

ANNUAL UPDATE

BOLIVIA

VILLA ADELA



Together with your sponsorship, children and families are making positive changes in Villa Adela. Learn more about the valuable ways we work with children and communities.

This past year, key projects focused on empowering youth and parents to create change in their lives, families and community. Young people who participated in the ARRIBA Project gained vital information and resources on sexual and reproductive health and rights. In addition, youth in the Enfocate programme advocated for gender equality and violence prevention.

As a result of these initiatives, youth and their families have a brighter future.



37

Youth benefited from entrepreneurial support



7,739

Youth were trained in sexual abuse prevention



250

Youth were involved in leadership and decision-making

“WHEN I GROW UP, I WANT TO BE A DOCTOR. I WANT TO CURE PATIENTS, TO HELP PEOPLE AS PLAN HELPED ME.”

Camila, 10-year-old Sponsored Child





NAME: VERÓNICA

AGE: 18 YEARS OLD

DREAMS TO BE: AN AID WORKER

“MY PARTICIPATION IN DIFFERENT WORKSHOPS WITH PLAN HAS HELPED ME OVERCOME MY FEARS AND EXPRESS MYSELF.”

Meet Verónica

Like the child you sponsor, Verónica is taking steps towards achieving her goals and building a stronger future for herself.

She is a charismatic young woman interested in a variety of activities, from dance to cooking to academics. Now, as a leader in her community, Verónica has become a role model for other girls and young women.

A Cycle of Inspiring Young Leaders

Verónica's mother died when she was small, leaving her and her siblings in the care of her hard-working father. Her family's livelihood comes from agriculture in a rural area, and Verónica has worked since she was young to pay for her studies and activities.

At age eleven, Verónica was inspired by the energetic and creative teenagers she met through a Plan International school visit. These young leaders motivated her, and she became an enthusiastic participant in Plan leadership programmes. In the following six years, her engagement has been life-changing: She's now studying psychology at a top university, with support from a scholarship she earned through a Girls Take Over event.

On the Path to Success

At the Take Over event, Verónica impressed the audience with a powerful speech where she shared the challenges that young women in rural areas face in order to access a university education. Winning the scholarship as a result opened an opportunity that she describes as “once in a lifetime.”

Now at school in the city, Verónica is focusing on her studies and achieving her dreams – and she is still engaged with Plan, acting as a leader to inspire the next generation of girls. She says: “For me it is a fundamental part of my life.”



Verónica took over as the Vice-Rector of the university

OUR PROJECTS IN VILLA ADELA ARE HELPING CHILDREN THRIVE



Young leaders are creating real change in their communities through political advocacy and leadership.

EQUALITY THROUGH ADVOCACY



It is vital that young people, especially young women, are empowered with skills, resources and opportunities to advocate for their rights.

The Enfocate project empowers youth in Villa Adela with information and resources to advocate for gender equality and to bring an end to gender-based violence. Through the programme, youth develop life skills as they advocate for change in their community. This year, the programme welcomed new members and trained 46 adolescent leaders on political engagement and leadership. In addition, 43 health personnel and 6 health centres are supporting gender rights with training and certification.

As a result of the community's initiatives, new laws and directives are helping to address violence prevention, while agreements with state institutions are creating a brighter future for gender equality in Villa Adela.

EMPOWERING HEALTHCARE RIGHTS



In Bolivia, many young people lack knowledge and resources to manage their sexual health. The ARRIBA Project supports adolescents with the information, resources and skills to exercise their sexual and reproductive rights. This year, 263 adolescents and young people learned about their sexual and reproductive health and rights.

In addition, 79 women learned about family planning, birth spacing, gender-based violence prevention, and sexual and reproductive rights.

Health care providers support the initiative too. In fact, 35 medicine providers such as midwives and traditional doctors trained in the prevention of sexual violence, and connected with the public health system.

“There is not enough time when there is an emergency. Nearby communities and patients always call us. And when the doctor calls me, we go out and help the people together.”

- Cristina, midwife from Villa Adela



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come – and together we will continue to work for a brighter future for the children in Villa Adela.

- Only 32% four-year-olds have access to early learning. We will continue to promote early childhood education and playful methodologies that allow parents to be included in positive parenting and early stimulation.
- Rates of youth unemployment in Bolivia are high and continue to grow. To help, we will improve the development of skills and leadership with young entrepreneurs in our community.
- Many people lack information and resources on sexual and reproductive health and rights. We will work to minimise gender gaps, ensuring that adolescents and young women have access to information.

Thank you for your continued support.



“We empowered youth with a gender approach, feminist and inclusive leadership, achieving significant changes. Thank you for your valuable collaboration.”

Oscar Ayllón
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



MARCH

2.242

Adolescents learned about sexual and reproductive rights



APRIL

134

Teachers were trained on life project methodology



JULY

108

Women were trained in community feminism



OCTOBER

35

Men learned about positive masculinity and violence prevention

