

Teresina

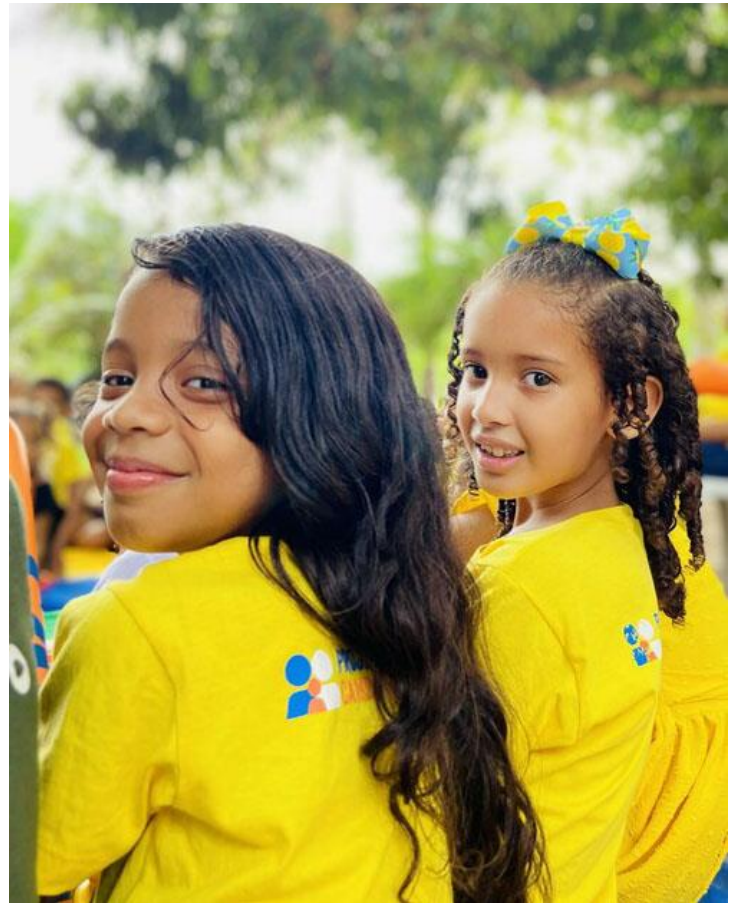
Brazil

Positive changes are happening in Teresina. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

This past year, key projects fostered skills and strengthened resources so young people and families can plan for a brighter future.

This year, the Somersaults project brought significant changes for children aged three to 11. Through this programme, the child rights protection network became stronger, and teachers and parents learned about violence prevention. Children also learned to recognise violent situations and where to go for help.

Girls in Teresina are challenging gender discrimination and stereotypes by embracing leadership roles through Leadership School. Through political and civic participation, these girls are working toward a more equitable future.



Today's girls become tomorrow's leaders.

"I enjoy the Climate Change workshops. They helped me understand things, and I've learned how to prepare for climate change."
—Gabryelle (14)



Impact in Numbers

28

Teachers trained on early childhood education

30

Entrepreneurs received seed capital

167

People participated in a violence-prevention seminar

Community Dreams Become Reality



NAME:

Denílson

AGE:

16 years old

DREAMS TO BE:

A doctor

“Today I am part of the community committee and it's really cool. I learn from people, and they advise me when I need help.”



Meet Denílson

Like many children in Brazil, Denílson is optimistic about achieving his goals and building a strong future.

Denílson is a 16-year-old high schooler who plans to become a doctor, and dreams of improving circumstances for his family and his community. Participating in the Water, Health, and Life Project helped him play his role in creating lasting change.

A healthy future

Since he was young, Denílson wanted to improve living conditions in his rural Quilombola community. The Quilombola are descendants of the Afro-Brazilians who escaped the slave plantations that existed in Brazil until abolition in 1888. Today, they still face challenges. In Denílson's community, lack of water was a constant issue: the single well couldn't meet the demand. Like many children, Denílson had to wake up early to fetch water from the river for drinking, cooking and cleaning. These tasks limit the time to study and play.

Denílson was invited to participate in an activity with the Water, Health and Life project when he was 13. Through his advocacy, he began to see a real difference.

The power of water

With community activism comes improvement: Access to water with a newly constructed well, a community garden for better nutrition, and 30 families benefitting from horticulture training. Workshops teach healthy habits to all ages.

“Here in my community, it's a very good place to live,” says Denílson. “We have goats, chickens, pigs, cows, and some horses. Before, there was only one well, and it didn't provide water for everyone.” Now, thanks to the leaders like Denílson, dreams are coming true.



Denílson has been advocating for safe drinking water for three years.

We Currently Work With 3,896 Sponsored Children in Teresina

Projects That Support Lasting Change

I Am a Leader

The Leadership School Project is empowering a new generation of girls.

Gender inequality is a major obstacle for girls and young women. The Leadership School supports girls aged 13 to 18 from rural communities of Teresina. Here, they gain important life skills – and develop into community leaders advocating for equality.

This year, 35 young women completed a 10-month-long Leadership School training, where they learned about girls' rights and political and civic participation. Participants visited community leaders to learn first-hand about legal and political careers.

In addition, the girls developed advocacy campaigns on early pregnancy, sexual harassment, and girls' rights, reaching thousands of people and creating change in their community.



Girls are empowered to become community leaders.

324,006
people were reached with
project campaigns



A welcoming environment encourages children to discuss their feelings and experiences.



A stronger protection network helps ensure that children's needs are addressed.

Building Safer

The Somersaults programme is helping children stay safe.

The Somersaults Project helps address violence, and promotes comprehensive and healthy growth for children ages three to 11 years old. Children learn to identify violent situations, and where and to whom to turn for help.

This year, hundreds of preschoolers and elementary-school children participated in activities addressing issues of child protection and violence prevention, especially gender-based violence. Parents were involved in the Family Play Days and educators were supported with mentoring, engagement meetings, and educational materials.

These initiatives have fostered a safer and more conscious environment, empowering children and their communities to recognise and advocate for child safety.

"The activity I liked most was about humour and emotions because it talks about the feelings we experience. Through this activity, I learned to control my anger."

—Vivian (11)

You're Supporting a More Equal Future



Boys and girls in Teresina look toward a bright future.

Together, we're working to create a more just world.

In the coming year, we will strengthen the child protection network through training and advocacy meetings with community leaders.

We will support caregivers with information and resources on positive parenting practices.

We will encourage youth engagement for gender equality and girls' rights. Through education and participation in leadership groups, young people have our support to challenge discrimination.

Message from Plan Staff

"Your support has a transformative impact on the lives of girls, boys, and their communities in Teresina. Sponsorship not only provides resources but also offers the opportunity to dream of a better future. On behalf of our team and the communities in Teresina, thank you."



Thayná Lima,
Programme Area
Manager,
Teresina

The Plan Effect

Sponsored children are at the centre of everything we do and they help plan our programmes based on what's important to them. Sponsors donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

90

Workshops
taught young
women life skills

176

Parents learned
positive parenting
skills

323,603

People reached
with Day of the
Girl activities

196

People reached
through Plan in
Action initiatives