

ANNUAL UPDATE

MYANMAR

NYAUNG U



Together with your sponsorship, children and families are making positive changes in Nyaung U. Learn more about the valuable ways we work with children and communities.

The coronavirus pandemic forced students to transition to remote learning and political unrest led to violence around the country. Today, many students in Nyaung U continue to learn from home. As part of Plan’s mission to ensure that every child has access to a bright future, we have redoubled our efforts to strengthen the community safety net surrounding these vulnerable students. From training teachers and parents in homeschooling to creating spaces for early childhood education, we helped families get through this challenging time.



1704

Children learned how to use computers



524

Young women developed vocational skills



1316

Pregnant women received food support

“AS A SPONSORED CHILD, I FEEL CONFIDENT. I AM AN AGENT OF CHANGE FOR MY VILLAGE.”

- Khaing, 16 years old, Sponsored Child





NAME: NU

AGE: 10

**DREAMS TO BE: A
TEACHER**

“I HAVE BETTER KNOWLEDGE OF MY RIGHTS. I WILL KEEP SHARING WHAT I HAVE LEARNED WITH OTHERS.”

Meet Nu

Like the child you sponsor, Nu is making steps towards her goal and achieving lasting change.

As a member of Plan Myanmar’s Water and Sanitation Hygiene group, Nu is learning valuable lessons about health to pass along to her friends.

From Learners to Leaders

In Nyaung U, just over 68% of the population has access to sanitary toilets, and around 75% can easily drink clean water.

Plan International’s Water Sanitation and Hygiene group (WASH) brings together improved sanitation with health education and lessons about safety. In total, we installed five new hand-washing basins and latrines, benefitting almost 800 of Nu’s neighbours. Before Plan began discussing environmental sanitation and waste with the people of Nyaung U, 62-year-old Htun recalls waves of sicknesses that would sweep through her village due to unsafe waste disposal. “Now, 100% of our village has built latrines”, she says.

I Am A Role Model

3,001 children received hygiene kits, and 2,919 of them – including Nu – already knew exactly how to use them, because of our workshops.

Nu has been learning to become a spokesperson, role model and leader in her community from a young age. Now, she is confidently participating in conversations with older family members about sanitation, violence and children’s safety. “I have learned a lot about hygiene and sanitation”, Nu tells us. “I also know how to report violence if I see child abuse.”



Today, Nu feels confident.

OUR PROJECTS IN NYAUNG U ARE HELPING CHILDREN THRIVE



As political unrest ripples through Myanmar, we are doing our part to extend a safety net to vulnerable children and families.

WE ARE RESILIENT



As political violence in Myanmar escalates, remote learning remains the norm in Nyaung U. Like many students around the world, young learners in Nyaung U had to stay home from school and learn remotely during the early years of the pandemic. As political unrest has taken hold in Myanmar, at-home learning has continued, threatening the continued education of many.

Since 2021, we have worked to support the parents of Nyaung U by providing home-schooling activities, recreational activities and parenting workshops to lighten the load for overwhelmed parents and keep children learning. We provided training sessions in learning games that emphasize creativity, movement, numbers and language skills for children ages 3 to 6 to 2,290 parents. An additional 4,805 parents and 87 teachers received training in home-schooling and early childhood development, and 1,011 children benefitted from emergency food supplies.



RAISING OUR VOICES



Women and girls in Myanmar are less likely than men to have paying jobs. When they do hold those jobs, they are generally paid less than their male colleagues.

Poverty in Myanmar has worsened dramatically since the pandemic and the country's political crisis, with an additional 12 million people – particularly women and children – now living in poverty. Last year, we started what will be a six-year-long intervention in Nyaung U to empower young people to pursue their dreams with confidence. This year, 934 at-risk adolescents and young adults participated in our vocational skills and basic computer training courses. We also spoke with participants about gender equity, sexual health and respectful relationships, part of our work to break the cycle of gender-based violence.

"The programme has truly been life-changing for me, and I have already seen the positive impact it has had on my community."

- Su, 19 years old, beneficiary



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Nyaung U.

- Rising political violence in Myanmar has resulted in an increase in school dropouts. As parents consider homeschooling, we will support the development of community-based education.
- 72% of girls in Myanmar are married before they turn 18. We will continue our work to advocate for the rights of women and girls through workshops with young people.
- For students who have dropped out and will not be going back to school, we will provide vocational training to make sure that everyone stays safe.

Thank you for your continued support.



Although these times are difficult, we have been able to continue our development programmes for the wellbeing of our children. Thank you for your support.

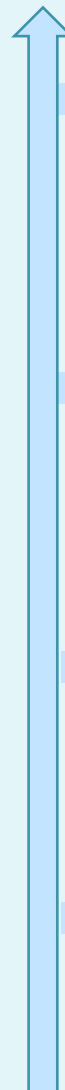
Nwe Ni Aye, Programme Unit Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY

236

Parents participated in parenting workshops



MARCH

802

Teens learned about their health and reproductive rights



APRIL

13

New computer centres opened



SEPTEMBER

9510

Children early detected for malnutrition

