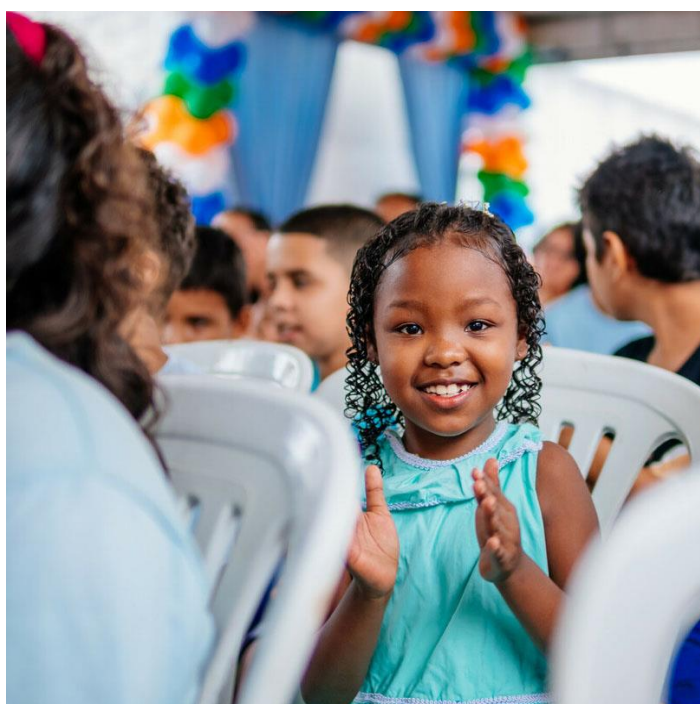


ANNUAL UPDATE

BRAZIL

CODÓ



Together with your sponsorship, children and families are making positive changes in Codó. Learn more about the valuable ways we work with children and communities.

Most of Plan's Sponsored Children in Codó come from rural areas where residents are primarily farmers.

In Codó, only 20% of students finish elementary school with adequate learning of Portuguese. Over the last year, we have collaborated with community members of all ages to uplift the next generation and create brighter futures. Whether it was taking part in healthy hygiene workshops or our mentorship programme for young women entrepreneurs, your support has helped us change lives.



14,655

Community members learnt more about gender equality



800

Students participated in workshops on adolescent health



50

Young women received support to start their own businesses

“PLAN HAS CHANGED MY LIFE. TODAY, I CAN PLAY SPORTS AND TALK ABOUT MY RIGHTS.”

- Kimberle, 15-year-old Sponsored Child





NAME: ANGELA

AGE: 14

DREAMS TO BE: A FOOTBALLER

“PEOPLE USED TO TELL ME THAT FOOTBALL WASN'T FOR GIRLS, BUT THAT DIDN'T INTIMIDATE ME.”

Meet Angela

Like the child you sponsor, Angela is taking steps towards achieving her goals. Angela lives in a part of São Luís where most of her neighbours fall below the poverty line. Here, young girls have few safe spaces to talk about their ambitions.

Empowerment Through Sports

Through playing football, Angela discovered a new talent – but not everyone in her community was supportive. Luckily, Angela is determined and fearless. As a participant in Plan's La League: Taking Teenage Pregnancy and Child Marriage Out of Play programme, Angela found a safe, supportive place to continue nurturing her ability on the field and beyond.

Our gender-inclusive approach brings together engaging, energetic sports activities and important lessons about adolescent health, girls' rights, assertive communication, and teenage pregnancy prevention. We also made sure that Angela and her teammates always have the equipment they need to continue defending their goals.

My Future Is Bright

In the La League programme, we are also focused on encouraging young, passionate dreamers like Angela to build bright, successful futures. Confident Angela never needed our help to be a great football player, but today, she's continuing to play her favourite sport with the support of her community members, including those who used to discourage her and other young women from playing. Now, Angela plays football with her family and friends cheering her on from the touchlines.



Angela practices football in São Luís.

OUR PROJECTS IN CODÓ ARE HELPING CHILDREN THRIVE



SKILLS TO SUCCEED



In 2022, our goal was to mentor and work with 45 young women (ages 18 to 35) to support their entry into the workforce, building their confidence and establishing financial independence.

We met and exceeded that goal, as 50 women in Codó participated in our Empower Her programme. Over the course of the last year, we've worked closely with these women to discuss critical topics like self-esteem, interpersonal relationships, and confidence. We also provided vocational training for our participants, with courses like Entrepreneurship and Digital Marketing, Business Management, and Female Leadership. To cap things off, we provided seed capital to all mentees, giving them the leg up they needed to begin their own small businesses.

From community gardens to vocational training – we're growing strong, vibrant futures.

SEEDS OF CHANGE



Just 55% of Brazil's population has access to adequate sanitation facilities.

After collaborating with residents to establish three community gardens, which were maintained through 163 technical visits by a hired agronomist, our Water, Health, and Life programme helped build two wells in the community of Canto do Coxo in the region Codó. 696 residents took part in six meetings to discuss our project and goals. We also worked with students to discuss critical issues like menstrual health, hygiene, and gender equality. In total, we held 294 such workshops with children and adolescents.

“The Water, Health, and Life project led me to pursue a university degree in Agricultural Engineering. I'm so grateful to Plan for helping me follow my dreams.”

- Nailza, 18-year-old project participant



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come – and together we will continue to work for a brighter future for the children in Codó.

- Sexual violence against children has increased by 70% since 2022. Next year, we will strengthen social institutions in Codó to protect and fight for the rights of at-risk young people.
- Men in Brazil have more professional leadership roles than women. We will continue to build the business skills of young women through vocational training, funding, childcare, and emotional support.
- 76.5% of incidents of sexual violence take place at home, making schools a critical space to protect children's safety. We will collaborate with educators to build support systems for the young learners of Codó.

Thank you for your continued support.



“With your support, we have had the opportunity to provide a fairer, more equal world for children. You are an important part of transforming people's lives. Thank you.”

Karla Fernandes
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY

57

Women participated in vocational training



MARCH

2

Local policies drafted to protect children's rights



APRIL

615

Young people learnt about health and gender equality



JUNE

1,373

People benefitted from three community gardens

