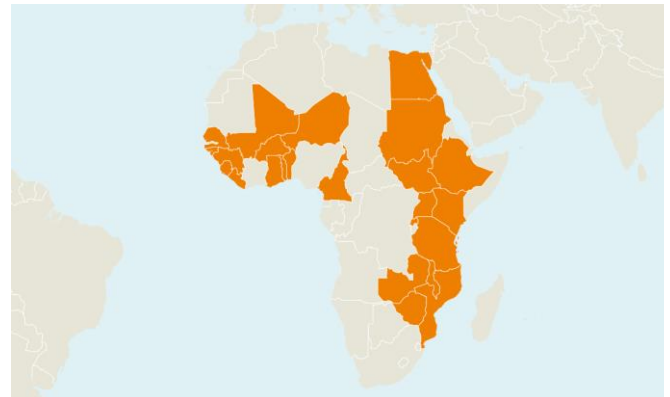


# ANNUAL UPDATE

# KENYA

## KISUMU



**Together with your sponsorship, children and families are making positive changes in Kisumu. Learn more about the valuable ways we work with children and communities.**

Many families in Kisumu who rely on farming for their livelihoods are struggling with the climate change crisis. Over the last year, more than 1,800 farmers gained new skills in climate-resilient agricultural practices, helping them adapt to ongoing drought conditions.

Thousands of young people, along with their parents, learned about their sexual health and how to prevent early pregnancy. And school fees and entrepreneurship training will help youth open the door to a brighter future.



**245**

Secondary students supported with school fees



**344**

People gained financial literacy skills



**1,748**

Girls had their births registered

**“AFTER PARTICIPATING IN CHAMPIONS OF CHANGE, I AM NOW AN ADVOCATE FOR SEXUAL HEALTH AMONG MY PEERS.”**

Joseph, 13 years old





**NAME: AMOS**

**AGE: 15**

**DREAMS TO BE: A  
DOCTOR**

**“I’M HAPPY TO BE BACK IN SCHOOL. I WILL WORK HARD TO ACHIEVE MY DREAM OF BECOMING A DOCTOR. MY EXPERIENCE INSPIRES ME TO HELP THOSE IN NEED.”**

## Meet Amos

**Like the child you sponsor, Amos is taking steps toward achieving his goals.**

Amos lives with his parents and three siblings in a two-room house. He loves reading and hopes to become a doctor so he can help others like himself.

## Helping Healthcare

As a child, Amos developed paralysis after an illness. His family could not afford a wheelchair, and Amos had to drop out of school. Although his parents took care of him as best as they could, they often had to leave him in bed for long periods of time. Amos developed sores and his health deteriorated.

A community health volunteer heard about Amos’s predicament, and he was referred to a local Plan employee, who helped arrange transportation for Amos and his parents to the nearest hospital for urgent care. And in partnership with the Ministry of Health, a nurse was engaged to provide regular care and treatment of Amos’s bedsores.

## Will to Achieve

After Amos’s health improved, he was keen to go back to school. With the help of Plan International, Amos has a brand new wheelchair and supportive pressure cushions which allow him to sit comfortably.

Amos has a zeal for learning, and his teachers are impressed with his progress and his passion. He encourages other children with disabilities at his school to never give up hope.

And Amos’s parents have become advocates in their community on asking for help and seeking the best healthcare possible for their children.



*Amos is now thriving at school*

# OUR PROJECTS IN KISUMU ARE HELPING CHILDREN THRIVE



Families in Kisumu have new drought-resistant crop seeds, helping them build resilience to a changing climate

## COMMUNITY RESILIENCE



**Around 70% of communities in Kisumu do not have enough food to eat.** Most families rely on agriculture, but erratic weather conditions made worse by climate change are causing extended periods of drought and flash flooding. These environmental crises leave families stuck in a cycle of poverty.

To help families adapt, 1,874 parents took part in training sessions on improved farming techniques. 1,258 women and 542 men received seeds for high-yield, drought-tolerant crops like maize, beans and sorghum. With these new skills, farmers in Kisumu are better able to respond to the changing climate, grow nutritious foods and earn a living.

Members of the village savings and loans groups also gained entrepreneurship skills. By accessing loans, people can start their own business and invest in their futures.

## KEEPING CHILDREN SAFE



**Over the last few years, Kisumu has seen an increase in cases of gender-based violence.** A rise has also been seen in rates of teenage pregnancy and early marriage, forcing many girls to drop out of school.

Over the last year, 142 girls and 103 boys were supported with school fees. By staying in school, young people gain the skills they need to open the door to a brighter future.

3,692 children now have birth certificates, which is a crucial document for children to access their rights to education and protection. Without a birth certificate, children are unable to sit school exams. And if children are unable to prove their age, they can be forced into early marriages.

“I received school fees from Plan, which has helped keep me in school. Education is crucial to combating poverty. I want to help communities find solutions to issues children face.”

**Tracy (16) from Kisumu**



# YOUR SUPPORT MEANS BETTER FUTURES



**The best is yet to come—and together we will continue to work for a brighter future for the children in Kisumu.**

The majority of households in Kisumu are food insecure. We will continue to train farmers on drought-resistant agriculture and provide crop seeds and tools for them to improve their livelihood.

Violence against children, particularly girls, continues to be common. We will raise awareness of children's rights and gender equality, and empower girls and boys to advocate for change in their communities.

Children with disabilities are regularly excluded from taking part in community life. We will ensure schools are safe places for all children, and provide positive parenting training so families can give their children supportive care.

**Thank you for your continued support.**



“In the last year, our projects helped improve the wellbeing of families so they can afford basic needs and ensure that children are protected from harm. Thank you.”

**Jacklyne Kurui**  
Programme Area Manager

## THE PLAN EFFECT



**Your sponsorship commitment becomes long-term change—providing help for self-help.** We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

## THE LAST 12 MONTHS



**MARCH**



**601**

People learned about disaster preparedness

**APRIL**



**301**

Young women gained entrepreneurship skills

**AUGUST**



**100**

Children with disabilities received assistive devices

**SEPTEMBER**



**234**

Families supported with health care