÉRÈSE**

**AGE: 15**

**DREAMS TO BE: A  
POLICE OFFICER**

**“BEING THE CHAIRWOMAN OF A GIRLS’ LEADERSHIP ORGANISATION HAS CHANGED MY LIFE. I AM NO LONGER SO OVERWHELMED, AND HAVE PASSED ALL OF MY EXAMS.”**

## Meet Thérèse

**Like the child you sponsor, Thérèse is becoming a confident advocate for her rights.**

One-third of girls in primary school in her community do not continue to secondary. Through taking part in a leadership project, Thérèse has become a dedicated student.

## I Am A Leader

When Thérèse had to repeat her third year of secondary school, the future of her education was at stake: fewer than 10% of girls graduate from secondary school in Plateaux, migrating to bigger cities to become domestic workers, getting pregnant at a young age or struggling to find employment locally.

Since 2021, Plan International’s “Leaders of Tomorrow” club in Thérèse’s community has been outspoken about the importance of keeping girls in school. Since becoming a member of the group, Thérèse is determined to complete her education.

## We Have Big Dreams

In 2022, 100% of girls involved in the Leaders of Tomorrow club graduated from high school. In 2024, Thérèse plans to do the same. From there, she hopes to become a police officer, where she can defend the rights of girls and women in Plateaux. Thérèse describes her behaviour as having changed a lot since becoming a member of the Leaders of Tomorrow club: now, she’s aware of the risks of teen pregnancy, and is very committed to completing her education. Today, Thérèse is also the president of a club for local Sponsored Children.



*Thérèse is determined to graduate from secondary school.*



# OUR PROJECTS IN SOKODÉ ARE HELPING CHILDREN THRIVE



With your support, thousands of children in Togo have received school supplies and scholarships, benefitted from remedial courses and learned in new classrooms.



## SAFER TOGETHER



**37% of girls under 18 in rural Togo are married, and rates of sexual violence are high.**

It takes a united effort to break cycles of gender-based violence: that's why, this year, we collaborated with community members of all ages in Sokodé to have open conversations about girls' rights and leadership, safety and the prevention of violence. Thanks to your contributions, 8,578 children and young people, including 5,086 girls, learned more about their sexual and reproductive health and rights as part of our confidence-building "Champions of Change" youth advocacy programme.

2,160 girls and 477 women took part in our "Women Role Model" project, where they identified inspiring women in their communities and discussed their rights.

## SUSTAINABLE SKILLS



**In Togo, almost 30% of young people are unemployed.**

From high school dropout rates to a lack of opportunities, students and young adults face an uphill battle when it comes to finding formal employment. This year, we connected 741 young residents of Sokodé, including 559 girls, to apprenticeships, where they developed skills to master a trade.

Another 315 apprentices, fresh off their training in vocations ranging from masonry to weaving and metalwork, received equipment to help them start their new businesses strong. Finally, 1,709 students with learning difficulties received specialised tutoring in maths and French.

"I attend Plan International's remedial classes. My reading is better, and my marks have gone up. I hope the classes will continue next year."

**- Richala (14) from Sokodé**

# YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Sokodé.

- In Togo, more than one in four girls is married before their 18th birthday. We will continue to work with children, youth and caregivers to address the root causes of early marriage and empower girls to claim their rights.
- Nearly 29% of young adults in Togo are unemployed. We will continue to offer vocational training to young people in Sokodé so they can gain economic independence.
- Many children with disabilities are not in school due to a lack of accessibility. We will equip schools for better accessibility and work with specialised teachers to make learning inclusive for everyone.

Thank you for your continued support.



“Thanks to your contributions, the government of Togo now has a law against sexual violence in school. Girls can now pursue their studies and prepare for their

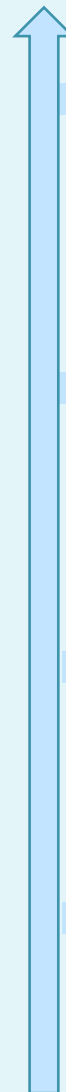
**Zireha Gandi**  
Programme Area Manager

## THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

## THE LAST 12 MONTHS



**MAY**

**5,000**

community members celebrated non-violent schools



**JUNE**

**422**

desks donated to primary and secondary schools



**OCTOBER**

**660**

young people trained in Project Management



**NOVEMBER**

**1,210**

pupils received school supplies

