

Kalyoubya

Egypt

Positive changes are happening in Kalyoubya. Learn more about how we are supporting children and girls' rights through our collaborative, equality-driven work.

Conflicts and instability in Sudan and the Gaza Strip are resulting in more refugees coming to Egypt, putting pressure on the country's resources. Amid these challenges, communities in Kalyoubya continue to strengthen facilities for young people and their families.

For example, through vocational trainings and skill development projects, hundreds of families now have access to supplementary income. We empower young girls and their families in finding jobs, combatting gender-based violence like FGM and child marriage, which are common practices in Kalyoubya, and striving to create gender equality in the region.



180 children improved their reading and writing skills.

"Attending the Champions of Change sessions helped me understand gender issues and challenge the practice of female genital mutilation in my community." -Salsabil (14)



Impact in Numbers

180

children in reading and writing workshops

241

youth attended psycho-social support sessions

20

women participated in vocational training

I Draw the Future Myself



NAME:

Nagwa

AGE:

13 years old

DREAMS TO BE:

A dentist

“I want to become a dentist to make my parents proud, and I’m grateful for the support that has helped me regain my confidence and take the first steps towards my dream.”



Meet Nagwa

Like many children in Egypt, Nagwa is optimistic about achieving her goals and building a strong future.

Nagwa lives in Cairo with her parents and siblings. Her favourite hobby is drawing. She goes to preparatory school where she excels in her studies, especially in Maths and History. Since Nagwa wants to be a dentist, she wants to get better at science. While she has the aptitude for the subject, a lack of sufficient resources limits her in barrier-free learning and achieving her dream. Moreover, due to a standard curriculum and limited capacities of her schoolteachers, Nagwa and her peers often lack age-appropriate skills in reading and writing. To mend this gap, Nagwa had to resort to online videos to assist her in basic education.

Learning made fun

Nagwa’s mother voiced her child’s struggles. We strive to remove the barriers so children can dream as big as they want to. Therefore, Plan designed various education assistive services, including a reading and writing programme to support the children with easy, fun and accessible education. Like many children from her community, Nagwa too enrolled in our education programmes.

Onward and upward

Beside her regular school, Nagwa attends Plan’s community development sessions. By mid-year, she had already made progress in her education – especially in science – bringing her one step closer to her dream. These sessions work to strengthen girls’ and young women’s agency over their life decisions through access to and control over resources. Our development workshops have helped 405 students like Nagwa to not only excel in education and improve the school retention rate, but also to gain self-confidence and improve their self-esteem.



Nagwa enjoying her lessons with her fellow classmates.

We Currently Work With 4,492 Sponsored Children in Kalyoubya

Projects That Support Lasting Change

Breaking down taboos

Stigmata and taboos around sexual and reproductive health in Kalyoubya particularly affect young women.

However, through awareness campaigns and capacity-building workshops, 200 community members are now actively defending their rights.

This project advocates for reproductive health and the prevention of gender-based violence, driving change at all levels. 30 health professionals and local leaders are implementing gender-sensitive practices. By integrating efforts across schools, hospitals, and homes, we ensure that communities are able to foster healthy dialogues about sexual health.

Young people, especially girls and women, are collaborating with government sectors to become independent agents of change, advocating for their reproductive rights and holding authorities accountable. Thanks to the support of friends and family, 1,200 young women have benefitted from this project in the past year.



Champions of Change sessions empower women in various aspects of their lives.

400

parents apply positive parenting methods



Access to educational material supports better student retention.



Hundreds of young girls like Habiba have improved their reading and writing skills.

Protection and Education

Children often face challenges and are frequently underserved in various aspects of society. Limited knowledge and skills among caregivers can sometimes hinder the adoption of effective practices to protect children from harm. This project aims to encourage non-violent behaviours within families and communities, promoting a safe and supportive environment for children and youth.

The initiative empowers children to understand and advocate for their rights. Additionally, 1,200 parents have gained insights into positive parenting and discipline techniques, fostering stronger family trust and awareness of the impact of gender norms on their children. Parents are also informed about the risks of child marriage, helping to improve educational and healthcare opportunities for their daughters. By working together, communities are developing strategies to support the healthy development of children and create a more promising future for them.

“Psycho-social support sessions helped me change my attitudes and behaviours and made me feel confident in my abilities. They have helped me develop good values and care for my community.” -Habiba (12)

You're Supporting a More Equal Future



Events like World Children's Day create spaces for the children, youth and community members to come together.

Together, we're working to create a more just world.

It will remain our priority to support children against risks of violence and abuse. We will strengthen our programmes to better protect children, especially vulnerable groups like children with disabilities.

This year, we will also work towards reducing gender-based violence and disparity. To address this, we will strengthen our Protection and Education project and emphasise the importance of education.

Additionally, we will support the children by bridging gaps in access to quality education and creating positive learning environments in schools. Reading and writing sessions will empower the children in improving their self-esteem.

Message from Plan Staff

"Your support has helped us to raise the level of socio-economic and behavioural awareness of community members. The activities have developed and changed misconceptions in people's ideas and behaviours, built capabilities, and supported young people in leading sustainable change."



Iman Ismail,
Programme Unit
Manager

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

15

entrepreneurship
projects for young
people supported

300

children in
Champions of
Change Clubs

300

youth in sessions
on reproductive
health

10

youth trained in
an automotive
electronics class