

Delhi

India

Positive changes are happening in Delhi. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

Plan International has been a proud partner of communities in Delhi, India since 1996. Here, we are primarily involved with communities of migrants, people who have relocated in the hopes of finding better work opportunities.

This year, 383 people between the ages of 18 and 24 – largely first-generation students from underserved communities – took part in career coaching sessions. To date, 299 young people have been connected to vocational training courses and educational opportunities.

Though women and girls tend to experience inequality in Delhi, more than 70% of our female participants reported that they experienced support from their parents – and particularly their dads and brothers – as they announced their future career goals.

“Thanks to Plan’s continuing education programme, I am currently attending university.”

– Mumak (17)



Children show off their arts and crafts projects.

Impact in Numbers

700

Students imagined their dream jobs

82

Girls presented experiments in a science fair

4,600

Parents and young children bonding through learning

Knowledge Is Power



NAME:

Nakshatra

AGE:

12 years old

DREAMS TO BE:

An engineer

“School is very important to me. I see how it helps children, especially girls, become independent and reach their goals.”



Meet Nakshatra

Like many girls in Delhi, Nakshatra is optimistic about achieving her goals and building a strong future.

Since Nakshatra's father died, the student has been living with her mother, aunt and sister. Their economic challenges and some powerful lessons in leadership are pushing Nakshatra to build a brighter future.

Determination for Education

Nakshatra and her sister are breaking a cycle in their family: unlike their aunt and mother, both girls are getting an education. Today, Nakshatra is in Grade 7, and her sister has completed Grade 10.

Most women in Nakshatra's community earn money as maids or as daily wage workers. Today, Nakshatra's family is in debt. Knowing the heavy weight of poverty, Nakshatra dreams of becoming an engineer so that she can support her family and buy them a new house or things like chairs and a bed for her mother. Nakshatra knows that education is a fundamental tool – not only to achieve her own goals, but also for all children, particularly girls.

Learning and Leading

Since 2023, Nakshatra and her sister have been members of Plan International's Children's Forum, a Youth Leadership Programme with a special focus on empowering young women.

As a member of the Children's Forum, Nakshatra is committed to getting children back to school. Until today, with Plan International's support, she helped four girls get back to school, including her older sister.



Nakshatra, her sister and their friends play carrom, an Indian board game.

We Work With 1,242 Sponsored Children In Delhi

Projects That Support Lasting Change

My Future is Bright

The 'Pre-Primary Education' programme focuses on early childhood development.

Early childhood is a critical time in cognitive, social and emotional development. Enrolment in pre-school has been shown to help children stay in school down the line, leading to higher graduation rates and eventually lowering inequality gaps between individuals from different class backgrounds.

To date, 306 mums and 350 dads in Delhi have met monthly to discuss implementing fun, cost-effective learning activities at home for children between the ages of 3 and 6.

667 young children, including 481 girls, were connected to government support services. Our partners in Delhi helped us conduct three pre-school enrolment drives, which included engaging awareness-raising street plays and story-telling sessions between mums and their little ones.



Young children in Delhi during a lesson about colours.

411

Mums are helping their children learn to read



Girls in Delhi learned more about safety from gender-based violence online.



Nagma is one of 300 young people who learned about online safety in Delhi.

Safer Everywhere

3,042 community members know more about online safety.

For people of any age, the question of online safety is a moving target. What does resilient safety online look like?

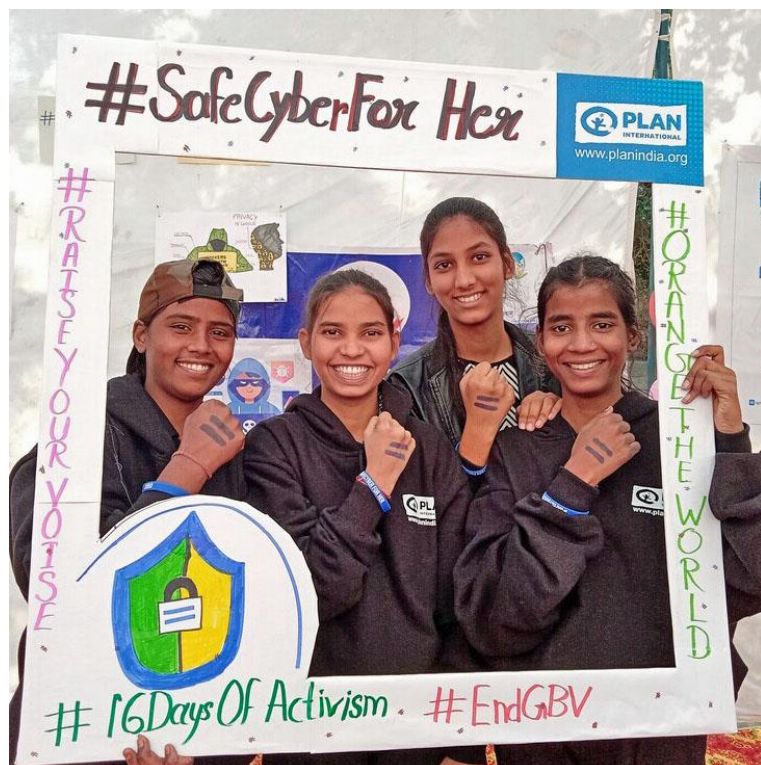
In Delhi, online crimes have been dramatically increasing over the last several years. When Plan International conducted a poll among young people in our partner communities in Delhi, we learned that almost 70% of Sponsored Children did not report instances of gender-based online violence, like cyberbullying and harassment, when they occurred.

Our 30 Agents of Change – empowered youth leaders who stepped into the roles of Cyber Safety Advocates – shared vital messages about online privacy and protection with their communities. Today, 300 young people and 2,742 parents know more about online safety, including how to take legal action in cases of gender-based violence online.

“Now, if I ever experience crime online, I know exactly how to report it.”

– Nagma (16) from Delhi

You're Supporting a More Equal Future



Sponsored Children during our '16 Days of Activism' campaign.

Together, we're working to create a more just world.

Cybercrime in Delhi increased by 111% between 2020 and 2021 alone. Our new cyberspace safety programme will focus on raising awareness among young people about responsible online behaviour.

Around 75% of secondary school students are behind grade level in maths. We will continue to offer accessible remedial tutoring to struggling students in Delhi.

Three-quarters of secondary school graduates told Plan International that they don't know what to do next. Our targeted career coaching programmes will help young people navigate their first steps into the workforce by setting goals and building a professional network.

Message from Plan Staff

"Plan International Delhi has started new projects focused on online safety, particularly for girls and women. Our ability to continue responding to the needs of Sponsored communities here in Delhi is in large part because of our sponsors: Thank you for supporting our communities."



Anamika Sharma,
Programme Area
Manager, Delhi

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

461

Students catching up in tutoring sessions

1

Podcast about online safety was produced

5

New career coaching centres opened

101

Dads are getting more involved with their kids