

ANNUAL UPDATE INDONESIA LEMBATA



Together with your sponsorship, children and families are making positive changes in Lembata. Learn more about the valuable ways we work with children and communities.

With your help, we have worked with the people of Lembata to improve the lives of children, teens, young adults, and families. We worked with 286 children and 314 parents to create response plans in the event of an emergency and trained 30 young people to become community educators about climate change. 250 teenagers took part in our 6 month-long course about sexual health and employment, and more than 400 women helped us craft a strategy to build new clean water resources in the community.



286

children learned about disaster preparedness



801

people now have access to clean water



7,788

families improved their financial literacy

“I’M PROUD TO PROMOTE GENDER EQUALITY AS A CHAMPION AND FACILITATOR OF PLAN’S GIRLS’ FOOTBALL PROJECT.”

Yosna, 16 years old, Sponsored Child





NAME: TANTI

AGE: 17 YEARS OLD

DREAMS TO BE: A DOCTOR

"I AM NOT AFRAID TO LET MY VOICE BE HEARD."

Meet Tanti

Like the child you sponsor, Tanti is taking steps towards her goal and achieving lasting change.

In Tanti's community, girls and women do not have the same rights as boys or men. Every morning before school, Tanti wakes up earlier than her brothers to do chores.

I Want To Learn

After school, when her brothers play sports and spend time with their friends, Tanti is expected to continue taking care of household responsibilities. "These issues are common in my community. Girls are expected to stay at home and help mothers doing domestic chores while boys can play and go wherever they want," Tanti explains.

Because girls are already considered to be responsible for domestic duties during their school years, they are much more likely to drop out of school than their male classmates. But Tanti is an ambitious student with big dreams: she wants to be a doctor. As a Sponsored Child with Plan, Tanti has been participating in our Better Life Options and Opportunities project, where girls can talk about their futures.

I Am A Leader

In these projects, participants are given the tools to become leaders themselves, becoming community educators for their peers. Today, Tanti describes feeling more confident than ever before. As an educator on menstruation and reproductive rights, Tanti has become an expert in public speaking and a strong advocate for her rights. Tanti's father has also become involved with Plan, and today, he is her biggest cheerleader. "I'm continuing my education supported by my family, especially my dad," Tanti tells us.



Tanti and her friends.

OUR PROJECTS IN LEMBATA ARE HELPING CHILDREN THRIVE



This year, our projects in Lembata focused on supporting safer, stronger futures.

MY FUTURE IS BRIGHT



Sexual violence and early pregnancies are key concerns in Lembata.

This year, we worked with adolescents and community leaders to create strong, supportive networks for young people to talk about their safety, health, and futures. 200 teenagers completed our 6-month sexual health education course, which uses an informal approach to discussing critical topics like financial literacy, family planning, sexual health, communication, and marriage. Our course also included lessons about employment, where students learned how to write a CV and application letter, speak in a job interview, and practice communication. 30 community members were trained in how to teach and lead these sessions in the future, and an additional 90 adults working in community health services received additional training in adolescent health.

CLEAN WATER FOR EVERYONE



75% of Lembata residents do not have access to clean drinking water.

Without easily available water, many families regularly have to walk long distances to get water. As part of our work to support the improvement of water resources in Lembata, we held discussions with community members about what they need, making sure that women in the community had the room to talk about their needs and experiences. In total, 432 local women helped us to implement our new systems, which now help 271 families – 801 people in total – regularly drink and use clean water.



“Before, we used to have to fetch water from a well far from our house. Now, I have more time to study and spend time with my friends.”

- Yustina, 14 years old, Sponsored Child

YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come - and together we will continue to work for a brighter future for the children in Lembata.

- 75% of the people of Lembata are vulnerable to climate change-related disasters. We will work with community members of all ages to implement disaster response strategies.
- 69% of Lembata adolescents are enrolled in high school. We will meet with families to identify and address barriers to young people, and especially women, completing their educations.
- Malnutrition remains high among growing children in Lembata. We will support local government to implement programs to help parents and support strong, healthy families.

Thank you for your continued support.



“Thank you for contributing to the education, protection, clean water, and health of our sponsored children, their families, and communities.”

Erlina Dangu
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the center of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



OCTOBER 2022



10.053

children received donated emergency saving books

NOVEMBER 2022



250

teens learned how to plan for their futures

JANUARY 2022



35

young people trained in organic agriculture

FEBRUARY 2023



92

new moms learned about nutrition