

ANNUAL UPDATE

VIETNAM

KON TUM



Together with your sponsorship, children and families are making positive changes in Kon Tum. Learn more about the valuable ways we work with children and communities.

This past year, key projects focused on empowering children and young people with opportunities to learn, develop and grow. Two child-friendly libraries were built and equipped, helping 773 students and 40 educators access information. In addition, parents learned about nutrition, healthy eating and early childhood development through Parenting Groups. Two water supply systems were installed benefitting over 700 people. We worked with youth to build capacity and empower girls to be leaders in their communities.



4,063

young people participated in vocational training



348

teachers trained on gender-based violence prevention



400

children trained in sexual and reproductive rights

“AFTER JOINING CHAMPIONS OF CHANGE, I WAS ABLE TO TAKE BETTER CARE OF MYSELF AND PROTECT MYSELF.”

My, 13-year-old Sponsored Child





NAME: HIEN

AGE: 13 YEARS OLD

**DREAMS TO BE: A
TEACHER**

“WITH EFFORTS FROM MEMBERS OF CHAMPIONS OF CHANGE CLUBS, WE WILL BE ABLE TO KEEP OURSELVES PROTECTED FROM CYBER VIOLENCE.”

Meet Hien

Like the child you sponsor, Hien is making steps towards achieving her goals and building a stronger future for herself. Like many children in the mountainous countryside where she lives, Hien relies on her mobile phone to communicate and to expand her world. Online safety is key for Hien and members of her Champions of Change (CoC) club.

Enhancing Knowledge of Cyber Safety

According to a survey conducted by Plan Vietnam, 46% of respondents reported experiencing cyber abuse. Hien knows this first-hand: An online friend texted to ask for a pre-paid phone card. Hien trusted the friend. Unfortunately, the friend's account was hacked and Hien never received the money.

Online protection is a priority for young people, enabling them to make use of technology while staying safe. A project focused on protecting youth from cyber bullying and violence began in 2021 with 30 Champions of Change (CoC) clubs. Hien is one of 90 members working on this project. Within three years, club members expect that over 13,500 youth will have gained knowledge and skills on cyber safety.

Working Together to Make a Change

The club met regularly to discuss types of online abuse, and brainstormed how to prevent cyber bullying. The club's efforts made a big impact: Hien and her fellow CoC members won first prize at a "Prevention of harmful online interactions" competition. Their winning entry is a video about online cyber bullying developed by Hien and CoC members.

Today, Hien facilitates regular CoC club meetings at her school, and is organising an upcoming cyber safety event. Through her participation and leadership, Hien is helping to create lasting change for youth in her community.



Hien is advocating for cyber safety

OUR PROJECTS IN KON TUM ARE HELPING CHILDREN THRIVE



This year, 252 households increased their income and quality of daily meals by raising ducks, chicken and fish.

A HEALTHY START



In Kon Tum, there are high rates of stunting among children under 5 years old.

This year, 3,502 parents enhanced their knowledge of nutrition through 105 Parenting Groups. Here, 630 communication sessions on nutrition and childcare empowered families with knowledge and information. Parents and caregivers brought locally available food such as rice, eggs, river shrimp, crabs, pumpkin and green beans to contribute to the cooking demonstration. Questions related to nutrition were addressed by group members and health workers.

In addition, over 5,000 children under five years old benefited from 27 nutrition initiatives, which included family training on food processing, food safety and hygiene –and how to increase family income by selling nutritious food.

EDUCATION FOR ALL



Lack of reading and learning supplies was a key issue in Kon Tum. This year, improving the learning environment for children and youth was key.

As a result, two child-friendly libraries were built and equipped with furniture and books, helping 773 students and 40 educators access information for teaching and learning. A collective reading day per week was conducted for all school children. This led to improved language abilities and helped students to form a reading habit.

In addition, 100 children from four children's clubs led discussions on child protection with their peers. With the support of teachers, the club members organised discussions on topics such as the importance of school.

“Thanks to support from Plan, we can not only read books but also do other activities (playing chess, drawing, etc.) in the newly built library. There are many interesting stories and reference books for us to read.” - **Tam (10) from Kon Tum**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Kon Tum.

- We will address high rates of malnutrition for children under 5 years old by supporting pregnancy care at remote villages, and training health collaborators on nutrition.
- Many children and youth lack information and knowledge about their rights. This year, we will continue to improve the capacity and empowerment of girls, especially through the Champions of Change clubs.
- To support parents and caregivers, we will mobilise parental and community support to increase home-based early stimulation and a smooth transition from preschool to primary schools.

Thank you for your continued support.



“The achievements during the past years have significantly improved the learning environment and nutrition of children. Thank you so much for supporting the children in Kon Tum.”

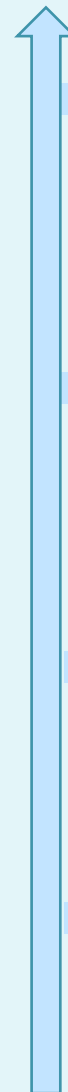
Nguyen Huy Hoang
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



MARCH

730

people accessed clean water thanks to a new water system



APRIL

252

families improved their nutrition by raising fowl



APRIL

44

youth council members trained in child protection



DECEMBER

6.000

children learned about hygiene and disease prevention

