

ANNUAL UPDATE INDONESIA SOE





Together with your sponsorship, children and families are making positive changes in Soe. Learn more about the valuable ways we work with children and communities.

With your help, we have been able to improve the lives of children and families living in this community. Here in Soe, risks of climate-related disasters are high, and families have long struggled to have access to clean drinking water. This year, we successfully implemented new water resources in 4 communities, benefitting more than 2,700 adults and 571 children. We also worked with young people to develop climate-resilient agricultural practices, like drip irrigation, building financial skills and brighter futures.



3,067

people now have access to clean water



1,373

teens learned about their health and rights



1,518

girls play on gender-inclusive football teams

"I'M PROUD TO PROMOTE GENDER EQUALITY AS A CHAMPION AND FACILITATOR OF PLAN'S GIRLS' FOOTBALL PROJECT."

Yosna, 16 years old, Sponsored Child



BREAKING DOWN BARRIERS





NAME: TANTI

AGE: 17 YEARS OLD

DREAMS TO BE: A
DOCTOR

"I AM NOT AFRAID TO LET MY VOICE BE HEARD."

Meet Tanti

Like the child you sponsor, Tanti is taking steps towards her goal and achieving lasting change.

In Tanti's community, girls and women do not have the same rights as boys or men. Every morning before school, Tanti wakes up earlier than her brothers to do chores.

I Want To Learn

After school, when her brothers play sports and spend time with their friends, Tanti is expected to continue taking care of household responsibilities. "These issues are common in my community. Girls are expected to stay at home and help mothers doing domestic chores while boys can play and go wherever they want," Tanti explains.

Because girls are already considered to be responsible for domestic duties during their school years, they are much more likely to drop out of school than their male classmates. But Tanti is an ambitious student with big dreams: she wants to be a doctor. As a Sponsored Child with Plan, Tanti has been participating in our Better Life Options and Opportunities project, where girls can talk about their futures.

I Am A Leader

In these projects, participants are given the tools to become leaders themselves, becoming community educators for their peers. Today, Tanti describes feeling more confident than ever before. As an educator on menstruation and reproductive rights, Tanti has become an expert in public speaking and a strong advocate for her rights. Tanti's father has also become involved with Plan, and today, he is her biggest cheerleader. "I'm continuing my education supported by my family, especially my dad," Tanti tells us.



Tanti and her friends.

OUR PROJECTS IN SOE ARE HELPING CHILDREN THRIVE



This year, safety and health were at the forefront of our projects in Soe.





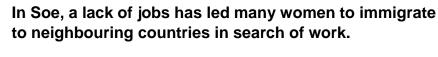
In 2022, 28% of children in Soe had stunted growth due to malnutrition.

Many of these children are under five years old. With limited access to clean water resources, families struggle to adequately meet the needs of their young children, something we sought to change this year. We worked with 139 caregivers to discuss nutrition, immunization, financial literacy, and family planning. An additional 26 community members learned about supporting the nutrition of pregnant women.

We also worked to implement a new water system for children and families in Soe. Today, 4 communities have improved water resources, benefitting 2,787 community members and 571 children.



SUSTAINABLE SKILLS



Without many resources, these women are at risk of violence. For those who stay in Soe, the situation isn't much better: many jobs are in the agricultural sector, which faces severe challenges due to climate change. This year, we focused on providing climate-resilient vocational skills to young people between the ages of 18 and 30 to increase safety, self-esteem, and solvency. 144 young adults, including 81 women, participated in our eco-friendly training sessions, learning hard skills like drip irrigation, husbandry, and seeding.





Thanks to Plan, I've learned green farming and financial skills that have helped me support my family.

- Evi, 23 years old, Beneficiary

YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come – and together we will continue to work for a brighter future for the children in Soe.

- 49% of people in Soe do not have access to reproductive health services. We will continue working at the local and national levels to improve health services for all people.
- Malnutrition continues to be a major issue in Soe. We will focus on communities with the highest incidences of stunted growth to improve access to water and sanitation resources.
- Unemployment among young people is high in Soe. We will work with people between 18 and 29 years old, especially women, to improve their vocational skills.

Thank you for your continued support.



"Thank you: your contribution helps the education, nutrition, safety and health of children in Soe. From clean water to family well-being, we have big plans for the future."

Marina Meidiyanti Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS

SEPTEMBER 2022



162

young people learn about reproducitve health

OCTOBER 2022



35

girls participate in the Girls' Leadership Academy

NOVEMBER 2022



92

officials trained in reporting on violence against children

JANUARY 2023



64

teens refresh their sustainable agriculture skills