

Annual Update

Guli

Sudan

Positive changes are happening in Guli. Learn more about how we're supporting children and girls' rights through our collaborative, equality-driven work.

Plan International has been a proud partner of communities in Guli since 1995. This town is located in the White Nile State region, which is home to 10 refugee camps and a camp for people displaced by the ongoing political violence.

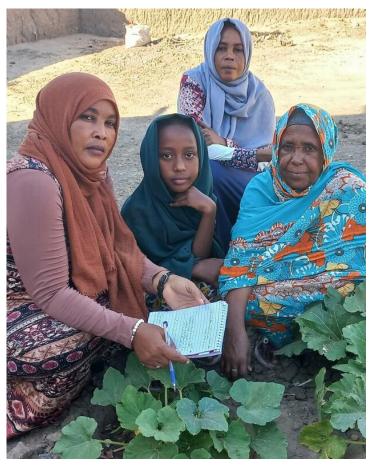
Though this region is defined by its proximity to the White Nile River, today, people in Guli struggle to access clean water and basic sanitation, even at health clinics. As a result, residents are vulnerable to preventable water-borne illnesses, which can be life-threatening.

This year, with your help, we have been able to respond to a cholera outbreak in the region, connecting 1,080 people to vital treatment. We have also distributed 700 water and sanitation kits to make at-home handwashing easier.

"I participated in Plan's literacy programme with my mother, helping 35 women learn to read and write."

Halimaalsadia (13)





This year, 500 women built financial independence.

Impact in Numbers

24,372

children are receiving mental health support

2,064

boys and girls were treated for malnutrition

19,094

people discussed girls' rights and safety

Girls Can Do Anything



NAME:

Rogaia

AGE:

6 years old

DREAMS TO BE:

A teacher

"My mum and aunt learned how to do cosmetics and henna. Now my family can buy the things we need."



Meet Rogaia

Like many girls in Guli, Rogaia is defying gender inequality on her way to a brighter future.

From lessons in child safety to vocational training workshops, six-year-old Rogaia and her family are developing greater financial security, supporting empowered women and helping a determined young student pursue her dreams.

Gender Norms Keep Girls Down

In Sudan, many girls do not complete their education. Early dropouts often lead to child marriages, in which wives are expected not to work in order to take care of the home. The result is that many women in Sudan lack financial independence, which can increase a woman's vulnerability to instances of abuse.

Research has shown that a child enrolled in preschool is more likely to graduate from university and earn higher wages. Plan International has been working with families in Rogaia's community to raise awareness about the importance of early childhood education, particularly for girls, as well as the dangers of child marriage and female genital mutilation.

My Mum Is A Role Model

In addition to learning more about the importance of keeping little Rogaia in school, the student's mum and aunt were connected to Plan's vocational training workshops, where they were improved their skills in henna and cosmetics.

Today, Rogaia's mum and aunt are stepping into powerful roles as providers for their families. 'Before, art was their favourite hobby,' Rogaia tells us. 'Now, they're practising their work and helping our family at the same time.'



Rogaia wants to be a teacher when she grows up.

Projects That Support Lasting Change

We Are Resilient

Since April 2023, 152,145 children have relocated to the White Nile State.

These children and their families are now living alongside 150,744 refugees already in the region. Since June 2023, we have been working to address the immediate needs of these vulnerable communities to make sure that they remain safe, healthy and on track to completing a strong education.

With your help, we have been able to distribute food kits to 799 households. 1,666 girls and women now have reusable menstrual hygiene supplies, as well as toothpaste, toothbrushes and soap.

As part of our efforts to reduce the spread of water-borne illnesses like cholera and diaorrhea, we helped displaced communities and a local hospital repair 24 latrines to make them more sanitary. Additionally, 1,400 households now have our Water, Sanitation and Hygiene (WASH) kits.



Community members in Guli work to distribute water and sanitation kits.

1,666

women and girls received menstrual hygiene supplies



Girls participate in a community meeting about gender equality.

Munzir participated in workshops about gender-based violence.

You Can Count On Me

In Sudan, 87% of girls and women are vulnerable to female genital mutilation.

Girls in rural communities are particularly vulnerable to this type of violence. Similarly, 40% of women between ages 20 and 24 were married before their 18th birthday – which threaten the educations, livelihoods, independence and safety of girls and women.

Our Champions of Change programme utilises empowering lessons in leadership to inspire boys and girls to break the chain of gender inequality in their communities. Today, 50 young people are confident peer educators and advocates for girls' rights. We have also worked with 46 women and 5 men to strengthen their reading skills and financial literacy, with a special focus on equality and the consequences of gender-based violence. Finally, 15 community-based child protection networks are now active and prepared to identify, prevent, address and report threats to children's safety.

"I hope we have more Plan programmes and laws to stop violence against girls."

Munzir (16) from Guli

You're Supporting a More Equal Future



In December, a relief aid effort reached 532 women in Guli.

Together, we're working to create a more just world.

- 930,853 children have stopped attending school due to the ongoing conflict. We will train 16 local teachers to identify and prevent threats to children's rights, such as abuse and exploitation.
- 41% of children in poor families are malnourished. By pairing local healthcare providers with impacted families, we will provide critical medical treatment to 2,000 children in Guli.
- Child labour and unemployment are key concerns in this region. We will offer vocational training to 1,150 people in Guli, with a focus on empowering girls, young women and people with disabilities.

Message from Plan Staff

"We are proud to provide lifesaving programmes to support girls, women and vulnerable people in Sudan during this conflict, which has been ongoing since April 2023. Thanks to your support, we have been able to help children access clean water, better nutrition and reliable healthcare."



Fathalrahman Hamdy, Programme Area Manager, Guli

The Plan Effect

Sponsored children are at the centre of everything we do, and they help plan our programmes based on what's important to them. Sponsors' donations are a gateway into a community. This helps build trust and credibility to attract even more funds from new sources. This makes more sustainable programmes possible in sponsorship communities. This powerful synergy is something we call The Plan Effect.

Progress in Numbers

45,021

people in Sudan have received food aid

1,080

community
members are
safer from cholera

150

families joined income generating activities

700

water, sanitation and hygiene kits distributed