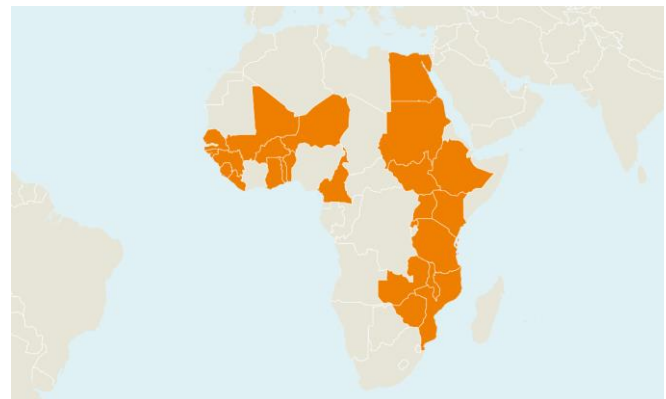


ANNUAL UPDATE

MOZAMBIQUE

MOGOVOLAS



Together with your sponsorship, children and families are making positive changes in Mogovolas. Learn more about the valuable ways we work with children and communities.

Gender norms in Mozambique often discriminate against girls and young women. Promoting information and resources on gender equality is key.

The Break Free programme provided communities with education on sexual and reproductive health and rights, and helped to challenge restrictive gender norms. In addition, the Education Project supported families with gender-responsive learning for pupils from early childhood to secondary school.



21

Community child protection committees established



2,100

Families have access to clean water thanks to 7 new boreholes



15

Education networks trained in gender rights

“I ATTENDED EARLY CHILDHOOD CLASSES. I REAPED THE BENEFITS AND ENCOURAGE PARENTS TO ENROL THEIR CHILDREN.”

Zulfa, 18-year-old Sponsored Child





NAME: PALMIRA

AGE: 12 YEARS OLD

DREAMS TO BE: A DOCTOR

“MY FRIENDS AND I WERE HAPPY TO LEARN THAT WE HOLD THE SAME RIGHTS AS BOYS AND WE CAN DECIDE OVER OUR BODIES AND WHEN TO MARRY.”

Meet Palmira

Like the child you sponsor, Palmira is making steps towards achieving her goals and building a stronger future for herself. By challenging discriminatory gender norms in her community, Palmira encouraged her family to share household tasks equitably, enabling her the time to study—and become the top student in her class.

Living with gender inequality

Palmira was responsible for helping her mother with household chores, while her brothers had fewer duties. This uneven distribution of work affected Palmira’s school progress.

Palmira learned about gender equality in the Champions of Change (CoC) sessions at her school. The CoC programme also engages parents with training on gender rights as well as Village Savings and Loan Associations (VSLA). Palmira's parents decided to join the next session.

After the training, the family challenged themselves to share the household responsibilities. The change was difficult but it reduced the workload of Palmira and her mother.

A family makes a change

Palmira was happy to witness this change. By sharing the household tasks with her siblings, she could dedicate more time to her studies and focus on her academic performance. And through her participation in the VSLA, Palmira’s mother earns money to purchase school supplies. Now, her parents participate in community discussions and promote gender equality.

Palmira became a role model to her peers, upholding the equal treatment of boys and girls—and challenging harmful social norms at the household level.



Palmira is confident and ready to pursue her dreams

OUR PROJECTS IN MOGOVOLAS ARE HELPING CHILDREN THRIVE



The Break Free programme addresses gender norms that limit girls' rights to decide on their sexual and reproductive health and rights.

FREEDOM TO DECIDE



Mozambique has one of the highest rates of early child marriage and early pregnancy. Unequal gender norms tend to discriminate against girls and young women, limiting their ability to make decisions about family planning, marriage, school, or employment.

This year, the Break Free programme reached 14,674 youth with information about sexual and reproductive health and rights. With this knowledge, young people are empowered to make decisions about their bodies and futures.

In addition, people in the community—including parents, teachers and health workers—are becoming more aware of sexual and reproductive rights, and they are actively pursuing access to information in school and health facilities. Traditional leaders are on the forefront of annulling child marriages, and the justice system has been strengthened to address the issue of early marriage.



INCLUSIVE EDUCATION



Children learn—and thrive—in supportive educational environments. Plan's Education Project promotes quality learning opportunities for children and adolescents, from pre-primary to secondary education.

This year, the Education Project helped implement and manage gender-responsive community-based early childhood education in 69 Early Childhood Development (ECD) centres. The project also provided construction material for classrooms and sanitary facilities, and built a solar powered water system in a sponsorship community.

As a result, 842 children were supported in ECD centres, primary and secondary schools. In addition, over 900 children benefit from newly-built classrooms.

“Many students dropped out because of the long distances that separate us from secondary school. Now, we can continue our education in a structure that stands strong against weather, with spaces for learning and separate toilets.” – **Maria (15) from Mogovolas**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Mogovolas.

- The majority of Mozambicans live in rural areas, and 71% earn their livelihoods from agriculture. We will help youth build skills and opportunities to adopt regenerative agricultural practices.
- Poverty is a challenge in Mogovolas. A key focus will be accelerating sustainable economic growth by supporting young women to establish local businesses.
- Primary school pupils are not gaining the basic skills needed to progress in school. This year, initiatives will support teachers to provide gender responsive teaching and inclusive learner-centred methodologies.

Thank you for your continued support.



“My gratitude to sponsors who have supported Plan to ensure that children are healthy, well-educated, safe, and have a voice in decisions that affect their lives.”

Raquelina Mutolo
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



MAY

938

Pupils benefit from three newly-built classrooms



JUNE

8,346

People reached with youth-led community health activities



JULY

80

School council members trained on educational policies



AUGUST

50

Young women received vocational training and start-up kits

