

## Mogovolas Mozambique

**Positive changes are happening in Mogovolas. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.**

This year, adolescent girls and young women participating in the Todas Avante project gained information on sexual and reproductive health and rights. The project also supported participants with training on entrepreneurship and financial literacy – empowering young women with knowledge and resources to develop economic independence.

In addition, Open Your Eyes to Education is a programme to help girls pursue secondary education by making it easier to access educational spaces.

With improved education, resources, and leadership skills, young people in Mogovolas are making changes in their communities – and working to improve their futures.

**“Early Childhood Development helps our communities build classrooms to enrol our younger siblings.”**

— Rosa (12)



Access to learning is key to healthy communities.

### Impact in Numbers

**7,765**

youth learnt about sexual and reproductive rights

**310**

people learnt about sustainable agriculture

**2,500**

pupils benefitted from new classrooms

# Flora's Dream to Serve Her Community



**NAME:**

**Flora**

**AGE:**

**11 years old**

**DREAMS TO BE:**

**A nurse**

**"I am very happy to be in this programme because my life has changed a lot for the better."**



## **Meet Flora**

**Like many girls in Mozambique, Flora is optimistic about achieving her goals and building a strong future.**

Eleven-year-old Flora comes from a family of farmers who grow crops like vegetables, peanuts and maize for their consumption, selling the surplus to buy other supplies for the family. Her favourite hobby is to think about cooking. When she is older, she wants to be able to prepare nice food for her parents and siblings.

## **To Dream of Making a Difference**

Most people in Flora's community have difficulty accessing health care because they live far away from healthcare centres. Transportation is rare where Flora lives, so she must walk about 18 kilometres to access these services.

The distance affects her own healthcare needs as well as those of friends and family. Flora has witnessed situations where her relatives were unable to visit the health centre due to the distance.

Flora's biggest dream is to become a nurse, so she can assist children in her community who are in need of health care services.

## **Her Rights, Her Future**

Through the Champions of Change programme, Flora learnt about sexual and reproductive health and rights. The knowledge and leadership opportunities she accessed are already helping her to make informed choices about her future—so she can pursue her dreams and make a difference in her community.

Flora says the programme inspired her to know more about her rights and her health. "I am now more focused on studying to become a nurse," she says, "thanks to the sessions about our rights."



Flora dreams of becoming a nurse and serving in her community.

**We Currently Work With 12,451 Sponsored Children in Mogovolas**



# Projects That Support Lasting Change

## Improving Health and

**The Todas Avante project empowers adolescent girls and young women to make independent, informed choices about their sexual and reproductive health and rights**

By engaging girls and young women with mentoring on life skills, gender equality, and sexual and reproductive health and rights, the programme provides youth with information and resources to help them better plan for their futures. The young women were also trained in entrepreneurship and financial literacy and linked to community-based vocational training initiatives and income-generating activities.

Health workers and facilities were supported with technical and financial support. In addition, primary and secondary school heads trained on promoting sexual and reproductive health and rights, and the prevention of child and forced marriage. With information, resources and community support, girls and young women in Mogovolas have improved opportunities for economic independence.



The project team posing for a photo after the planning workshop.

# 40%

**of girls in Mozambique give birth before the age of 18**



Access to educational spaces makes it possible for young people to attend and stay in school.



Now, Estonita is able to continue with her education.

## Improving Education

**The project Open Your Eyes to Education helps communities strengthen educational access for all children – especially girls.**

While 94% of girls in Mozambique enrol in primary school, more than half drop out by the fifth grade, and only 11% continue to secondary school. One reason is the distance children must walk to attend secondary school. The distance is prohibitive – and so, many girls marry early: in Mozambique, 17% are married by the age of 15.

This year, eight classrooms were constructed in three communities, providing accessible, safe, and protective environments for pupils to learn. The schools were equipped with separate toilets in order to provide gender-responsive and inclusive facilities where girls could easily manage their menstrual health. In addition, parents and community leaders strengthened their commitment to education – and their support for keeping girls in school.

**“In the past, children had to drop out due to the long-distance walking to attend school. I am so happy to see changes in my community through the construction of classrooms.” —Estonita (18)**

# You're Supporting a More Equal Future



With messages broadcast on community radio, families like Sara's have access to health information.

**Together, we're working to create a more just world.**

Despite increasing access to education, youth in Mogovolas still face challenges. This year, our projects will support improved learning and educational spaces. We will train primary school teachers, build classrooms and support schools with tools for school gardens.

Sexual and reproductive health and rights will be another focus. The Todas Avante programme will provide youth with accurate information on sexual and reproductive health and rights.

Todas Avante will also empower young people through Youth Savings Groups and vocational opportunities, promoting economic independence for young women.

## Message from Plan Staff

"My gratitude to sponsors who have supported Plan to ensure that children are healthy, well-educated, safe, and have a voice in decisions that affect their lives."



Raquelina Mutolo,  
Programme Area  
Manager,  
Mogovolas

## The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

## Progress in Numbers

**139,306** people reached  
through  
community radio

**11** community  
groups promoted  
education

**7** new Youth  
Savings groups in  
Mozambique

**597** community  
members trained  
on advocacy