

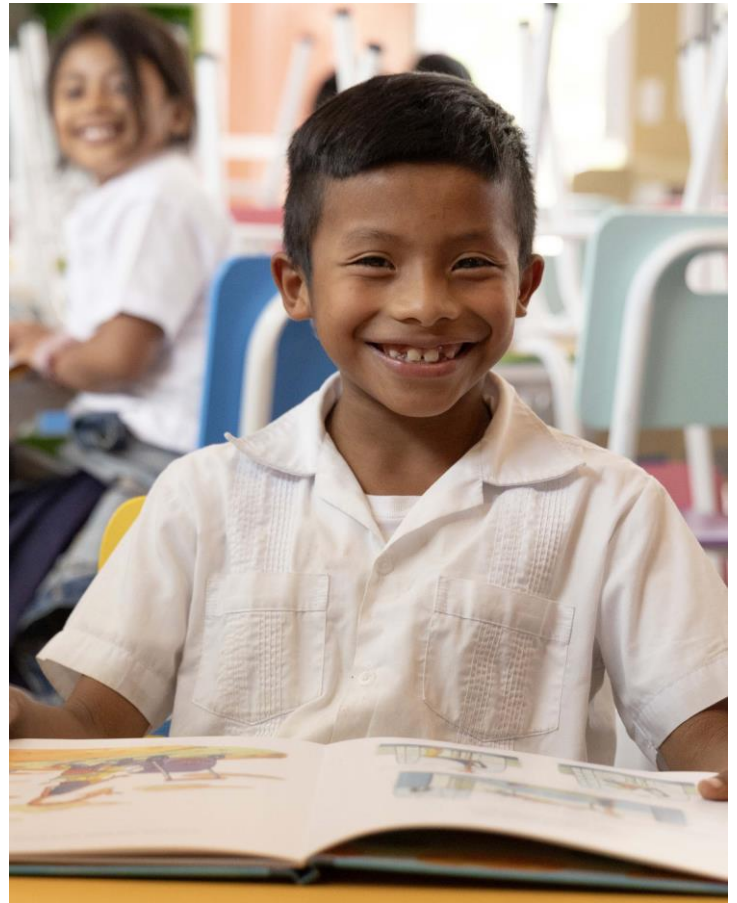
Intibucá Honduras

Positive changes are happening in Intibucá. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

This past year, key projects fostered skills and strengthened resources so young people and families can plan for a brighter future.

For example, new libraries are helping children and families learn and play through community activities based on reading, writing and theatre. In addition, the Generation with Decision and Leadership programme is empowering young people with information and resources on sexual and reproductive health rights, and the tools to advocate for their futures.

With leadership and access to information and resources, the Intibucá community is working towards a more equitable future.



Ovidio participates in the Blue Lupin reading project.

"Undoubtedly the Taking Office event has been one of the best experiences of my life that I will treasure in my heart." —Karla (11)



Impact in Figures

1,300

people learnt about sexual and reproductive health

1,878

youth benefitted from new libraries

412

children learnt about self-protection

Developing Skills to Succeed



NAME:

Marta Lidia

AGE:

17 years old

DREAMS TO BE:

A business owner

"I realise that yes, I am capable of achieving many goals that I set for myself and I can decide about my future."



Meet Marta Lidia

Like many children in Honduras, Marta Lidia is making steps to achieving her goals and building a stronger future for herself.

Marta, 17, lives with her parents. Her father is a farmer and her mother cares for the home. Marta dreams of starting her own business and challenging gender stereotypes in her family and community. She wants to improve her quality of life and create employment for other young women.

As a leader, Marta is engaged in her community. She taught literacy to adults through a government project, which then encouraged her to continue training in a variety of subjects. She is currently part of Plan's Generation with Opportunities project, where she attended vocational courses. She has just completed an entrepreneurship programme.

Challenging Harmful Cultural Expectations

Rates of early pregnancy are high in Marta's community. Many girls get married at an early age and leave school. Early marriage and pregnancy have an effect on girls' health and limit future opportunities as they become dependent on their partners.

