

Rajdhani India

Positive changes are happening in Rajdhani. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

Plan International has been a proud partner of communities in Rajdhani since 2008. This rural region is located in greater Delhi, the bustling capital of India, where the air swirls with languages including Punjabi, Bhojpuri, Malayalam, Garhwali and Bengali.

Women in Delhi are more likely than men to be unemployed and are less likely to be able to read. This year, with your help, 525 girls and 432 boys have enrolled in supplementary learning centres, where they're catching up in subjects like science, maths and reading. 2,015 community members learned more about the importance of pre-school education through our street plays, and 950 parents of young children have more information about monitoring the development of their little ones.

"Thanks to Plan's continuing education programme, I am currently attending university."

– Mumak (17)



1,186 young people now know more about online safety.

Impact in Numbers

120

Young people became peer educators

957

Struggling students are catching up in school

167

Girls presented at their school's STEM fair

Knowledge Is Power



NAME:

Nakshatra

AGE:

12 years old

DREAMS TO BE:

An engineer

"School is very important to me. I see how it helps children, especially girls, become independent and reach their goals."



Meet Nakshatra

Like many girls in Rajdhani, Nakshatra is optimistic about achieving her goals and building a strong future.

Since Nakshatra's father died, the student has been living with her mother, aunt and sister. Their economic challenges and some powerful lessons in leadership are pushing Nakshatra to build a brighter future.

Determination for Education

Nakshatra and her sister are breaking a cycle in their family: unlike their aunt and mother, both girls are getting an education. Today, Nakshatra is in Grade 7, and her sister has completed Grade 10.

Most women in Nakshatra's community earn money as maids or as daily wage workers. Today, Nakshatra's family is in debt. Knowing the heavy weight of poverty, Nakshatra dreams of becoming an engineer so that she can support her family and buy them a new house or things like chairs and a bed for her mother. Nakshatra knows that education is a fundamental tool – not only to achieve her own goals, but also for all children, particularly girls.

Learning and Leading

Since 2023, Nakshatra and her sister have been members of Plan International's Children's Forum, a Youth Leadership Programme with a special focus on empowering young women.

As a member of the Children's Forum, Nakshatra is committed to getting children back to school. Until today, with Plan International's support, she helped four girls get back to school, including her older sister.



Nakshatra, her sister and their friends play carrom, an Indian board game.

We Currently Work With 5,283 Sponsored Children In Rajdhani

Projects That Support Lasting Change

I Can Do Anything

More than 2,000 young people know more about the importance of planning for their dream careers.

Since July 2023, we have been working with young adults in Rajdhani to address the career guidance gap, raise awareness about vocational opportunities, connect recent graduates to engaged mentors and challenge gender biases.

Our project focuses on adolescents and young adults between the ages of 18 and 24 years old, and is particularly interested in supporting young women as they become more confident and empowered in their abilities to become financially independent. To date, 712 girls and 264 boys have been connected to vocational training programmes that are aligned with their dream jobs and skill sets. We're also building bridges between Sponsored young adults and local organisations, like vocational training institutes, language schools and remedial tutoring centres.



Today, students at 7 secondary schools are thinking more about life after graduation.

1,300+

Students are now getting career counselling at school



Participants in the '16 Days of Cyber Safety' programme.

Safer Everywhere

Cyberstalking, cyberbullying and identity theft are on the rise in India.

Still, nearly three-quarters of young people have told us that they don't report incidents of these crimes when they occur, particularly when they specifically target girls and women.

With your help, we're working with young people in Rajdhani to identify, prevent and report instances of abuse when they occur online, part of our greater efforts to break the cycle of gender-based violence and empower young women. Today, 1,200 adolescents have 'cyber safety scorecards,' tools that allow young adults to assess their own behaviour online. 1,186 young people have taken part in workshops about identifying and reporting abuse online, and 120 youth activists have become peer educators about online safety through our confidence-building Champions of Change youth leadership programme.

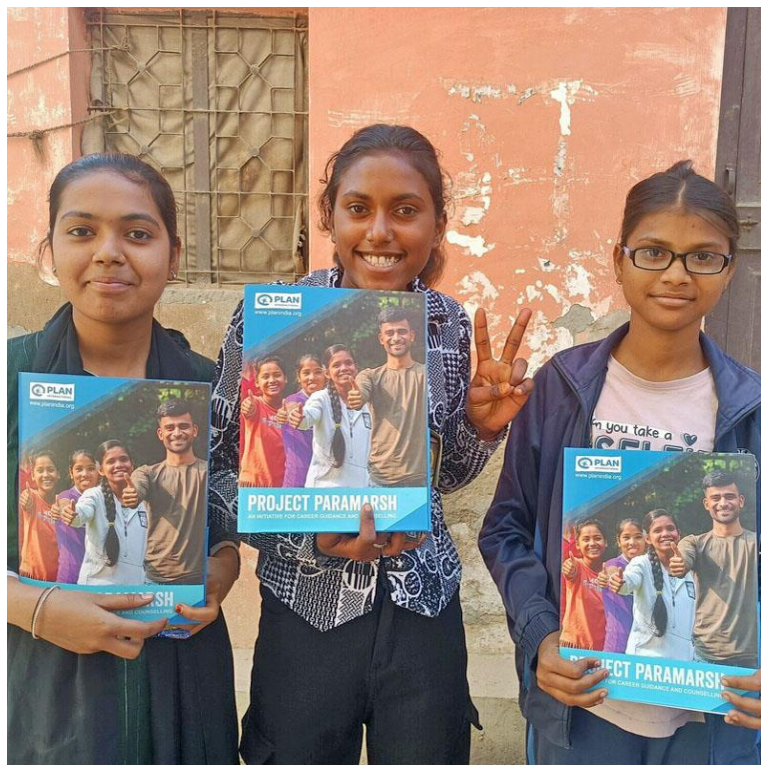


Poonam tells us, 'Now I know I can talk to my family if I don't feel safe.'

"I learned that we should never share our photos with or accept friend requests from anyone we don't know."

— Poonam, 17-year-old, from Rajdhani

You're Supporting a More Equal Future



Participants in Plan's career counselling sessions show off their learning materials.

Together, we're working to create a more just world.

- When polled, close to 70% of Sponsored Children in Rajdhani told us that they do not report incidents of gender-based online violence. We will facilitate awareness-raising workshops with community members of all ages.
- Students in this part of the country are falling behind in maths, language and science. We will offer tutoring and provide school supplies to young people to help them catch up.
- 75% of graduates in this region told us that they don't know what to do after their studies. We will co-ordinate confidence-building career guidance programmes to help young people, and particularly women, succeed.

Message from Plan Staff

"One of our newest programmes focuses on preventing gender-based violence in Sponsored communities, something we have been able to do with the help of our sponsors. Thank you for supporting our children and communities."



Anamika Sharma,
Programme Area
Manager,
Rajdhani

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

7

**Educators have
new STEM
teaching skills**

494

**Girls are doing
science
experiments**

976

**Young adults are
learning
vocational skills**

276

**Dads are more
involved with
their kids**