

ANNUAL UPDATE

INDIA

DELHI



Together with your sponsorship, children and families are making positive changes in Delhi. Learn more about the valuable ways we work with children and communities.

This year, education and career planning were top priorities. Primary and secondary students benefited from supplementary education support and learning supplies, preschoolers made the transition to formal schooling, and the Paramarsh Career Guidance Support project helped youth—especially girls—choose and train for careers.

As a result, young people—and their families—have a brighter, healthier future ahead.



792

Students enrolled in educational support programmes



1,044

Youth benefited from career guidance services



7,992

People learned about menstrual health and hygiene

“PLAN IDENTIFIED ME AS VULNERABLE TO CHILD MARRIAGE. THEN I WAS ENROLLED IN CLASS. I AM HAPPY AND THANKFUL.”

Aarati, 14-year-old Sponsored Child





NAME: KANCHAN

AGE: 19 YEARS OLD

**DREAMS TO BE: A
POLICE OFFICER**

“MY PARENTS SACRIFICED A LOT. IT IS TIME I START WITH SOMETHING THAT SUPPORTS MY JOURNEY.”

Meet Kanchan

Like the child you sponsor, Kanchan is taking steps toward achieving her goals.

Kanchan is an outstanding student who loves to read. Her favourite subject is history, and she’s passionate about Indian culture. And in the face of cultural norms that don’t prioritise education for girls, Kanchan is on the path to a bright future.

Facing Obstacles—With Support

Kanchan’s large family didn’t believe girls need to attend higher education and discouraged her from taking Service Commission exams to get a government job.

Yet Kanchan is active in her Plan India community. She participated in the International Day of the Girl Takeover Event, and has a leadership position. She also has access to Plan India’s Paramarsh resources.

Paramarsh is a unique service for career guidance and counselling, enabling at-risk young women like Kanchan to make informed life choices. Through the programme, Kanchan and her parents participated in a series of dialogues to help facilitate a supportive environment for Kanchan to pursue her dreams.

Leading by Example

Yet even with her parents’ eventual approval and Kanchan’s acceptance into college, the financial obstacles were still high. Through Paramarsh resources, Kanchan was able to start her academic journey towards higher education: she received a scholarship from the International School of Canada for a 6-month-long course. Now Kanchan is enrolled as an undergraduate in Political Science with Honours from the School of Open Learning University.

In leading by example, Kanchan will help create change in her community so that other girls can pursue their dreams.



Kanchan is a role model

OUR PROJECTS IN DELHI ARE HELPING CHILDREN THRIVE



As a result of the career guidance project, more girls enrolled in vocational and higher education courses—helping them to prepare for a brighter future.

A VIEW TO THE FUTURE



Many youth—especially girls—lack the information and support needed to develop employable skills and plan for their futures. The Paramarsh Career Guidance Support project aims to assist young people with career guidance sessions and motivate children and youth to choose careers aligned with their interests and strengths.

As a result of the programme, young people accessed more educational opportunities, parents were better able to support their children, and graduates became change-makers and role models in the community.

This year, more than 600 youth participated in the Career Guidance Fair. Hundreds of graduates received career guidance, and over 200 queries were addressed from young people—many first-generation learners—about continuing education. In addition, inter-generational dialogues helped parents support their children’s dreams.



EDUCATIONAL SUCCESS

Academic support is key to students’ success—especially for pupils faced with economic hardship, or those without academic resources at home.

The Shikshantar programme provides educational support to 792 adolescents from vulnerable and excluded families, empowering them to access, continue and complete their school education. With the help of awareness sessions and the distribution of school supplies, pupils improved their academic performance in mathematics, science and English.

Parents’ engagement increased this year, too: more than 2,300 parents attended monthly meetings, gaining resources and information to encourage their children’s academic success.

“Mathematics is the toughest for me to learn. After I participated in supplementary education, my interest increased and I got good marks in the examination. I am thankful to Plan for this opportunity.” - **Raksha (12) from Delhi**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Delhi.

- By providing at-risk students with supplementary educational assistance, we will help ensure that young people—especially girls—are able to continue their education.
- Misinformation and taboos still surround menstrual health and hygiene. We will raise awareness of sexual and reproductive health and rights for girls and boys, and improve understanding of menstrual health and equity.
- Parental support is key in early childhood. We will especially encourage fathers to take an active role in the early learning and development of their children.

Thank you for your continued support.



“We have been able to cater to educational, protection and health needs in our communities. Your support is helping children to progress towards realising their full potential.”

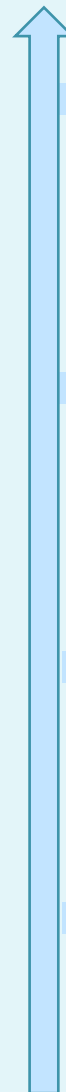
Anamika Sharma
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



JANUARY



500

Families received blankets to help against cold weather

FEBRUARY



654

Fathers and children attended Play Day activities

APRIL



2,563

Children benefited from new mats in preschools

JULY



150

Parents learned about the value of girls’ education