

ANNUAL UPDATE

VIETNAM

QUANG BINH



Together with your sponsorship, children and families are making positive changes in Quang Binh. Learn more about the valuable ways we work with children and communities.

This past year, key projects focused on empowering children and young people with safe places to learn and grow. For example, youth participating in Champions of Change clubs trained on, and advocated for, online safety. In addition, early education initiatives supported primary and pre-school children with quality, inclusive learning environments. More than 8,000 students were trained in sexual and reproductive health and rights and now stand stronger to have control over their bodies and lives.



1,727

Children participated in Playing and Reading groups



1,799

Caregivers learned positive parenting skills



450

Champions of Change members learned cyber bullying prevention

“AFTER JOINING CHAMPIONS OF CHANGE, I WAS ABLE TO TAKE BETTER CARE OF MYSELF AND PROTECT MYSELF.”

My, 13-year-old Sponsored Child





NAME: HIEN

AGE: 13 YEARS OLD

**DREAMS TO BE: A
TEACHER**

“WITH EFFORTS FROM MEMBERS OF CHAMPIONS OF CHANGE CLUBS, WE WILL BE ABLE TO KEEP OURSELVES PROTECTED FROM CYBER VIOLENCE.”

Meet Hien

Like the child you sponsor, Hien is making steps towards achieving her goals and building a stronger future for herself. Like many children in the mountainous countryside where she lives, Hien relies on her mobile phone to communicate and to expand her world. Online safety is key for Hien and members of her Champions of Change (CoC) club.

Enhancing Knowledge of Cyber Safety

According to a survey conducted by Plan Vietnam, 46% of respondents reported experiencing cyber abuse. Hien knows this first-hand: An online friend texted to ask for a pre-paid phone card. Hien trusted the friend. Unfortunately, the friend's account was hacked and Hien never received the money.

Online protection is a priority for young people, enabling them to make use of technology while staying safe. A project focused on protecting youth from cyber bullying and violence began in 2021 with 30 Champions of Change (CoC) clubs. Hien is one of 90 members working on this project. Within three years, club members expect that over 13,500 youth will have gained knowledge and skills on cyber safety.

Working Together to Make a Change

The club met regularly to discuss types of online abuse, and brainstormed how to prevent cyber bullying. The club's efforts made a big impact: Hien and her fellow CoC members won first prize at a "Prevention of harmful online interactions" competition. Their winning entry is a video about online cyber bullying developed by Hien and CoC members.

Today, Hien facilitates regular CoC club meetings at her school, and is organising an upcoming cyber safety event. Through her participation and leadership, Hien is helping to create lasting change for youth in her community.



Hien is advocating for cyber safety

OUR PROJECTS IN QUANG BINH ARE HELPING CHILDREN THRIVE



Representatives of Champions of Change clubs led initiatives to keep themselves and fellow students safe.

PROTECTION FROM CYBER VIOLENCE



Online abuse, harassment and exploitation are key issues facing young people in Quang Binh. In a recent survey, 91% of youth said they have internet access, but only 10% have the knowledge and skills to use it safely. It was key to provide resources to keep youth safe.

This year, adolescents learned how to protect themselves and others from cyber bullying: 34 representatives of the Children's Council and Champions of Change (CoC) clubs trained on how to tackle cyberbullying. In addition, 450 CoC members attended ongoing meetings and training sessions to identify cyber abuse and brainstorm responses to online risks. More than 3,500 students participated in contests in anti-cyberbullying and anti-harassment, contributing innovative ideas and leading changes in schools, and 15 initiatives on cyber safety were selected for use in communication activities.

A SMART START



Quality early learning and preschool education are essential for children's development. Yet in Quang Binh, many schools and playgrounds are in poor condition.

As a result of early education initiatives, 775 primary and pre-school children benefited from a better learning environment thanks to 6 newly constructed classrooms equipped with learning and teaching aids. In addition, 1,727 children have better opportunities for language and physical development through activities in Playing and Reading Groups. Every month children meet and enjoy reading, drawing, playing games and sports.

In addition, 1,799 parents formed 72 Parenting Groups, enhancing their knowledge of child development.

“Since the Child Playing and Reading Group was established in my village, all children have been able to access a playground. We can read different books that we never had at our home. Our learning becomes better.” - **Nhu (10) from Quang Binh**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Quang Binh.

- Insufficient vocational training has led to a mismatch between the skills of the labour force and the market needs. We will support Champions of Change groups as they promote career orientation activities.
- 41% of parents and caregivers used nurturing care practices for their young children's development. This year, we will continue to promote parenting groups and supporting participation in Playing and Reading groups.
- Many adults lack information about child protection. With parent-teacher dialogue, caregivers will learn more about protecting children from abuse in online spaces.

Thank you for your continued support.



“Thanks to your support and contribution, we are working hard to bring a safe and healthy environment for children to learn and grow up.”

Le Duc Ha
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



FEBRUARY



8,647

students learned about menstrual health and hygiene

APRIL



1,939

students learned about sexual abuse and harassment

SEPTEMBER



353

pupils benefited from counselling activities

NOVEMBER



1,986

parents trained on child protection in online spaces