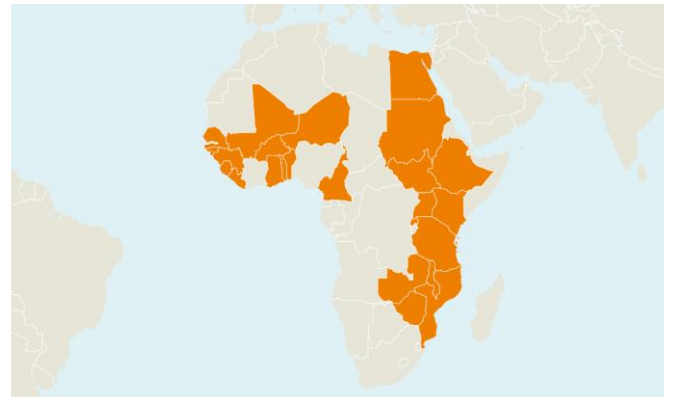


# ANNUAL UPDATE

# TANZANIA

## NKASI



**Together with your sponsorship, children and families are making positive changes in Nkasi. Learn more about the valuable ways we work with children and communities.**

Key projects focused on promoting the rights of girls in the community and enhancing access to sexual and reproductive healthcare. This year, the Girls Get Equal project empowered both girls and boys to advocate for gender equality, while families in Nkasi gained better access to quality, youth-friendly healthcare services.

As a result of these initiatives, children—and their families—have a brighter future.



**10120**

Textbooks distributed to primary schools



**7**

Village Savings and Loan Association groups formed



**457**

Children benefited from child protection desks in schools

**“PLAN PROVIDES COMMUNITY HEALTH INSURANCE SUPPORT. THIS ALLOWS ME TO ATTEND SCHOOL WITHOUT MISSING.”**

Adventina, 17-year-old Sponsored Child





**NAME: YASINTA**

**AGE: 12 YEARS OLD**

**DREAMS TO BE: A DOCTOR**

**“I FEEL VERY LUCKY AS I HAVE THE CHANCE TO TALK TO MY PEERS AND BRING ATTENTION TO A CRITICAL ISSUE THAT HAS A SIGNIFICANT IMPACT.”**

## Meet Yasinta

**Like the child you sponsor, Yasinta is making steps towards achieving her goals and building a stronger future for herself.**

Because of her outstanding academic performance, her respect towards teachers and pupils, and her ability to educate others about gender issues, Yasinta was elected to help lead her community in the fight against abuse.

## Developing a System of Support

Child abuse, violence against children and child marriage are pressing concerns in Yasinta's community. Gender desks in schools, supported by Plan, help to safeguard children from harm and facilitate the report of abusive situations.

Yasinta was one of the students elected to help form a child protection gender desk for pupils who attend school, and a council for out-of-school children. With such measures in place, young advocates help children address instances of violence. Council members are also able to provide education to their fellow students on issues of abuse. As Yasinta says, “Many children face the challenges of abuse and violence but they feel ashamed or unable to report.”

## Creating Change in Her Community

Through her participation in the programme, Yasinta has grown and gained confidence. She knows that many children are subjected to violence and suffer mentally, physically and academically. At the same time, she's taking that knowledge and using it to influence her community to take a stand against abuse.

“This opportunity has given me the courage to stand up and prevent such acts from happening again to my fellow children,” she says. Through her advocacy, Yasinta is creating change in her community so other children can live in safety.



*Yasinta is a leader in her community*

# OUR PROJECTS IN NKASI ARE HELPING CHILDREN THRIVE



Initiatives like Girls Get Equal are empowering communities to address forms of gender-based violence, including sexual exploitation, gender-based discrimination, and intimate partner violence.

## GIRLS GET EQUAL



The Girls Get Equal programme addresses the issues that lead to gender-based violence, early marriage and marginalisation. Girls Get Equal focuses on education, empowering girls to achieve economic independence. Project interventions have successfully reduced the school dropout rate from 6.9% to 0.41%. Young people are also attending vocational training, enhancing their skills and investing in small businesses.

The programme engages boys to identify and challenge harmful masculinities that perpetuate inequality. This year, 72 young leaders promoted gender equality and social change through youth engagement and peer-to-peer mobilisation.

Finally, 111 community-based Child Protection Committees are working to reduce gender-based violence and make Nkasi a more inclusive place for girls to grow and thrive.

## ACCESS TO HEALTH SERVICES



This year, community initiatives improved access to sexual and reproductive health and rights services, especially for young people. As a result, 239 adolescents and 427 young people benefited from youth-friendly sexual and reproductive healthcare.

Families in the community enhanced their income through Village Saving and Loans Associations (VSLAs). These groups help empower families as they participate in income-generating activities. The money raised supports children, paying for education as well as access to health services through the group social fund. In addition, 8,289 children were supported with Improved Community Health Fund cards, allowing their families to access vital health care services.



“I managed to access health services where previously my parents were not able to afford it...now through health insurance I have recovered and I am continuing well with my primary education studies. Thank you, Plan.” - **Prisca (12) from Nkasi**

# YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Nkasi.

- The Nkasi district has a shortage of classrooms and 60% of schools lack hygienic latrines. This year, we will improve access to quality primary and pre-primary education for pupils.
- We will collaborate with the district government to construct classrooms and gender-segregated, inclusive latrines in primary schools.
- We will also work with the communities to improve gender-friendly sanitation facilities and promote good hygiene practices in schools so children are able to develop healthy habits.

Thank you for your continued support.



“With the support of our sponsors, we have been able to expand our services with the goal of protecting the rights of children.”

**Adolf Kaindoa**  
Programme Area Manager

## THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

## THE LAST 12 MONTHS



### FEBRUARY

177

People trained on the Village Savings and Loan model



### MARCH

16

Latrines constructed for girls and boys



### AUGUST

107

Adults attended community awareness meetings



### SEPTEMBER

99

Teachers and school officials trained on child protection desks

