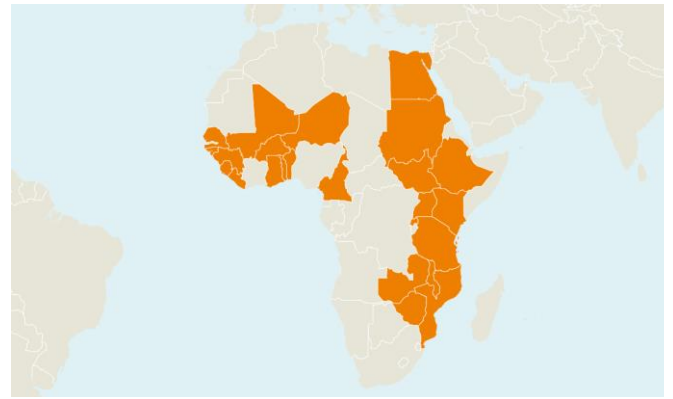


ANNUAL UPDATE

TOGO

KARA



Together with your sponsorship, children and families are making positive changes in Kara. Learn more about the valuable ways we work with children and communities.

As political upheavals in nearby Burkina Faso continue, the people of Kara have been facing new security risks in the Savanes region in Togo. This year, our programmes focused on empowering children and youth through education and economic empowerment programmes. Through saving groups young women can save money and learn key financial skills. We have focused on creating safe and accessible schools for girls and children with disabilities with 3 equipped classrooms and 100 teachers trained in sign language and braille.



225

children with disabilities consulted health professionals



2,280

youth trained in sexual and reproductive health and rights



4,648

young people participated in vocational training

“CHILD PREGNANCY IS A HUGE ISSUE HERE. PLAN TAUGHT ME A LOT ABOUT TOPICS THAT ARE OFTEN TABOO FOR US.”

Alexandra, 13 years old, Sponsored Child





NAME: THÉRÈSE

AGE: 15

**DREAMS TO BE: A
POLICE OFFICER**

“BEING THE CHAIRWOMAN OF A GIRLS’ LEADERSHIP ORGANISATION HAS CHANGED MY LIFE. I AM NO LONGER SO OVERWHELMED, AND HAVE PASSED ALL OF MY EXAMS.”

Meet Thérèse

Like the child you sponsor, Thérèse is becoming a confident advocate for her rights.

One-third of girls in primary school in her community do not continue to secondary. Through taking part in a leadership project, Thérèse has become a dedicated student.

I Am A Leader

When Thérèse had to repeat her third year of secondary school, the future of her education was at stake: fewer than 10% of girls graduate from secondary school in Plateaux, migrating to bigger cities to become domestic workers, getting pregnant at a young age or struggling to find employment locally.

Since 2021, Plan International’s “Leaders of Tomorrow” club in Thérèse’s community has been outspoken about the importance of keeping girls in school. Since becoming a member of the group, Thérèse is determined to complete her education.

We Have Big Dreams

In 2022, 100% of girls involved in the Leaders of Tomorrow club graduated from high school. In 2024, Thérèse plans to do the same. From there, she hopes to become a police officer, where she can defend the rights of girls and women in Plateaux. Thérèse describes her behaviour as having changed a lot since becoming a member of the Leaders of Tomorrow club: now, she’s aware of the risks of teen pregnancy, and is very committed to completing her education. Today, Thérèse is also the president of a club for local Sponsored Children.



Thérèse is determined to graduate from secondary school.

OUR PROJECTS IN KARA ARE HELPING CHILDREN THRIVE



Children with disabilities are 10 times less likely to attend school than those without. We focus on making schools accessible for all children.

EDUCATION FOR EVERYONE



Of 1,561 children in Kara with disabilities, less than 1% are enrolled in school.

From far away schools to classrooms that are tough to enter with a wheelchair, students with special needs face obstacles that put them at a particularly high risk of dropping out of school. Since March 2022, we have worked with students, educators and schools to create accessible, inclusive classrooms for all learners.

This year, 100 teachers received training in inclusive education, building their skills in sign language and braille. 225 children with physical disabilities were connected to health care professionals for consultations, and another 147 received equipment to help them become more mobile.

STRONGER TOGETHER



More than 65% of people in the Savanes region of Togo live in poverty.

Women and girls are particularly vulnerable in these conditions, and are often overlooked when it comes to decision-making. Women's economic empowerment is central to realizing women's rights and gender equality. This year, 10,500 women and girls joined 625 local savings groups, where members discuss budgeting, saving and setting financial goals. 98% of these groups are led by women. Another 6,200 community members were enrolled in vocational skills workshops, while 4,648 people received formal training. 400 girls improved their leadership skills through the Champions of Change-programme, discussing critical issues of gender equality and female leadership.

“My daily life has improved since becoming a member of a savings group. I am really grateful.”

- Lengue (50) from Kara



YOUR SUPPORT MEANS BETTER FUTURES



The best is yet to come—and together we will continue to work for a brighter future for the children in Kara.

- 7% of girls in Kara are married before their 15th birthday. With your support, our Girls Get Equal programme will include lessons in girls' rights and important discussions with caregivers.
- Half of women in Togo are literate. We will strengthen support systems for young girls in school to ensure their continued education.
- 70% of local classrooms are in need of rehabilitation. We will improve the facilities of 46 local schools, focusing on things like electricity, gender-inclusive restrooms and drinking water.

Thank you for your continued support.



"Thank you for your valuable contribution. This year, we have continued to build the capacity of young people to become agents of change."

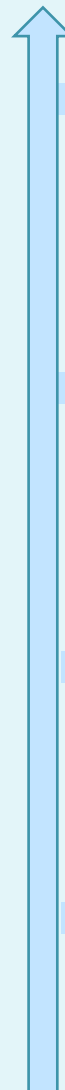
Naka Abalo
Programme Area Manager

THE PLAN EFFECT



Your sponsorship commitment becomes long-term change—providing help for self-help. We involve children at the centre of all projects, bringing effective and sustainable solutions to families and communities. With Plan's Effect, your commitment helps empower communities to transform their lives and futures.

THE LAST 12 MONTHS



FEBRUARY

7.960

families learn about child protection



JUNE

871

families receive hygiene and food kits during emergency



OCTOBER

100

teachers improved their pedagogical skills



DECEMBER

6.000

girls participate in girls' rights activities

