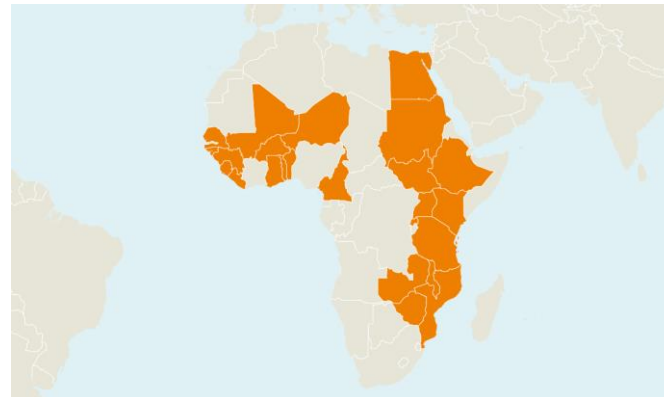


ANNUAL UPDATE

KENYA

HOMA BAY



Together with your sponsorship, children and families are making positive changes in Homa Bay. Learn more about the valuable ways we work with children and communities.

Families in Homa Bay who rely on farming and fishing for their livelihoods are struggling with the impacts of climate change. Over the last year, hundreds of people learned new agricultural techniques or gained vocational skills, helping them earn a good income.

And more than 900 young people are taking on leadership roles in their communities, sharing knowledge with their peers on gender equality, child protection and sexual health. Girls and boys can now take charge of their futures.



8,967

Students have access to handwashing stations at school



964

Parents gained positive parenting skills



46

Young women started their own businesses

“AFTER PARTICIPATING IN CHAMPIONS OF CHANGE, I AM NOW AN ADVOCATE FOR SEXUAL HEALTH AMONG MY PEERS.”

Joseph, 13 years old





NAME: AMOS

AGE: 15

**DREAMS TO BE: A
DOCTOR**

“I’M HAPPY TO BE BACK IN SCHOOL. I WILL WORK HARD TO ACHIEVE MY DREAM OF BECOMING A DOCTOR. MY EXPERIENCE INSPIRES ME TO HELP THOSE IN NEED.”

Meet Amos

Like the child you sponsor, Amos is taking steps toward achieving his goals.

Amos lives with his parents and three siblings in a two-room house. He loves reading and hopes to become a doctor so he can help others like himself.

Helping Healthcare

As a child, Amos developed paralysis after an illness. His family could not afford a wheelchair, and Amos had to drop out of school. Although his parents took care of him as best as they could, they often had to leave him in bed for long periods of time. Amos developed sores and his health deteriorated.

A community health volunteer heard about Amos’s predicament, and he was referred to a local Plan employee, who helped arrange transportation for Amos and his parents to the nearest hospital for urgent care. And in partnership with the Ministry of Health, a nurse was engaged to provide regular care and treatment of Amos’s bedsores.

Will to Achieve

After Amos’s health improved, he was keen to go back to school. With the help of Plan International, Amos has a brand new wheelchair and supportive pressure cushions which allow him to sit comfortably.

Amos has a zeal for learning, and his teachers are impressed with his progress and his passion. He encourages other children with disabilities at his school to never give up hope.

And Amos’s parents have become advocates in their community on asking for help and seeking the best healthcare possible for their children.



Amos is now thriving at school

OUR PROJECTS IN HOMA BAY ARE HELPING CHILDREN THRIVE



Women and men are learning agricultural and technical skills so they can earn a good income

COMMUNITY RESILIENCE



Almost all families in Homa Bay rely on fishing or farming for their livelihoods, leaving them vulnerable to the effects of climate change. And for youth looking outside of agriculture for their future, unemployment is a major challenge.

To help families adapt to climate change, 102 farmers – 68 women and 34 men - took part in training on climate-resilient agriculture techniques. With these new skills, farmers can grow nutritious foods for themselves and to sell at the market.

89 students at vocational schools were supported with school fees so they could finish their courses. 54 girls are gaining skills in male-dominated industries. With community awareness campaigns, girls are encouraged to fight stereotypes and dream big for their futures.

CHILD PROTECTION



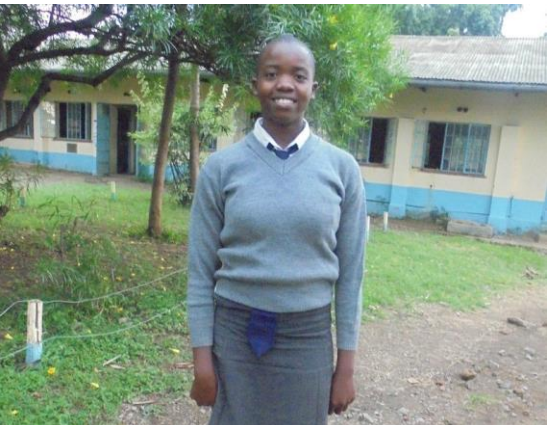
Around half of people in Homa Bay live below the poverty line. This has consistently led to increased child marriages, early pregnancy, school dropout and gender-based violence.

To help keep children safe and empower girls and boys to stand up for their rights, 952 young people took part in training sessions on children's rights, gender equality and sexual health. These youth are now peer leaders, sharing their knowledge with others in their communities.

964 parents learned about child protection and gained positive parenting skills. Parents can now keep their children safe from violence at home and support them to report cases of abuse in the community.

“I am now a trained peer educator in life skills, sexual health and child protection issues. I am happy to take on a leadership role in sensitizing other girls and I am confident of protecting myself.”

Faith (15) from Homa Bay



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Homa Bay.

More than 20% of girls aged 15 to 19 have been pregnant in Homa Bay. We will empower girls and boys with the knowledge they need to make informed decisions about their bodies.

Almost half of people in Homa Bay live in poverty. We will support access to village savings and loans groups and technical training so families can gain new skills and earn a good living.

Unemployment rates amongst youth are very high. We will ensure young people have the technical and vocational skills they need to enter the job market and open the door to a brighter future.

Thank you for your continued support.



“Your support has enabled us to enhance household incomes by supporting business and farming activities, which has improved the quality of life for children. Thank you.”

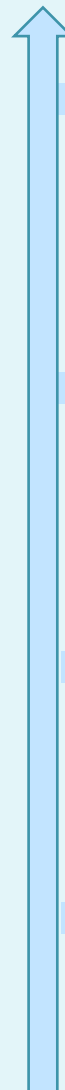
Douglas Ongoro
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY

752

Children received school uniforms



SEPTEMBER

952

Young people learned about their sexual health



NOVEMBER

29

Parenting groups received crop seeds



NOVEMBER

89

Students supported with vocational training

