

ANNUAL UPDATE

VIETNAM

HA GIANG



Together with your sponsorship, children and families are making positive changes in Ha Giang. Learn more about the valuable ways we work with children and communities.

This past year, key projects focused on empowering children and young people with opportunities to live and learn safely. For example, cyber safety initiatives teach children and youth about online protection. The project also includes training for teachers, parents and children on how to prevent child marriage and empower girls to take control and speak out. The Community Resilience project provides community members with skills to prepare for and recover from disasters.



12,500 young people learned about child protection



1,200 children enjoyed community centres with playgrounds



3,200 pre-schoolers benefited from nutrition project

“AFTER JOINING CHAMPIONS OF CHANGE, I WAS ABLE TO TAKE BETTER CARE OF MYSELF AND PROTECT MYSELF.”

My, 13-year-old Sponsored Child





NAME: HIEN

AGE: 13 YEARS OLD

**DREAMS TO BE: A
TEACHER**

“WITH EFFORTS FROM MEMBERS OF CHAMPIONS OF CHANGE CLUBS, WE WILL BE ABLE TO KEEP OURSELVES PROTECTED FROM CYBER VIOLENCE.”

Meet Hien

Like the child you sponsor, Hien is making steps towards achieving her goals and building a stronger future for herself. Like many children in the mountainous countryside where she lives, Hien relies on her mobile phone to communicate and to expand her world. Online safety is key for Hien and members of her Champions of Change (CoC) club.

Enhancing Knowledge of Cyber Safety

According to a survey conducted by Plan Vietnam, 46% of respondents reported experiencing cyber abuse. Hien knows this first-hand: An online friend texted to ask for a pre-paid phone card. Hien trusted the friend. Unfortunately, the friend's account was hacked and Hien never received the money.

Online protection is a priority for young people, enabling them to make use of technology while staying safe. A project focused on protecting youth from cyber bullying and violence began in 2021 with 30 Champions of Change (CoC) clubs. Hien is one of 90 members working on this project. Within three years, club members expect that over 13,500 youth will have gained knowledge and skills on cyber safety.

Working Together to Make a Change

The club met regularly to discuss types of online abuse, and brainstormed how to prevent cyber bullying. The club's efforts made a big impact: Hien and her fellow CoC members won first prize at a "Prevention of harmful online interactions" competition. Their winning entry is a video about online cyber bullying developed by Hien and CoC members.

Today, Hien facilitates regular CoC club meetings at her school, and is organising an upcoming cyber safety event. Through her participation and leadership, Hien is helping to create lasting change for youth in her community.



Hien is advocating for cyber safety

OUR PROJECTS IN HA GIANG ARE HELPING CHILDREN THRIVE



Through e-lessons and training sessions, 3,200 students learned to safely access the internet for information and education.

INTERNET SKILLS AND SAFETY



Many children, adolescents and youth in Ha Giang have experienced at least one form of cyber violence. Many youth lack information about online protection. Improving cyber safety and internet literacy skills was vital.

The cyber safety project aims to support around 7,500 ethnic minority children, adolescents and youth to improve knowledge and skills on cyber safety, helping reduce gender violence, early and forced marriage, and human trafficking.

Schools were a focal point for teaching and sharing information. Teachers trained on topics such as cyber safety, gender violence and human trafficking. The project included 228 e-lessons on themes like sexual abuse and harassment, online bullying and peer pressure. Those topics were then taught to 3,200 students, empowering them to access the internet and social networks for safe online learning.



COMMUNITY RESILIENCE



Because of its geographical location, Ha Giang is vulnerable to typhoons, landslides and fires. The Community Resilience project provides children and adults with knowledge and skills to prepare for, respond to, and recover from disasters.

This year, 200 people participated in disaster preparedness and recovery planning. Initiatives included house reinforcement demonstration, solar light installation and water tank storage. Around 13,900 people benefited from these solutions.

In addition, nine teachers learned about assessment tools for school safety plans, and 1,500 students learned about disaster risk mitigation through communication events.

“My family had to live in a temporary house due to the landslide. Not only my family but also other community people now know how to secure the roof with metal sheets and brace the house when the rainy and typhoon season starts.” - **Lich (13) from Ha Giang**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Ha Giang.

- 29% of girls drop out of upper secondary school. We will continue to promote gender equality with a focus on girls' education.
- Women, especially ethnic minority women, have few opportunities to acquire vocational training. We will create an enabling environment for young women to pursue skills development through the construction of learning centres, workshops and dialogues with local authorities and business owners.
- 95% of the villages lack safe playgrounds. We will promote opportunities for children to access safe, healthy environments.

Thank you for your continued support.



“Thanks to the support of our sponsors, our children can develop to their full potential. We will continue to work to fulfil the children's rights in the coming years.”

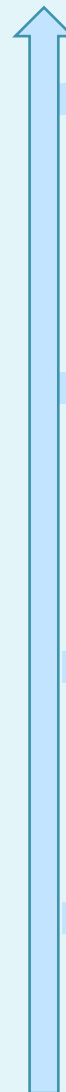
Duong Van Tuy
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY



5,600

secondary students learned about self-protection

MARCH



4,200

teachers and students learned early marriage prevention

MAY



1,300

children learned about children's rights

DECEMBER



1,200

Students attended career demonstrations