

Yunnan China

Positive changes are happening in Yunnan. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

For example, child protection initiatives raised awareness and trained caregivers and teachers on the importance of children's rights. In addition, young people learned life skills through a project that provides training and support services in career planning, mental health, and adolescent health education.

In keeping with the Chinese government's new Personal Information Protection Law (PIP-Law), Plan has paused the collection of data of Chinese citizens, especially under the age of 14 (sensitive data). We expect to resume once guidelines of the PIP-Law are introduced. Until then, we continue with projects and programmes to ensure ongoing support, engagement and empowerment for communities in Yunnan.



Children in Yunnan.

"Girls have more opportunities to exercise and show themselves, and their confidence has greatly improved."

—Pu Xiaoxiao, Programme Coordinator



Impact in Numbers

250

Caregivers learned about children's rights

99

Youth received vocational training

34

Social workers and teachers trained in career planning

Building Resilience Through Sports



“Joining a football club has made me pay more attention to my physical health.”
- Yaoyao, 16 years old



Building healthier childhoods

Building Children’s Resilience Through Sports is a programme to enhance students’ mental and physical health, challenge gender stereotypes and provide a place for young people to play and lead.

The right to play

Due to the unbalanced economic development among regions in China, many schools in rural areas cannot access quality sports education. And due to gender stereotypes, girls are more likely to be left out of sports such as football and basketball.

Through the Building Children’s Resilience programme, children in rural areas are better able to develop their physical health and leadership skills. Project activities aim to engage students and bring transformative changes among young people, their families, schools and communities—and to strengthen adolescents’ friendship, cohesion and inclusion.

The project provides training and sports equipment for 35 physical education teachers from ten partner schools. As a result, more than 200 girls participated in coaching sessions on football and gender equality, and five girls’ football clubs were established.

Engaging girls

Teachers and parents trained on gender equality and supported the establishment of girls’ competitive football clubs. Through the project, 70% of physical education teachers, parents and students reported a stronger knowledge on gender equality.

Yaoyao, age 16, says joining a football club has increased attention on physical health. “These habits not only help me perform better on the football field, but also make me healthier and more active in my daily life.”



Girls learn about their rights, health and equality in football clubs.

We Currently Work With 5,506 Sponsored Children in Yunnan

Projects That Support Lasting Change

Protecting Children

Community child protection advocacy is making a difference.

Physical abuse and neglect are an issue in Yunnan. While girls are more vulnerable to neglect due to discriminatory gender preferences, boys face a higher risk of physical abuse.

This year, communities trained on child protection. In local schools, activities raised awareness of the importance of children's safety, and children learned about self-protection and bullying prevention. More than 250 caregivers participated in activities which focused on child rights, family education and gender equality.

In addition, 40 social workers and teachers attended child protection training, where they learned about types of violence, how to recognise signs of violence in children, and how to respond to children's reports, as well as strategies for intervention.



A student group discusses self-protection.

200+

children participated in self-protection training



Middle school students performing a play on financial education.



A school mini market teaches students financial and social skills.

Investing in Education

Youth gain self-esteem and opportunities with life skills development.

Yunnan schools focus mainly on teaching subject knowledge, not social and emotional skills. As a result, many children lack information on life skills, career planning and mental health.

This year, 12,859 adolescents participated in youth life skills development activities. The project provides training and support services in career planning, mental health, and adolescent health education for young people – especially girls. Through group cooperation and peer education, young people improved their self-confidence, teamwork spirit, problem-solving and interpersonal skills.

In addition, 131 teachers and social workers learned life skills development and career planning guidance, enabling them to empower students on a path to a bright future.

“Mind maps are a tool that will be of great help to me in my future studies, and Five Petals makes me think about what career I want and what skills I need.”

—Ming (14)

You're Supporting a More Equal Future



Volunteers supporting a Mother's Day activity.

Together, we're working to create a more just world.

Adolescents in rural areas often leave school early, and traditional gender norms have a severe impact on ethnic minority girls. We are working to support young people, especially girls, so they can continue their education and plan for the future.

Many children are exposed to violence at home. We will raise awareness of child protection issues and advocate for improved national policies and laws on violence prevention.

We will help parents embrace positive parenting practices and learn about the importance of gender equality in children's lives.

Message from Plan Staff

"Thank you for your trust and support. We will continue to work hard to create more opportunities for children in the community. We will work closely with all parties to promote the development of the community and create a harmonious environment for children to grow up in."



Ren Shuiqin,
Programme Unit
Manager, Yunnan

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

35

**Sports teachers
received training**

96

**Youth gained
employment
opportunities**

38

**Teachers trained
on child
protection**

48

**Children learned
anti-bullying
tactics**