

Harare Zimbabwe

Positive changes are happening in Harare. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

Climate change, including the El Niño drought, and the outbreak of cholera have deeply impacted Harare, particularly vulnerable communities such as children, young girls and women. These issues have also increased the strain on food, education, health and social services.

In collaboration with the community, Plan supports economic empowerment initiatives, including training for 69 women and 15 men specialising in master crafts, so they can provide further vocational training to older girls.

Additionally, 2,849 people participated in 13 intergenerational dialogues on topics such as education, health, and cultural heritage, fostering understanding and respect between different age groups, bridging the generation gap, and promoting harmony within families and society.

"The fish project has improved our health and helps us pay our school fees."

Lisa, 11, Sponsored Child



Children participating in Plan's programmes.

Impact in Numbers

7,281

youth joined our economic training programmes

278

youth trained in leadership and influencing

15

young people are now part of disaster risk committees

Kick Start To A Healthy Life



NAME:

Beauty

AGE:

17 years old

DREAMS TO BE:

A teacher

“Our diet has improved a lot as we are now able to have three meals a day. I have also been called many times by different areas to train them in fish farming.”



Meet Beauty

Beauty, a 17-year-old girl, lives with her eight siblings and parents. In her free time, she enjoys fishing.

Due to Chiredzi's dry climate, Beauty's family relies on subsistence farming, which produces low yields with limited nutritional value, resulting in an unbalanced diet.

Nutritional challenges

Limited farming methods and a lack of resources mean that Beauty's family and others in similar situations often struggle to make ends meet and obtain nutritious food, which leads to poor school performance and higher dropout rates in Chiredzi.

Additionally, the rise in gender-based violence and child rights violations, disproportionately affecting girls, exacerbates these issues by further increasing dropout rates and perpetuating a cycle of illiteracy in the community.

Starting a Healthy Life

Plan developed a multi-layered garden for Beauty and other children, featuring fish farming, fruits, and vegetables. It also functions as a learning centre for studying and outdoor family activities for children.

Beauty's family now enjoys fresh produce, and her brothers have returned to school. They now harvest fish for extra income and mentor others in their community for greater self-sufficiency.



Beauty and her family harvesting vegetables.

We Work With 4,965 Sponsored Children in Harare

Projects That Support Lasting Change

Supporting Girls' Education

In Harare, children from vulnerable communities, especially young girls, face difficulties accessing inclusive education, which can have long-term consequences for their economic independence.

In collaboration with the community and government, Plan supports non-formal education for young girls who dropped out of primary school. This includes education on sexual and reproductive health, essential life skills, college-based vocational training, and gender equality.

As a result, 299 girls aged 15 years and above have participated in vocational training programmes of their interest. These include skills such as hairdressing, cookery and tailoring, which will assist girls in being economically independent.

Additionally, girls who wish to acquire male-dominated skills will be trained through Technical and Vocational training college models.



An out-of-school young mother, participating in Plan's training programmes.

1,774

girls joined fast-track learning classes



Girls discussing sexual and reproductive health through a dramatic play.



Grace, 15, participating in sexual and reproductive health information sessions.

Staying Healthy

In Harare, the lack of sexual and reproductive health services, coupled with harmful practices like early child marriages, leaves young people, especially girls, vulnerable to severe long-term health risks and exploitation.

In collaboration with the community and government, Plan raises awareness about comprehensive Sexual and Reproductive Health and Rights (SRHR) services among adolescents and young people aged 10 to 24. Our Comprehensive Sexuality Education (CSE) workshops successfully engaged 1,499 girls and 390 boys in schools.

Additionally, we worked with community leaders to support intergenerational dialogues which fostered empathy and solidarity, strengthening social cohesion and promoting a sense of belonging within the community.

"Plan has helped us create a supportive environment to talk about sensitive topics."

Grace, 15, from Harare

Your Support Means Better Futures



Young people participating in Plan's initiatives.

Together, we're working to create a more just world.

Harare's cholera outbreak and limited rainfall have worsened living conditions. Next year, Plan will strengthen disaster response mechanisms, integrating disease outbreak management to better support the people in Harare.

In Harare, 90% of families in Plan's sponsorship programme report limited food reserves, increasing child malnutrition risks. Next year, we will provide food hampers to improve community food security.

In Harare, poverty and food shortages lead to school dropouts and raise the risk of early marriages for girls. Next year, we will continue to work with the community to strengthen child protection services.

Message from Plan Staff

"With your continued support, we can reach children from vulnerable communities—especially girls and young women—with projects aiming to ensure they enjoy their rights. Your contributions are changing the lives of many children and their families. Thank you."



Danmore Shonhai,
Programme Unit
Manager, Harare.

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

500 intergenerational dialogues held for families

46 youth trained in leadership advocacy

38 women-led enterprises provided kits

33 youth groups provided startup capital