

ANNUAL UPDATE INDONESIA NAGEKEO



Together with your sponsorship, children and families are making positive changes in Nagekeo. Learn more about the valuable ways we work with children and communities.

This year, our projects in Nagekeo focused on building resilience to climate disasters, treating and preventing undernourishment, providing sexual and adolescent health education, and better protection against child abuse. With your help, we have been able to implement amazing change: 230 families now have access to clean water and better sanitation, and 1,230 caregivers discussed hygiene and nutrition. 63 fathers became role models in their communities, leading workshops on positive masculinity and active fatherhood.



2,350

children learned how to report violence



913

adolescents and parents discussed child marriage



9

schools have disaster response plans in place

“I’M PROUD TO PROMOTE GENDER EQUALITY AS A CHAMPION AND FACILITATOR OF PLAN’S GIRLS’ FOOTBALL PROJECT.”

Yosna, 16 years old, Sponsored Child





NAME: TANTI

AGE: 17 YEARS OLD

DREAMS TO BE: A DOCTOR

"I AM NOT AFRAID TO LET MY VOICE BE HEARD."

Meet Tanti

Like the child you sponsor, Tanti is taking steps towards her goal and achieving lasting change.

In Tanti's community, girls and women do not have the same rights as boys or men. Every morning before school, Tanti wakes up earlier than her brothers to do chores.

I Want To Learn

After school, when her brothers play sports and spend time with their friends, Tanti is expected to continue taking care of household responsibilities. "These issues are common in my community. Girls are expected to stay at home and help mothers doing domestic chores while boys can play and go wherever they want," Tanti explains.

Because girls are already considered to be responsible for domestic duties during their school years, they are much more likely to drop out of school than their male classmates. But Tanti is an ambitious student with big dreams: she wants to be a doctor. As a Sponsored Child with Plan, Tanti has been participating in our Better Life Options and Opportunities project, where girls can talk about their futures.

I Am A Leader

In these projects, participants are given the tools to become leaders themselves, becoming community educators for their peers. Today, Tanti describes feeling more confident than ever before. As an educator on menstruation and reproductive rights, Tanti has become an expert in public speaking and a strong advocate for her rights. Tanti's father has also become involved with Plan, and today, he is her biggest cheerleader. "I'm continuing my education supported by my family, especially my dad," Tanti tells us.



Tanti and her friends.

OUR PROJECTS IN NAGEKEO ARE HELPING CHILDREN THRIVE



This year, our projects focused on supporting the health, safety and strength of the people of Nagekeo.

YOU CAN COUNT ON ME



It takes a village to break the cycle of violence against children.

This year, we worked with the people of Nagekeo to discuss sensitive topics like children's rights and education. We met with 1,350 volunteers to craft and implement child protective organizations within the region. We also met with 2,350 young people between the ages of 5 and 18 to talk about self-esteem, recognizing and reporting abuse, and having respect for others.

7,420 community members engaged with information about our 'No! Go Tell' campaign, which explains how to report instances of abuse when they occur. We also helped 633 children receive their birth certificates, which will help them to protect their rights in the event of an emergency.

WE ARE RESILIENT



When disaster strikes, girls and women are more vulnerable than ever.

Almost 70 schools in Nagekeo are extremely vulnerable to climate-related disasters, like earthquakes, tsunamis, cyclones, and landslides. This year, we focused our efforts on building resilience in Nagekeo, collaborating with 533 residents to assess each area's possible vulnerabilities and craft disaster preparedness strategies. We met with 36 educators to discuss school response plans to natural disasters, and 1,240 students participated in gender-sensitive workshops about climate change, hygiene, and health.



"Plan taught us about climate change, and how we can adapt by planting lots of trees at the school for cooler temperatures."

- Catlin, 12 years old, Sponsored Child

YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come - and together we will continue to work for a brighter future for the children in Nagekeo.

- Violence against children remains high in Nagekeo. We will collaborate with villages to implement groups for the reporting of violence and the protection of children's rights.
- 68 schools in Nagekeo are vulnerable to climate change-related disasters. We will work with community members to practice disaster resilience and school safety.
- Child marriage remains high in this region. We will foster supportive educational spaces for boys and girls to learn about gender equality, girls' rights, and sexual health.

Thank you for your continued support.



"Your support enables us to make children's dreams come true. Thank you for helping us bring more clean water to their communities and keep them in school."

Zuniatmi
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



SEPTEMBER 2022



230

families receive access to clean water

DECEMBER 2022



1,230

parents participate in nutrition workshops

MARCH 2023



35

young people participate in gender equity workshops

JUNE 2023



655

children receive birth certificates