

ANNUAL UPDATE

BOLIVIA

SUCRE



Together with your sponsorship, children and families are making positive changes in Sucre. Learn more about the valuable ways we work with children and communities.

This past year, key projects focused on empowering youth and parents to create change in their lives, families and community.

For example, young people participating in the Enfocate project, advocated for gender equality and adolescent-friendly health services. Also this year, parents participated in educational sessions to learn methods for positive, healthy parenting.

As a result of their advocacy, youth and their families have a happier, healthier future.



641

Children learned about violence prevention



930

Caregivers gained positive parenting skills



6

Health services equipped to provide inclusive care

“WHEN I GROW UP, I WANT TO BE A DOCTOR. I WANT TO CURE PATIENTS, TO HELP PEOPLE AS PLAN HELPED ME.”

Camila, 10-year-old Sponsored Child





NAME: VERÓNICA

AGE: 18 YEARS OLD

DREAMS TO BE: AN AID WORKER

“MY PARTICIPATION IN DIFFERENT WORKSHOPS WITH PLAN HAS HELPED ME OVERCOME MY FEARS AND EXPRESS MYSELF.”

Meet Verónica

Like the child you sponsor, Verónica is making steps towards achieving her goals and building a stronger future for herself.

She is a charismatic young woman interested in a variety of activities, from dance to cooking to academics. Now, as a leader in her community, Verónica has become a role model for other girls and young women.

A Cycle of Inspiring Young Leaders

Verónica's mother died when she was small, leaving her and her siblings in the care of her hard-working father. Her family's livelihood comes from agriculture in a rural area, and Verónica has worked since she was young to pay for her studies and activities.

At age eleven, Verónica was inspired by the energetic and creative teenagers she met through a Plan International school visit. These young leaders motivated her, and she became an enthusiastic participant in Plan leadership programmes. In the following six years, her engagement has been life-changing: She's now studying psychology at a top university, with support from a scholarship she earned through a Girls Take Over event.

On the Path to Success

At the Take Over event, Verónica impressed the audience with a powerful speech where she shared the challenges that young women in rural areas face in order to access a university education. Winning the scholarship as a result opened an opportunity that she describes as “once in a lifetime.”

Now at school in the city, Verónica is focusing on her studies and achieving her dreams—and she is still engaged with Plan, acting as a leader to inspire the next generation of girls. She says: “For me it is a fundamental part of my life.”



Verónica took over as Vice-Rector of the university

OUR PROJECTS IN SUCRE ARE HELPING CHILDREN THRIVE



EMPOWERING LEADERSHIP



It is vital that young people, especially young women, are empowered with skills, resources and opportunities to advocate for their rights. The Enfocate project empowers youth in Sucre with information and resources to campaign for gender equality and an end to gender-based violence. Through the programme, youth develop leadership skills as they advocate for change.

Young people influenced local policies, advocating for budgets and plans that provide gender-sensitive services to adolescents.

This year, participants worked to engage authorities and service providers to improve health care. Key initiatives are preventing gender-based violence and early pregnancy, and providing friendly and safe health services to adolescents. Youth networks strengthened their organisation and trained a new generation of leaders. In addition, 55 adolescents promoted intergenerational dialogues so parents can become involved in creating a brighter future.

ACTIVE PARENTING



Engaging parents, especially fathers, is key to creating a protective, stimulating environment for children.

Through workshops, comprehensive fairs, Parents' Clubs and community projects, the PAPAI project seeks to make an impact with positive parenting methods.

This year, more than 900 parents participated in educational sessions, where they learned skills such as positive discipline, sharing responsibilities and decision-making as a couple. Members of the Parents' Clubs led the development of community projects to respond to protection, health and recreation needs. In addition, 641 children learned about their rights to safety, increasing their knowledge of self-care through educational sessions.

“We have had workshops with Plan staff, who taught us about our rights. Our parents also attended the workshops.”

- Elizabeth (16) from Sucre



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come – and together we will continue to work for a brighter future for the children in Sucre.

- Low rates of psychosocial development in young children are a concern. We will continue to promote early childhood education to help preschoolers reach their developmental milestones.
- In Bolivia, out of 19 teenage pregnancies registered daily, five are children under 15 years old. We will continue to provide youth with information and resources for sexual and reproductive health.
- Parents of children under eight years old need support in developing positive parenting techniques. We will continue to provide resources and education for positive parenting practices.

Thank you for your continued support.



“We have been able to implement various projects. This year with your support, we will continue these actions, responding to the communities in which we work.”

Maria Teresa Sossa
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



MAY

350

Health providers were trained in child development



MAY

30

Parents were strengthened gender equality issues



JUNE

10,000

Oral hygiene kits were delivered to children in school



JUNE

22

Communities benefitted from projects like School gardens and water storage