Preparing to Achieve Her Dreams

Through the Generation with Opportunities programme, Marta is developing skills to help her achieve her dreams. She has a business plan and will soon have the chance to earn seed capital and start her business. Her achievements are an inspiration.

Marta wants others to succeed, too. She says: "I would like these important opportunities to be given to other girls in my community, so they can also learn, make decisions and make changes that will improve their lives and the lives of their families."



Marta's accomplishments are inspiring other pupils.

We Work With 11,044 Sponsored Children in Intibucá

Projects That Support Lasting Change

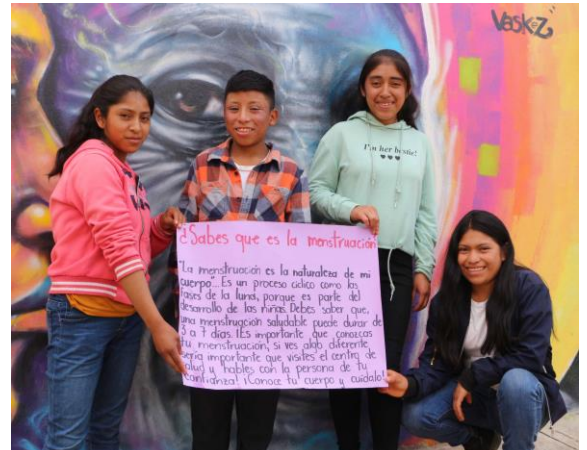
Organising for Rights

Organised groups of young women are educating, advocating and challenging harmful social norms.

In Intibucá, harmful norms and behaviours are passed through generations, limiting the knowledge and empowerment of young people—especially girls. In addition, few laws and policies support sexual and reproductive health and rights.

The Generation with Decision and Leadership programme aims to address these issues with training, advocacy and self-organised groups and collective actions.

This year, hundreds of young people learnt about sexual and reproductive health and rights. In addition, 204 service providers from the health and education sectors joined the training process. Nearly 300 young people were involved in citizen participation spaces such as the youth assembly of Intibucá, where they presented proposals and advocated to influence regulatory frameworks that promote their rights.



Youth radio promoted menstrual health messages.

930

young women participated in dialogues on rights and health



Sponsored child Evelyn is reading in the library.



A reading culture empowers youth with knowledge and imagination.

Spaces for Empowerment

Children are empowered through reading, writing and art.

Blue Lupin Libraries promote reading, creative writing and children's art through play. The project promotes gender equality and protection and creates cultural, school and community spaces for girls and boys to learn and develop as leaders.

This year, three new libraries were built and equipped with books, furniture, and technological equipment, enabling young people to expand their knowledge, improve their language skills and develop their imagination and creativity. In addition, 65 student club leaders are engaging children and parents in the community to participate in different creative activities. This year, 280 students, parents and teachers participated in recreational activities focused on reading and children's art, with artistic presentations of theatre clubs, storytelling, puppets, drawing and reading animation.

"I am happy to be part of the theatre club. We were excited at the library opening performance, although nervous; but we had rehearsed with the help of our teacher." —Daniela (15)

You're Supporting a More Equal Future



Pupils participating in My Safety Net activity.

Together, we're working to create a more just world.

An estimated 29% of young people in Honduras do not work or attend school. The Generation with Opportunities project is helping youth access employment and this year, we will work with municipal governments to invest in training and entrepreneurship initiatives.

The high school graduation rate in Intibucá is 14%. The Reading for Empowerment project will strengthen teachers' resources, and advocate for community mechanisms to promote education.

Rates of early pregnancy are high in Intibucá. We will empower teachers and public health personnel to educate youth about sexual and reproductive health.

Message from Plan Staff

"I appreciate your support to improve children's education and opportunities, building safe, inclusive and loving environments. Next year we will strengthen their abilities to make informed decisions and build their life plans. Your contribution brings joy to the children of Intibucá."



Sohanny Salmeron,
Programme Area
Manager,
Intibucá

The Plan Effect

Sponsored children are at the centre of everything we do and they help plan our programmes based on what's important to them. Sponsors donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

227 young people
learnt life skills

244 people became
better readers

402 young women
made ecological
sanitary pads

158 parents learnt
home finance
skills