

## Nagekeo Indonesia

**Positive changes are happening in Nagekeo. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.**

Plan International has been a proud partner of communities in Nagekeo, a region of the Indonesian island Flores, since 2011. This tropical part of the country lies near the equator, making it hot and very humid.

1,489 Sponsored Children in Nagekeo regularly walk more than 30 minutes to access clean water. Though 52% of Nagekeo residents and 68 local schools are vulnerable to climate change-related natural disasters, community members are largely unprepared for such events.

This year, six schools improved their facilities and established versatile disaster management plans to respond to anything from natural disasters to social instability. 175 children and 103 adults are now safer in emergency situations.

**"My friends and I are trained in first aid, and I now have an emergency kit at home." – Bunga (12)**



More than 35% of people in Nagekeo are under 18.

### Impact in Numbers

**4,457**

**people are drinking cleaner water**

**3,231**

**young people know more about girls' rights**

**1,704**

**teens know more about sexual health**

# Clean Water Changes Lives



**NAME:**

**Tri**

**AGE:**

**12 years old**

**DREAMS TO BE:**

**A teacher**

**"I don't worry about being late to school anymore, because I don't have to spend my mornings collecting water."**



## **Meet Tri**

**Like many children in Nagekeo, Tri is breaking down barriers to completing her education.**

For years, Tri and her friends would have to walk long distances to fetch water for their families, sometimes even twice a day. A new water system has opened up hours of free time for the student.

## **An Obstacle to Education**

Tri is the youngest of four children. After her father died in 2020, she stepped into the role of helping her mother. Tri would wake up extra early before school, walking as far as two kilometers to collect cans of clean drinking water from the nearest spring.

Walking alone in the dark was scary. "Houses in our village are located far from one another," Tri explained. Gender-based violence, including sexual violence, is a serious concern in Indonesia, and Tri would try to protect herself by going with friends to collect water as often as possible. Still, the lengthy chore meant that Tri was often late to school. For a student who would like to become a teacher someday, the cost of falling behind could be high.

## **"I Don't Worry Anymore"**

One of Plan's key projects in Indonesia is to help communities improve their infrastructure. We work with community members to install a new water system and water tanks, meaning that children are safer, healthier and learning more than before.

Today, Tri only has to walk 15 meters to pick up water. "I'm so happy," she tells us. "I have so much more time to study and play." Best of all, the new water tank means that Tri is no longer late to school, keeping this determined student on the path to pursuing her dream.



Not having clean drinking water trickles down into other significant social issues.

**We Work With 10,578 Sponsored Children in Nagekeo**



# Projects That Support Lasting Change

## My Future is Bright

**11% of Sponsored Children in Nagekeo do not have access to clean water.**

More than 18,570 families in Nagekeo live below the poverty line. Over the years, one of Plan International's primary projects in Nagekeo has been supporting our partner communities rise above challenges like malnutrition and water scarcity. In 2022, more than 10% of young Sponsored Children had stunted growth due to malnutrition. With your help, that number has fallen by at least 1.5% each year since.

Six villages in Nagekeo now have access to clean water, benefitting 399 families. 52 community members have joined sanitation working groups, in which they share information with their neighbours about hygiene and waste disposal. 130 parents in five villages now have more information about early childhood development and infant nutrition, and 123 dads took part in active parenting workshops.



64 new water tanks have been installed in villages across Nagekeo.

# 2,688

**people now have access to clean water**



Young people played a giant game of snakes and ladders to learn more about their health.



Rosalinda, age 17, participated in the Better Future programme.

## I Can Do Anything

**Teen pregnancies in Nagekeo remain high.**

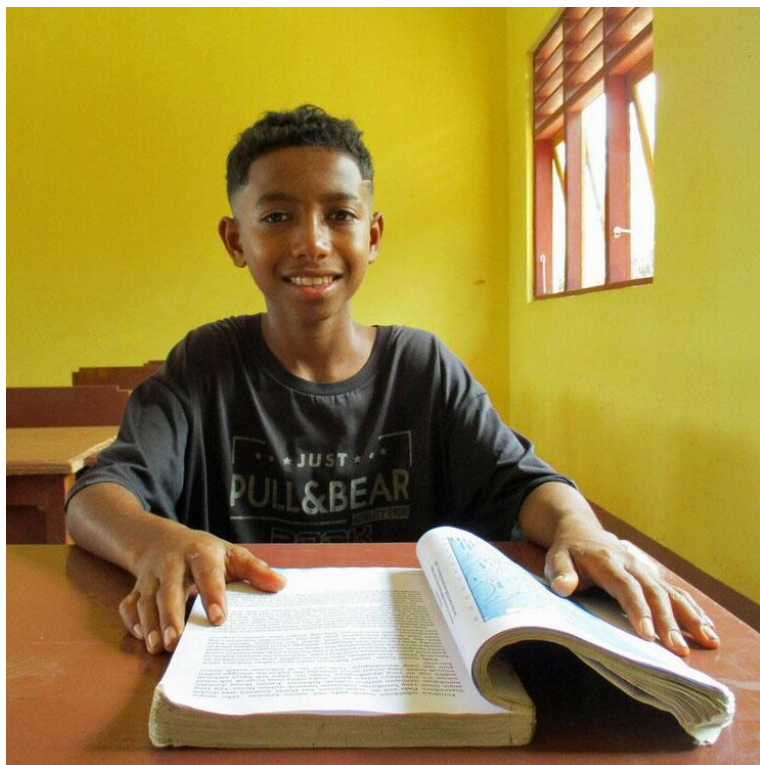
In 2024, there were incidents of unplanned pregnancies among teenagers in 44 communities across Nagekeo. Many teens do not have open conversations with their parents about sexual health, meaning that scores of young people do not have much information about critical topics including reproduction, consent and gender-based violence.

679 teens across 12 villages in Nagekeo took part in nearly 70 educational workshops that wove together imagining their dream jobs and information about sexual health. 1,538 parents met to discuss adolescent sexual health and rights, particularly in relation to child marriage, which remains an issue in Indonesia. 245 young people, including 144 girls, practised gender-inclusive leadership. 20 adolescents took these lessons to the next level by becoming peer educators about girls' rights and the prevention of child marriage.

**"I learned about healthy relationships, like setting boundaries and what to do if I experience violence."**

– Rosalina (17) from Nagekeo

# You're Supporting a More Equal Future



Today, students at 6 schools are safer from natural disasters.

## Together, we're working to create a more just world.

Violence against children remains a key concern in Nagekeo. As part of our efforts to help children report instances of abuse, we will collaborate with young people and families to get officially registered with birth certificates.

68 schools in Nagekeo are vulnerable to climate-related disasters. We will continue our work to strengthen infrastructure and risk preparedness in these locations to prevent learning disruptions and keep everyone safe.

Teen pregnancies are increasing in Nagekeo. We will continue to create spaces to encourage female leadership and career planning.

## Message from Plan Staff

"Today, hundreds of families now have clean water, 19 schools have improved resources and almost 50 communities have child protection committees. All of these efforts, with your help, have been made to support children's rights and girls' equality."



Zuniatmi,  
Programme Area  
Manager,  
Nagekeo

## The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

## Progress in Numbers

449

people planned  
and prepared for  
disasters

28

young women  
educating their  
peers

2,114

students know  
more about online  
safety

13

schools are using  
new digital  
learning tools