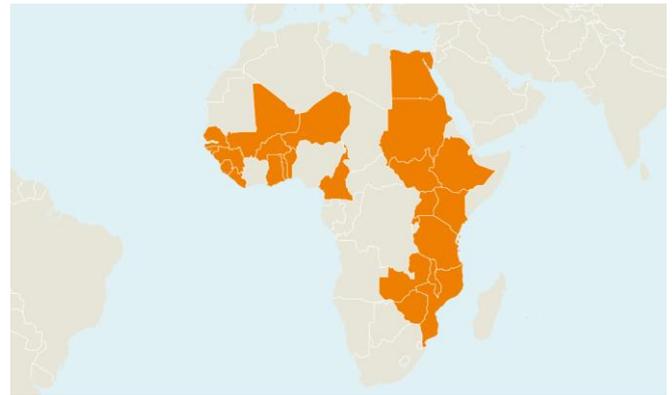


ANNUAL UPDATE

RWANDA

NYARUGURU



Together with your sponsorship, children and families are making positive changes in Nyaruguru. Learn more about the valuable ways we work with children and communities.

Most of Nyaruguru's 318,126 residents are farmers. The area is extremely vulnerable to climate change, with heavy rains, limited drainage and unstable soil. This year, we helped establish six field schools for farmers. 36 young people completed internships through our youth employment programs and 197 teens and young adults learned about budgeting through Village Savings and Loans Groups. Educational toys were provided to support children in early childhood development centres.



500

toddlers learning in new early learning centres



377

young people participated in business coaching workshops



670

community members received farming supplies

“PLAN’S CASH VOUCHER ASSISTANCE HELPED ME BUY SCHOOL MATERIALS, A UNIFORM AND A GOAT.”

Joseline, 16 years old, Sponsored Child





NAME: ALICE

AGE: 15

**DREAMS TO BE: A
DOCTOR**

“AFTER MY PARENTS RECEIVED FINANCIAL SUPPORT TO TAKE ME TO THE DOCTOR, I AM NOW ABLE TO ATTEND SCHOOL AND DO MY HOMEWORK ON TIME.”

Meet Alice

Like the child you sponsor, Alice is taking steps toward achieving her goals.

5th year student Alice enjoys learning languages and playing handball with her classmates. A serious case of malaria threatened her studies – and her life.

A Dangerous Illness

Alice is the daughter of farmers, who grow crops like beans and maize and own a pig. Alice enjoys school, and especially likes practising her English.

This year, Alice became very sick with malaria. Although Rwanda has done incredible work reducing the mortality of malaria cases in recent years, Alice’s family struggled to access medical care. That’s not unusual: in areas of high poverty, like Nyaruguru, families have limited access to health insurance or health facilities, which are often far away. This isn’t just dangerous for children like Alice: it can also be life-threatening to expecting mothers. When Alice’s parents weren’t able to afford her medical treatment, we stepped in to help.

Back On My Feet

Today, Alice still has some lingering health issues after her case of malaria. But she is resilient, and has returned to school: her grades have even improved! Alice is now back in school and, like her classmates, has access to donated school supplies so that no one falls behind.

Alice’s mother is a member of Plan’s Village Saving and Loans Group, where she has saved up enough money to buy medical insurance for the whole family.



Alice with her classmates.

OUR PROJECTS IN NYARUGURU ARE HELPING CHILDREN THRIVE



KNOWLEDGE IS POWER



Nearly 3.6 million students in Rwanda were out of school during the pandemic.

This situation was especially risky for girls and children with disabilities, who are less likely to complete their education. Children between 3 and 9 years old have fallen behind their grade levels in school, increasing the possibility that those students might drop out and have less opportunities down the line.

Through our Early Education Project, educational videos were shared with parents to encourage self-learning and playful activities at home. Teachers received tablets to help their digital learning and teaching. 240 caregivers joined parent groups for positive parenting, and 12 Village Savings and Loans Associations were started to support financial skills and loans for caregivers to cover basic necessities, including education fees and school supplies.

From new businesses to budgeting, parents in Nyaruguru are supporting strong futures for their children.



YOU CAN COUNT ON ME

48% of people in Nyaruguru live below the poverty line.

High rates of teen pregnancies and a changing climate that challenges access to steady income and sufficient food, make the situation for many children in Nyaruguru difficult. This year, 670 residents of Nyaruguru implemented new farming practices using donated seeds and new techniques, benefitting 3,816 community members through additional food and income. 130 fathers were trained in children's nutrition, and they taught their peers. This improved the health of 3,370 young children, and another 126 children received medical care. After assessing the safety of homes, we helped in the improvement of 30 houses in the area so that they're more resilient to natural disasters.

"Plan's farming trainings have changed my life. The harvest keeps improving every season, and my savings helped me buy 2 goats."

- Jean (40) from Nyaruguru



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Nyaruguru.

- In Nyaruguru, early childhood development centres often have limited resources. With your help, we will provide basic materials for the improved functioning of these educational spaces.
- Extreme poverty deprives children of opportunities, and they are more vulnerable to its effects. We will support the further creation of community-based networks for child protection and economic empowerment programs.
- 99% of teen pregnancies caused by sexual violence never receive legal support in Rwanda. We will collaborate with schools and law enforcement in Nyaruguru to help students report violence.

Thank you for your continued support.



“Thank you for your support of the young people of Nyaruguru. We will continue to ensure that girls stand strong, so that they can learn, lead and thrive!”

Sharon Kicono
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY



5

schools receive menstrual hygiene supplies for students

AUGUST



2

early childhood development centres completed

OCTOBER



13

teacher tablets donated to 3 primary schools

NOVEMBER



28

young people enrolled in vocational training