

ANNUAL UPDATE

INDIA

HYDERABAD NORTH



Together with your sponsorship, children and families are making positive changes in Hyderabad North. Learn more about the valuable ways we work with children and communities.

This year, girls and youth acted as leaders in their communities. Young people learned about child rights and gender-based violence, and became agents of change as they led community initiatives to keep children safe.

Raising awareness of health and nutrition was another priority — and as a result of improved information and resources, mothers learned key practices for maternal and children’s health. As a result, young people and their families have a brighter, healthier future ahead.



1,000

People participated in a Mother’s Day nutrition event



32

Child Cabinet groups formed in schools



3,160

Youth participated in the Children Creative Festival

“PLAN IDENTIFIED ME AS VULNERABLE TO CHILD MARRIAGE. I WAS ENROLED IN CLASS AND I AM VERY HAPPY AND THANKFUL.”

Aarati, 14-year-old Sponsored Child





NAME: KANCHAN

AGE: 19 YEARS OLD

**DREAMS TO BE: A
POLICE OFFICER**

“MY PARENTS SACRIFICED A LOT. IT IS TIME I START WITH SOMETHING THAT SUPPORTS MY JOURNEY.”

Meet Kanchan

Like the child you sponsor, Kanchan is making steps towards achieving her goal.

Kanchan is an outstanding student who loves to read. Her favourite subject is history, and she's passionate about Indian culture. In the face of cultural norms that don't prioritise education for girls, Kanchan is on the path to a bright future.

Facing Obstacles — With Support

Kanchan's large family didn't believe girls need to attend higher education, and discouraged her from taking Service Commission exams to get a government job.

Yet Kanchan is active in her Plan India community. She participated in the International Day of the Girl Takeover Event, and has a leadership position. She also has access to Plan India's Paramarsh resources.

Paramarsh is a unique service for career guidance and counselling services, enabling at-risk young women like Kanchan to make informed life choices. Through the programme, Kanchan and her parents participated in a series of dialogues to help facilitate a supportive environment for Kanchan to pursue her dreams.

Leading by Example

Yet even with her parents' eventual approval and Kanchan's acceptance into college, the financial obstacles were still high. Through Paramarsh resources, Kanchan was able to start her academic journey towards higher education: She received a scholarship from the International School of Canada for a 6-month-long course. Now Kanchan is enrolled as an undergraduate in Political Science with Honours from the School of Open Learning University.

In leading by example, Kanchan will help create change in her community so that other girls can pursue their dreams.



Kanchan is a role model

OUR PROJECTS IN HYDERABAD NORTH ARE HELPING CHILDREN THRIVE



Information and resources help babies get a healthy start in life.

A HEALTHY START TO LIFE



Good nutrition is vital — especially for expecting mothers and babies. This year, raising awareness of health and nutrition was key to helping mothers and babies thrive.

As a result of health advocacy promotions, mothers improved their knowledge and practices for maternal and children's health. The project focused on the inclusion of pregnant and lactating mothers from marginalised communities. In addition, mothers' groups shared the message of breastfeeding and nutrition to other members of the community, and the nutritional status of children improved.

The programme included celebrations for Urban Health and Nutrition Day. Mothers learned about breastfeeding, an important aspect to babies' health. In addition to nutritional resources, over 300 pregnant women trained on birth preparedness and complication readiness.



KEEPING CHILDREN SAFE

High rates of gender-based violence, especially since the COVID-19 pandemic, present a danger to children.

To address gender-based violence and protect children, educational sessions and support mechanisms were implemented for both youth and adults.

This year, 18,000 children learned about the consequences of gender-based violence, especially child marriage and trafficking, and how to report it. Young people acted as agents of change, leading community advocacy. In addition, 1,554 parents and community leaders participated in dialogues on protecting children.

These initiatives increase awareness and promote a safer and more secure environment for children.

“The Plan team organised a session on child rights. They created awareness of child marriage, child beggary, physical and mental abuse. I was selected as a change-maker to spread awareness in my community.” - **Durga (17) from Hyderabad North**



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come — and together we will continue to work for a brighter future for the children in Hyderabad North.

- To improve learning, we will support children who are enrolled in government schools with reading and math skills, and help schools to ensure enrolment and retention.
- 23% of women marry before age 18. We will continue to raise awareness of the impacts of child marriage through education and advocacy.
- Increased information and resources for pregnant and lactating mothers is key. Through improved awareness of healthy practices and regular home visits, we will partner with health care workers and new mothers to support nutrition for babies.

Thank you for your continued support.



“During the year projects addressed gender equality on issues related to education, health and nutrition. I would like to thank you for all the support.”

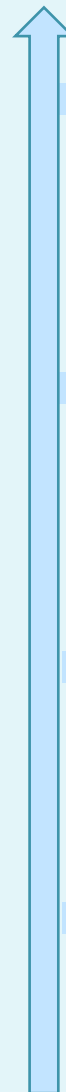
K. Abhilash
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment is turned into effective long-term change – providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan’s Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



OCTOBER

88

Mother Groups created to support parents



NOVEMBER

929

Adults participated in intergenerational dialogue



FEBRUARY

7100

Children learned about gender-based violence



MARCH

34

Centres supported with health materials

