

ANNUAL UPDATE

VIETNAM

QUANG TRI



Together with your sponsorship, children and families are making positive changes in Quang Tri. Learn more about the valuable ways we work with children and communities.

This year, key projects focused on empowering young people with opportunities to learn, develop and grow. For example, participants in the Girls Ready for Future project gained knowledge, information and career education. In addition, youth representing over 1,000 children raised their voices on child-protection issues with community leaders.

Thanks to these initiatives, children—and their families—have a healthier future.



4,500

Pupils learned about early marriage and human trafficking



1,223

Children benefited from Playing and Reading groups



65

Households improved family nutrition by raising chickens

AFTER JOINING CHAMPIONS OF CHANGE, I WAS ABLE TO TAKE BETTER CARE OF MYSELF AND PROTECT MYSELF.”

My, 13-year-old Sponsored Child





NAME: HIEN

AGE: 13 YEARS OLD

**DREAMS TO BE: A
TEACHER**

“WITH EFFORTS FROM MEMBERS OF CHAMPIONS OF CHANGE CLUBS, WE WILL BE ABLE TO KEEP OURSELVES PROTECTED FROM CYBER VIOLENCE.”

Meet Hien

Like the child you sponsor, Hien is making steps towards achieving her goals and building a stronger future for herself. Like many children in the mountainous countryside where she lives, Hien relies on her mobile phone to communicate and to expand her world. Online safety is key for Hien and members of her Champions of Change (CoC) club.

Enhancing Knowledge of Cyber Safety

According to a survey conducted by Plan Vietnam, 46% of respondents reported experiencing cyber abuse. Hien knows this first-hand: An online friend texted to ask for a pre-paid phone card. Hien trusted the friend. Unfortunately, the friend's account was hacked and Hien never received the money.

Online protection is a priority for young people, enabling them to make use of technology while staying safe. A project focused on protecting youth from cyber bullying and violence began in 2021 with 30 Champions of Change (CoC) clubs. Hien is one of 90 members working on this project. Within three years, club members expect that over 13,500 youth will have gained knowledge and skills on cyber safety.

Working Together to Make a Change

The club met regularly to discuss types of online abuse, and brainstormed how to prevent cyber bullying. The club's efforts made a big impact: Hien and her fellow CoC members won first prize at a "Prevention of harmful online interactions" competition. Their winning entry is a video about online cyber bullying developed by Hien and CoC members.

Today, Hien facilitates regular CoC club meetings at her school, and is organising an upcoming cyber safety event. Through her participation and leadership, Hien is helping to create lasting change for youth in her community.



Hien is advocating for cyber safety

OUR PROJECTS IN QUANG TRI ARE HELPING CHILDREN THRIVE



GIRLS READY FOR FUTURE



Limited access to vocational training and career orientation at school prevent youth from employment prospects and economic opportunities. Young women are also often expected to sacrifice their formal education for the benefit of their male siblings and give up their education to perform family caregiver roles.

The Girls Ready for Future project equips girls and young women with information of career education to pursue work opportunities or self-employment.

This year, 4,690 students attended career orientation sessions, developing their core competencies for jobs and development. Students also explored traditional local occupations such as organic vegetable farming, weaving and handicrafts. In addition, an animal husbandry start-up boosted income for 146 participants who raised goats, pigs and chickens.

Student competitions rooted in STEM principles (science, technology, engineering and math) inspired pupils to develop innovative products.



EMPOWERING GIRLS

Six out of ten women and girls have experienced at least one form of domestic violence in their lives. It is key to support girls—especially ethnic minority girls—with resources to advocate for a protective environment where they can learn and thrive.

This year, 440 youth representing 1,013 children and their parents in three communities advocated for child-protection issues during the annual dialogue with community leaders, school leaders and the Women's Union. The dialogue focused on issues such as school drop-out rates, early marriage, job opportunities and more.

In addition, 31 teachers learned how to integrate gender equity into their vocational curricula.

“I feel happy to be a representative of my peers. Some of my friends shared with me that their parents used to not spend time to understand them...since their parents joined the dialogue with youth and leaders, their behaviours have changed.” - **Hang (14) from Quang**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Quang Tri.

- 71% of children report having experienced school-related gender-based violence. We will continue to advocate for child-friendly spaces at school to create a safer, healthier environment where children can learn.
- Approximately 30% of ethnic minority women aged 15-19 are married. We will support girls' activism through Champions of Change clubs, and engage community leaders on the importance of girls' education.
- A lack of education and vocational training mean many young women are economically excluded. We will continue to support youth with entrepreneurship skills and opportunities.

Thank you for your continued support.



“Thanks to your contribution to the development of children in Quang Tri. This year career models have created opportunities for children to make better choices for their future.”

Nguyen Tran Nguyen
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY



84

teachers completed training courses on child protection

MARCH



240

people trained in early disaster warning system

APRIL



640

pupils learned about self-assessment and careers

DECEMBER



2.238

parents learned about injury prevention