

## Ranchi

### India

**Positive changes are happening in Ranchi. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.**

Plan International has been a proud partner of communities in Ranchi since 2011. This region is home to beautiful waterfalls, rivers, hills and forests, as well as a number of indigenous ethnic communities, including the Santhal, Munda, Oraon and Ho people.

Though school enrolment increased to 83% in 2022, just 20% of students in Ranchi graduate. Simultaneously, 60% of indigenous people in this region live below the poverty line.

This year, with your help, 117 girls returned to school after passing exams they had studied for in our continuing education centres. 300 young women learned new vocational skills, and 433 students are studying with the help of brand-new school supplies.

**"Thanks to Plan's continuing education programme, I am currently attending university."**

– Mumak (17)



Girls in Ranchi are proving they can do anything.

### Impact in Numbers

**5,041**

**Young people  
destigmatised  
menstruation**

**300**

**Families planted  
new home gardens**

**1,095**

**Children can read  
the English and  
Hindi alphabets**



# Knowledge Is Power



**NAME:**

**Nakshatra**

**AGE:**

**12 years old**

**DREAMS TO BE:**

**An engineer**

"School is very important to me. I see how it helps children, especially girls, become independent and reach their goals."



## Meet Nakshatra

**Like many girls in Ranchi, Nakshatra is optimistic about achieving her goals and building a strong future.**

Since Nakshatra's father died, the student has been living with her mother, aunt and sister. Their economic challenges and some powerful lessons in leadership are pushing Nakshatra to build a brighter future.

## Determination for Education

Nakshatra and her sister are breaking a cycle in their family: unlike their aunt and mother, both girls are getting an education. Today, Nakshatra is in Grade 7, and her sister has completed Grade 10.

Most women in Nakshatra's community earn money as maids or as daily wage workers. Today, Nakshatra's family is in debt. Knowing the heavy weight of poverty, Nakshatra dreams of becoming an engineer so that she can support her family and buy them a new house or things like chairs and a bed for her mother. Nakshatra knows that education is a fundamental tool – not only to achieve her own goals, but also for all children, particularly girls.

## Learning and Leading

Since 2023, Nakshatra and her sister have been members of Plan International's Children's Forum, a Youth Leadership Programme with a special focus on empowering young women.

As a member of the Children's Forum, Nakshatra is committed to getting children back to school. Until today, with Plan International's support, she helped four girls get back to school, including her older sister.



Nakshatra, her sister and their friends play carrom, an Indian board game.

**We Currently Work With 5,144 Sponsored Children In Ranchi**



# Projects That Support Lasting Change

## My Future Is Bright

**A pre-school education can change the course of a young person's life.**

Research has shown that a child enrolled in pre-school is more likely to graduate from university and earn higher wages.

Today, 47 teachers in Ranchi are more equipped to help children between three and six years old identify letters of the alphabet, numbers and shapes. As a result, 1,366 children have enrolled in pre-school, and 1,095 hard-working pre-schoolers have passed their Foundation Literacy and Numeracy evaluations with flying colours.

While this progress is no small feat on the part of schools and students, we wouldn't have been able to do anything without the enthusiastic support of local parents. To date, 1,724 parents have participated in almost 130 meetings about early childhood education, child development and establishing learning corners at home.



Sponsored Children practise their handwashing technique.

# 1,724

**Parents know more about early childhood education**



Sponsored families received plants to start healthy home gardens.



Sunita is a beneficiary of the Nutrition Gardens project.

## From Garden to Table

**Community nutrition requires a solution from the roots up.**

In Ranchi, many people don't have nutritious diets, which can result in health conditions like malnutrition, anaemia and dehydration. For one example, rice is a staple food for many communities in Ranchi: it's a central part of local cultures, but it's also because many people live below the poverty line. At the same time, limited access to health centres means that when people do experience health conditions related to malnutrition, it can be difficult to receive timely, quality treatment.

Today, with your help, 300 local families, 15 schools and 17 pre-schools are planting vegetable gardens to improve community health, powered with the knowledge of delicious recipes for vitamin-rich meals. Finally, we will be conducting regular screenings for malnutrition with all of our partner families and schools.

**"We have three or four types of vegetables growing in our garden now."**

**— Sunita, 35-year-old, from Ranchi**

# You're Supporting a More Equal Future



New bicycles are helping Sponsored girls get to school safely.

## Together, we're working to create a more just world.

- Just 29% of Grade 5 students in Ranchi can read a Grade 2 level text. We will focus on supporting the continued, and improved, educations of young people in Ranchi, particularly girls.
- 60% of indigenous people in Ranchi live below the poverty line. We will continue to work with these communities to develop sustainable vocational skills and more financial security.
- Child marriage remains a serious issue in Ranchi. Our empowering sports programmes will use engaging activities as an entry point to discuss issues like girls' rights.

## Message from Plan Staff

"Children, adolescents and youth in remote areas of Jharkhand have been reached with messages about menstrual hygiene. Plan India is consistently working to make a difference in the lives of thousands of young people, and we are grateful for your support."



Anup Hore,  
Programme Area  
Manager, Ranchi

## The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

## Progress in Numbers

433

Kits with school  
supplies delivered

300

Women have new  
vocational skills

578

Youth leaders  
became trained  
peer educators

117

Girls returned to  
school